

PSYTATIONS



Central Washington University

Department of Psychology

September 2019

Welcome to Central!

To new CWU students, psych majors, and returning students alike, welcome to Issue #1 of Psytations for the 2019-2020 academic year! Be sure to follow our department Facebook page by searching “@CWUPSYCH”.

New Faculty Updates

This academic year we have two new full-time faculty in the department! We would like to welcome both Ms. Sara Jones and Ms. Kim Collucci.

Sara Jones graduated from the school psych program at CWU. She has worked as a school psychologist in various public school districts across the state. Her interests include identifying and developing interventions for childhood disorders, interpreting special education law, working with culturally and linguistically diverse populations, and facilitating play-based assessments with early learners. In her free time, she enjoys playing outside, traveling to other countries and volunteering in her community.

Kim Collucci primarily teaches developmental psychology, human development and the learner, psychology of adjustment, and research methods. She began teaching at CWU shortly after completing a Master’s in Mental Health Counseling in 2017. While working to complete her thesis, Kim worked full time for Yakama Nation Behavioral Health as a therapist. Her client case load included adults, children, families, couples, and inmates in a correctional facility. Kim’s research interests include mental health counseling in correctional facilities, social psychology, cultural influences on human development, and memory and remembrance.

We would also like to bid a fond farewell to two faculty members who have left the department over the summer. Dr. Marte Fallshore leaves behind a legacy of 22 years at Central, and will be missed as she transitions into retirement! We also said goodbye to Dr. Fred Washburn, as he has taken a position in Colorado so he, his wife, and his four children can be closer to family. We thank both professors for their amazing contributions to the department, and we wish both Dr. Fallshore and Dr. Washburn the best in the future!

Important Dates

September 25:

Fall Classes Begin

October 1:

Tuition & Fees Due

November 12—December 6:

Winter Quarter Registration

November 11:

Veteran’s Day Observed

November 27-29:

Thanksgiving Observed

December 6:

Last Day of Classes

December 10-13:

Fall Quarter Final Exams

December 13:

End of Fall Quarter

December 13:

Fall Graduation Master’s Degree Requirements Due

December 17:

Fall Quarter Grades Due

January 7:

Winter Classes Begin

For questions/comments/ideas about or for the newsletter, please contact **Dr. Joshua Buchanan** (Joshua.Buchanan@cwu.edu)!

Psychology Club & Psi Chi Update

The Psychology Club & Psi Chi have elected new leadership for the 2019-20 academic year:

Psychology Club & Psi Chi, President: Larissa Escamilla-Ocanas

Club Vice President: Elijah Mulu

Club Secretary: Jaidyn Alemazkour

Club Treasurer: Zachary Dowd

Club Senator & SAS Representative: Andrea Glinoga

Congrats! The first meeting for the Fall has not been scheduled yet, however meetings regularly occur Wednesdays at 5:30pm in Psychology Building Room 471. More information will be posted soon on a bulletin board in the fourth floor foyer of the Psychology building.

The CWU Psychology Club is a student-run organization whose mission it is to encourage, promote and build a greater understanding of the field of psychology as a science and intervention discipline. We work to help students build leadership skills through club activities, service to the department and to the community, and through regional conference attendance. Anyone with an interest in psychology is welcome regardless of race, gender, or sexual orientation. We are a welcoming community. Because psychology is relevant to all human endeavors, we encourage students from all disciplines, majors and minors to come join the Psychology Club.

Out of the Darkness Walk

The first big event for the Psychology Club will be the Walk Out of the Darkness: March to Prevent Suicide at the Seattle Center on October 20th. The club will meet in the Psychology Building parking lot at 7:00 am to carpool to Seattle. Everyone (students, faculty and staff) are invited to join the March team. The club has already raised \$125 of the \$300 goal!

To join the March team, please go to:

<https://afsp.donordrive.com/index.cfm?fuseaction=donordrive.team&teamID=233210>

To donate, please go to:

<https://afsp.donordrive.com/index.cfm?fuseaction=donordrive.participant&participantID=2080929>



Student Opportunities

Undergraduate students presenting original psychological research at a regional/national, discipline-specific meeting can earn up to \$200 in travel award funds via the CUR Psychology Division! The application deadline is February 3rd. For additional information see:

<https://www.cur.org/who/governance/divisions/psychology/travelawards/>.

Neuroscience Club Update

The Neuroscience club is rebooting this year and actively seeking out new members! No meeting dates or times have been set in stone yet, but this information is regularly posted on one of the bulletin boards in the fourth floor foyer of the Psychology Building. If you are interested in getting involved in the club, please contact Jenny Williams (Jennifer.williams@cwu.edu) for more information!

