

2020 COUNSELING AND WELLNESS PROVIDER DIRECTORY
(as of July 2020)

County	Therapist/Group Name/Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service? Y/N	Type of Counseling/Certifications	Accepting New Clients	Accepting VA Community Care
				Individual	Couples	Family	Group						
Chelan Douglas Kittitas	Veterans Counseling of Central Washington Sue Dickinson, M.A., LMFT	509-667-8828	610 North Mission St, STE 202 Wenatchee, WA 98801	Y	Y	Y	Y	some Spanish	case by case	N	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. MSW, MA, LMFT, BA	Y	
Clallam	Dalis La Grotta Counseling Dalis Lisbet La Grotta, M.A., LMHC	360-797-1429	435 West Bell Street, Suite D Sequim, WA 98382	Y	Y	Y	Y	Spanish	5:00 - 7:00 Monday, flexible for accomodation	N	License Mental Health Counselor LMHC. International Certified Gambling Counselor IGCC-II. Board Approved Clinical Consultant BACC BAC1. Washington State Certified Problem Gambler II. WSGCC-II	Y	Y
Clark Cowlitz	Oasis Counseling Brenda Larson, M.A., LMHC, CMHS	360-751-7213	1339 Commerce Ave #316 Longview, WA 98632	Y	Y	Y	Y	None	5:00 - 6:00 pm	N	CBT, Trauma Focus: Military Veterans, Couples. Children-Play Therapy/Sand Tray. LMHC, CMHS	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Clark Ashworth, Ph.D.	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Clinical Psychologist & Sex Offender Treatment Provider	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Ronald Graham, MSW, LICSWA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Licensed Independent Clinical Social Worker Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Kaali Sill, MSW, LMHC	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Licensed Mental Health Counselor	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Emily McBlair, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Louis DiConti, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	NE WA Family Counseling Fochelle DiConti, MS, LMHCA	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Licensed Mental Health Counselor Associate	Y	
Franklin Benton Grant	Roberto Valdez, Ph.D.	509-551-7074	100 N Morain Street, STE 309 Kennewick, WA 99336	Y	Y	Y	Y	Spanish	Yes, some evenings and some Saturdays	N	Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups	N	

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King	Christian Alexander, M.S., LMHC www.cmalexandertherapy.com	206-708-4278	1400 112th Ave SE, Suite 100 Bellevue, WA 98004	Y	N	N	Y	some Spanish, Swedish	No	N	MS in clinical psych, specialization in Mindfulness-Based Cognitive Therapy. Extensive training in Cognitive Processing Therapy and Dialectical Behavior Therapy. LMHC, Clinical Hypnotherapist	N	
King	Wendy David, Ph.D. www.seattlepsychology.com	425-891-5400	200 W Mercer Street, STE 111 Seattle, WA 98119	Y	Y	N	Y	Braille	Thursdays & Saturdays 8:30 - 5:00	N	CBT, Prolonged Exposure, ACT	Y	N
King	Autumn del Fierro, Ph.D.	206-659-8107	10740 Meridian Ave N, STE 110 Seattle, WA 98133	Y	Y	N	N	None	Wed & Thurs, 7 pm latest	N	Psychologist, CBT, ACT, Mindfulness, DBT skills, Prolonged Exposure, Motivational Interviewing, trauma, depression, anxiety spectrum	Y	
