**Fresh Bar Breakfast Menu**

Menus are updated periodically and might not reflect the exact offerings available at the location. Menus are subject to change without notice. Meal plan discounts and sales tax apply at time of payment.

***Plant-based substitute available upon request (vegan and gluten-free)***

**Gracious Grain Oatmeal Bowl**, $4.25

With soy milk *(vegan, contains soy and nuts)*

With whole milk *(vegetarian, contains milk and nuts)*

Steel cut oats, apple, cinnamon, chia seeds, cashews, raisings

**Granola Parfait**, $3.75

*Vegetarian and gluten-free, contains milk and nuts*

Granola, Greek yoghurt, berries

**Avocado Toast**, $6.75

*Vegetarian, contains eggs*

Toasted whole grain bread, avocado, marinated tomatoes, soft-cooked egg, red onion

**Fruit Bowl**, $4.40

*Vegan and gluten-free*

Berries, grapes, melon

**Banana Buckwheat Waffle**, $6.25

*Vegetarian, contains egg, soy, milk, and nuts*

Waffle, toasted cashew butter, fresh berries, chia seeds, maple syrup, sliced banana