The abuse of drugs, including alcohol, has a detrimental effect on student life and academic success. At Central Washington University, we are committed to providing an atmosphere of creative learning and healthful living for students and have implemented policies that prohibit the illegal use of alcohol and other drugs, on campus or off.

University Sanctions – Students will need to meet with university personnel to discuss any violation of school policy and sanctions could include taking an alcohol education class, parental notification, a formal Alcohol and Other Drug (AOD) assessment or suspension from school. Please follow this link for a more detailed description of the range of disciplinary actions that may be taken.

ALCOHOL & DRUG POLICY

THE BASICS

- Alcohol possession and consumption are expressly forbidden on campus property, except by persons of age in the privacy of specifically designated areas, residence hall rooms and apartments.
- Furnishing alcohol to minors in any form is prohibited.
- Smoking of any substance inside any campus building is not allowed.
- Possession, consumption, intoxication or trade of any federally scheduled* substance on campus or at any University sponsored event is prohibited.

* FEDERAL SCHEDULES

Schedule 1 – heroin and many other opiates, PCP, LSD, GHB, DMT, Ecstasy, Peyote, Psilocybin Mushrooms & Cannabis
Schedule 2 – Morphine & Methadone, Cocaine, Ritalin, Amphetamines
Schedule 3 – Ketamine, LSA, Anabolic Steroids
Schedule 4 – Many Barbiturates, Xanax & Valium

Confidential Assistance: 509-963-3213
Wellness Center • SURC 139 • wellness@cwu.edu

AA/EEO/Title IX Institution. Persons with disabilities may request reasonable accommodation by contacting Wellness Center at 509-963-3213 or DS@cwu.edu.

www.cwu.edu/wellness
PREFERRED PROGRAMS

**Prime for Life**
is an 8-hour class that is offered four times a quarter to students who have been sanctioned by the courts, Student Affairs, or the Office of Housing as a consequence of violating state laws or the Student Code of Conduct. In addition to the class, students complete a personal use assessment and a one-on-one interview with the facilitator of the class. Except for DUI related offenses, Prime For Life is a court-approved alternative to the Alcohol & Drug Information School (ADIS) offered in the community. If a student has been court ordered to receive an alcohol and drug evaluation, they need to have this completed by a state certified agency in the community.

**Web-Based Education**
A number of web-based courses are available to students who have been found in violation of the CWU Student Code of Conduct, and/or state or local laws. These courses take approximately 1-3 hours to complete and cover information related to alcohol, marijuana, and other drugs.

**Confidential Assistance:** 509-963-3213

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**DID YOU KNOW?**

- **Giving alcohol to anyone under 21**
  - $5,000 fine and up to 1 year in jail

- **Trying to purchase alcohol if you are under 21**
  - up to $5,000 fine and up to 1 year in jail

- **If you are too loud, such as shouting, music, car stereo, after 10 p.m.**
  - $250 - $1000 fine

- **Urinating in public**
  - $250 fine

- **Providing an ID to a minor**
  - $5,000 fine and up to 1 year of jail

- **Open alcohol container in the car or in public**
  - up to $250 fine

- **Minor in Possession**
  - Maximum $5000 fine and 1 year in jail

- **DUI for alcohol**
  - mandatory minimum 1 day in jail, AOD Evaluation/Treatment and probation for up to 5 years and a $5000 fine

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**HEALTH EFFECTS**

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person’s ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described. Repeated use of alcohol can lead to dependence. Use of illicit drugs and abuse of prescription drugs also increases the risk of adverse health effects.

Learn more and get information on alcohol and drug related risks at:
www.cwu.edu/wellness/alcohol-and-drugs

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**Washington DUI Laws**
dui.drivinglaws.org/washington.php

**Federal Trafficking Penalties**

For more information on CWU’s Alcohol & Drug Policy or how to obtain confidential assistance, contact the Wellness Center at 509.963.3213 or wellness@cwu.edu