King	Tory Durham, Ph. D.	425-954-7369	200 W Mercer Street, STE 111 Seattle, WA 98119	Y	N	N	N	None	Yes	N	Trauma-focused treatments (CPT, PE), CBT, ACT, motivational interviewing, relapse prevention, tele mental health services	Y	N
King	Eastside Psychological Associates www.eastsidepsychologicalassociates.com	425-458-5048	1740 NW Maple St, STE 210 Issaquah, WA 98027	Y	Y	Y	N	None	Some limited appointments after 5 p.m.	N	Psychologist, LMFT/LMHC, children, adolescents, families, couples, women, adults	Y	
King	Eastside Psychological Associates	425-458-5048	8226 Bracken Pl SE, STE 200 Snoqualmie, WA 98065	Y	Y	Y	N	None	Some limited appointments after 5 p.m.	N	Psychologist, LMFT/LMHC, children, adolescents, families, couples, women, adults	Y	
King	Eastside Psychological Associates	425-458-5048	19803 North Creek Parkway, #205 Bothell, WA 98011	Y	Y	Y	N	None	Some limited appointments after 5 p.m.	N	Psychologist, LMFT/LMHC, children, adolescents, families, couples, women, adults	Y	
King	Cindy Gilbert, LICSW	206-366-5213	16000 Christensen Road, #110 Tukwila, WA 98188	Y	Y	N	N	None	No	N	MSW, LICSW	Y	N
King	Golden Path Journey Laura Merritt, LICSW www.goldenpathjourney.com	206-579-3066	506 2nd Ave #1400 Seattle, WA 98104	Y	Y	N	N	None	No	N	CPT, PE, EMDR, CBT for depression and insomnia	Y	
King	Kane & Associates Micheal Kane, Psy.D., LICSW www.mkaneassoc.com	206-723-8448	2711 E Madison St, STE 206 Seattle, WA 98112	Y	Y	Y	Y	None	5:30 am - 8:30 pm Mon - Thurs	Y	Psy.D., Traumatologist, Minority Mental Health, EMDR, Depression and Anxiety, Male Sexual Abuse, CBT, Prolonged Exposure	Y	
King	Iron Wheel Counseling Sam Schwartz Landrum, MSW, LICSW	206-605-8998	4719 University Way NE, STE 206 Seattle, WA 98105	Y	Y	Y	N	None	Tuesdays, 6:00 -10:00 pm	N	CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy	Y	
King	Ronald Lowell, MSW, LICSW	206-902-7210	4719 University Way NE, STE 206 Seattle, WA 98105	Y	Y	Y	Y	None	9:00 am - 5:00 pm Mon - Friday; Saturdays upon request	N	LICSW, CDP, MAC; Trauma focused treatments (Cognitive Behavior Therapies, Mindful Based Relapse Prevention, Prolonged Exposure, Motivational Interviewing, Tele-Mental Health)	Y	
King	Greg Moore, LMFT www.moorecounselingfederalway.com	253-205-5966	33507 9th Ave S, STE C-2 Federal Way, WA 98003	Y	Y	N	N	None	No	Y	LMFT	Y	
King	Michael J. Phillips, Psy.D.	425-392-0277	300 NE Gilman Blvd, #100 Issaquah, WA 98027	Y	Y	N	N	None	No	N	Licensed Psychologist	Y	

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King	Bristlecone Psychotherapy Jack Ringel, MSW, LICSW www.jackringel.com	206-512-5861	1200 Westlake Ave N, STE 901 Seattle, WA 98109	Y	N	N	Y	None	No	N	LICSW, Psychotherapist	Y	N
King	The Veteran Advisor Stephen Riggins, M.Ed., LMHC www.theveteranadvisor.com	206-898-1990	4500 9th Ave NE, STE 300 Seattle, WA 98105	Y	Y	Y	N	None	Yes, by appt only	Y AF	EMDR, Level 1 & 2 Men and Women, Court Advocate, Evaluations, LMHC	Y	
King	Tukwila Counseling & Consultation Services Bridgette Agpaoa Ryder, EdD, LMHC, SUDP	206-351-7001	631 Strander Blvd, Suite G Tukwila, WA 98188	Y	Y	Y	N	None	No	N	Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems	Y	N
King	Ström Consulting Eric Ström, LMHC, JD www.strom-consulting.com	206-295-0076	150 Nickerson Street, STE 303 Seattle, WA 98109	Y	N	N	N	None	No	Y Navy	Mostly Cognitive Behavior Modification (CBM) based, but with many other influences/elements	Y	
King	Aquiline Counseling, PLLC Sandy Tudor, MA, LMHC www.sandytudor.com	206-914-0426	631 Strander Blvd, Bldg A, Suite G Tukwila, WA 98188	Y	N	N	N	None	10:00 am - 7:00 pm	N	Certified EMDR Therapist, Certified Complex Trauma Professional - Level II, CBT, DBT, Mindfulness	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	1336 S. 336th Street Federal Way, WA 98003	Y	N	N	N	None	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	2704 "I" St NE Auburn, WA 98002	Y	N	N	N	None	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	325 West Gowe St Kent, WA 98032	Y	N	N	N	None	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	8444 Rainier Ave S Seattle, WA 98118	Y	N	N	N	None	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	221 Wells Ave S Renton, WA 98057	Y	N	N	N	None	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y	
King	Valley Cities Counseling Robert Wilson, LMHC www.valleycities.org	253-833-7444	26401 Pacific Hwy S Des Moines, WA 98198	Y	N	N	N	None	No	Y Navy	CBT, EMDR, Trauma Informed Care	Y	
King	Owls Well Counseling Maggie Yowell Wilson, LMHC www.maggieyowellwilson.com	206-606-3545	438 SW 4th Pl Renton, WA 98057	Y	Y	Y	Y	None	No	N	LMHC, child mental health specialist, geriatric mental health specialist, registred drama therapist, registered expressive arts therapist. Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay.	Y	N
King Pierce	Collaborative Behavioral Approach Rebecca Shaver, LMHC	253-355-7428	502 2nd Ave NE Puyallup, WA 98372	Y	Y	Y	N	None	By Appointment	N	LMFT, DVC, CBT, Trauma Informed Care	Y	
King Pierce	Castele Williams & Assoc. John Castele, LMFT	253-536-2881	711 South 25th Street Tacoma, WA 98405	Y	Y	Y	Y	None	No	Y	LMFT, LMHC, DVC, CDP	Y	
King Snohomish	Akers Counseling Laurie Akers, M.A., LMHC	425-388-0281	2326 Rucker Ave Everett, WA 98201	Y	Y	N	partners	None	5:00 -6:00 pm	N	Licensed Mental Health Counselor; CBT, EMDR, Trauma Informed Care, Mindfulness	Y	Y
King Snohomish	Akers Counseling Ann Lee, LICSW	206-381-1331	2326 Rucker Ave Suite 103 Everett, WA 98201	Y	Y	N	N	None	5:00 -6:00 pm	N	EMDR, ego states work, mindfulness and somatic work addressing trauma, abuse depression and anxiety	Y	Y
King Snohomish	Akers Counseling Jim Tufts, MSW, LICSW	425-385-3556	1814 105th St SE Everett, WA 98208	Y	Y	Y	N	None	5 pm is latest	N	trauma, abuse, depression, anxiety	Y	Y
King Snohomish	Akers Counseling Julie Androff Ohnemus, LICSW	425-412-0835	2326 Rucker Ave Everett, WA 98201	Y	Y	N	N	None	5 pm is latest	N	CBT, Mindfulness-based, Somatic-based, DBT	Y	Y

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King Pierce	Allen Wellness Center Lisa Allen, MSW, LICSW allenwellnesscenter.org	253-213-2182	6922 22nd St West University Place, WA 98466	Y	Y	Y	Y	None	No	Y	CBT, CPT, DBT, CETA	Y	Y
King Pierce	Allen Wellness Center Lisa Allen, MSW, LICSW allenwellnesscenter.org	253-213-2182	402 S 333rd Street Federal Way, WA 98003	Y	Y	Y	Y	None	No	Y	CBT, CPT, DBT, CETA	Y	Y
Kitsap	Mental Health Professionals, LLC Jody Stewart, M.A., LMHC	360-620-3722	4980 Auto Center Way Bremerton, WA 98321	Y	Y	N	Y	None	Mon -Thurs 9:00 - 8:00	N	MA, LMHC, CBT, DBT, CPT	Y	Y
Lewis Cowlitz	Darlene Tewault, M.A., LMHC	360-330-2832	2340 Harrison Ave Centralia, WA 98531	Y	Y	N	N	None	Mon, Tues, Thurs 8:00 am - 7:30 pm Wed & Fri 8:00 am - 4:00 pm	N	BA, MA, Psych A Community Counselor, Natl Assoc for Forensic Counseling, Certification for Domestic Violence	Y	
Mason Kitsap	Mental Health Professionals, LLC Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS www.mhp-llc.com	360-462-3320	2136 Olympic Highway North Shelton, WA 98584	Y	N	N	Y	None	No	Y British	Trauma-Focused CBT, Solution-Focused	Y	Y
Okanagan	Jodie Field, LMHC, M.S.	509-826-5731	101 E Dewberry Omak, WA 98841	Y	Y	Y	N	None	No	N	Licensed Mental Health Counselor	Y	Y
Pacific Grays Harbor	Robert Holt, LMHC	360-532-4201	1210 Madison St Aberdeen, WA 98520	Y	Y	Y	N	None	No	N	LMHC, TF-CTB, Behavioral Specialist	N	
Skagit Island Whatcom	Cantrell Counseling, Inc. Bridget C. Cantrell, Ph.D. www.bridgetcantrell.com	360-714-1525	1050 Larrabee Avenue, Suite 104, PMB 714 Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island)	Y	Y	Y	N	None	Some later appointme nts available in Bellingham	N	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting.	Y	
Spokane	Pollack & Associates Dennis Pollack, Ph.D.	509-747-1456	301 W Indiana, STE C Spokane, WA 99205	Y	Y	N	N	None	Yes, as needed	N	Licensed Psychologist	Y	
Spokane	Brain Healing, LLC Jack Stell, LMFT www.brain-healing.net	509-221-0425	11504 E Fairview Ave Spokane Valley, WA 99206	Y	Y	Y	Y	None	1:00 to 7:00 Monday through Fri. Emergency appointme nts after hours on occasion. Available via email outside regular business hours	Y Navy	EMDR Approved Clinician and Approved Consultant, Gorski Relapse Prevention Method, Neurofeedback, Psycho- educational Workshops, childhood and adult trauma, couples, Children ages 6+, LGBTQ friendly, MST	Y	
Thurston	Keith Meyer, M.S., LMHC	360-250-0781	1219 11th Ave SE, STE 103 Olympia, WA 98506	Y	Y	Y	Y	None	Yes, some evenings and some Saturdays	N	Eclectic	Y	
Thurston	Stacey Hallmark-Morales, MA, LMHC www.hallmark-morales- counseling.com	360-561-4796	1219 11th Ave SE, STE 101 Olympia, WA 98506	Y	Y	Y	Y	None		N	LMHC, CBT, TF-CPT, Solution Focused Therapy, Attachment based relationship counseling/Gottman trained, specialization in sexual health, working toward certification in sex therapy/sexual health, EMDR, and Couples	Y	

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Whitman	WSU Psychology Clinic / Walter Scott Conny Kirchoff, Assistant Director www.psychologyclinic.wsu.edu	509-335-3587	Johnson Tower, Rm 362 Pullman, WA 99164	Y	Y	N	Y	German	Telephone crisis line	N	Evidence based trauma interventions, APA approved training site for doctoral Ph.D. students in Clinical Psychology	Y	
Yakima	Center for Counseling & Psychotherapy Duane Dolliver, M.S., LMHC, LMFC www.ccpwecare.com	509-966-7246	1015 S 40th Ave, STE 23 Yakima, WA 98908	Y	Y	Y	N	None	5:00 - 7:00 pm	N			