Graduate Program Updates

School Psychology Program:

The school psychology program will welcome 10 new graduate students this fall. Students in the program complete two years of coursework on the Ellensburg campus and then a 1 year full-time internship in a public school. Six interns were placed in WA schools for the next academic year. At the completion of their internship they will graduate with an Educational Specialist degree and be certified as an Education Staff Associate - School Psychologist by the state. This allows them to practice as school psychologists from the pre-school through the high school level in Washington school districts. In addition to state certification, graduates also earn the National Certification in School Psychology certificate offered through the National Association of School Psychologists. If you have questions about the school psychology program please contact Dr. Heath Marrs (heath.marrs@cwu.edu).

If you have interest in pursuing a career in school psychology, please watch the department for information about the School Psychology Club. The Club is opening up to undergraduate students this year (previously this was a graduate student club). This club is a great way to learn more about the field of school psychology.

Mental Health Counseling Program:

The Mental Health program is welcoming 8 new graduate students this quarter! Over the past year, 100% of the MHC graduate students passed the NCE, the mid-cycle CACREP accreditation report was submitted, and the program received a \$250,000 grant from the CWU Strategic Investment Fund to create additional opportunities & support for graduate assistants. Over the coming year, Dr. Jorgenson is heading a search committee to recruit a new core MHC faculty to start Fall 2020. Additionally, several faculty (including Drs. Bender, Jorgenson, & Nolte) and graduate students (including Andi Eberhardt, Jeanan, & Ashley McCutchen) will present research at the forthcoming Association of Counselor Education and Supervision convention in Seattle next month!

Experimental Psychology Program:

The experimental program is welcoming 3 new graduate students this quarter! Courtney Aucion comes to us from the University of North Carolina, Patrizia Chirco has transitioned from the undergraduate program here at Central, and Monica Sewell is making the trip from Centenary College. Returning graduate students in the program Rose Mastico & Molly Mortensen successfully proposed their Master's Theses, and Kyle Klaassen was selected as the graduate assistant for the university HSRC! Finally, recent graduate Jonathan Ojeda was accepted into the doctoral program in experimental psychology at Idaho State. Congratulations everyone!

Student & Faculty Achievements

Congratulations to faculty in the department who were promoted this past year. Dr. Sara Bender, Dr. Liane Pereira, and Dr. Heidi Perez were all promoted from Assistant to Associate Professor, and Cristina Bistricean was promoted to Senior Lecturer!

Dr. Liane Pereira & undergraduate student Nicole Sam received \$2,000 from the Psi Chi International Honor Society for The Lived Experiences of Urban American Indian and Alaska Native Women in Treatment.

Several psychology students & faculty were honored at the 2019 S.O.U.R.C.E. awards:

Graduate Students of the Year: Mireille Gonzalez & Alan Bergman (Mentor: Dr. Kara Gabriel)

Outstanding Oral Presentation: Patrizia Chirco (Mentor: Dr. Mary Radeke)

Outstanding Poster Presentation: Grayson Long & Jadvir Gill (Mentor: Dr. Tonya Buchanan)

Outstanding Poster Presentation: Alan Bergman (Mentor: Kara Gabriel)

Student & Faculty Accomplishments

Here are a few publications and presentations over the past year led by students and faculty in the department:

- Bender, S., Stokes, A., & Gaspaire, S. (2018). Implications of the coverage of the DSM-5 in textbooks on learning and teaching of psychology within higher education. *Psychology Teaching Review*, 24(1), 53-58.
- Buchanan, T. M., Buchanan, J. P., & Kadey, K. R. (in press). Predicting with your head, not your heart: Forecasting errors and the impact of anticipated vs. experienced elements of regret on well-being. *Motivation and Emotion*.
- Buchanan, T. M., Buchanan, J., & Kadey, K. (2019). Predicting with your head, not your heart: Forecasting errors and the impact of anticipated vs. experienced elements of regret on well-being. *Motivation and Emotion*. Advance online publication.
- Dopps, J., & Pereira, L. C. (2019). Exploring the educational outcomes of students who have experienced trauma: A systematic review by race/ethnicity and SES. Presentation given on April 26, 2019 at the annual meeting of the Western Psychological Association in Pasadena, CA.
- Escamilla-Ocanas, L., Mulu, E., Buchanan, T., & Buchanan, J. (2019, April). Twitch impact: The influence of videogame streamer/viewer connection and style of play on pro/antisocial outcomes. Poster presented at the 99th annual meeting of the Western Psychological Association, Pasadena, CA.
- Green, V. M., & Gabriel, K. I. (2019, August). Researchers' ethical concerns regarding habituating wild nonhuman primates and perceived ethical duties to their subjects: Results of an online survey. Poster at the American Society of Primatologists, Madison, WI.
- Greenwald, R., & Carr, R. (in press). Working memory in children: Effects of anxiety and depression. *International Journal of School and Cognitive Psychology*.
- Hansen, B., Buchanan, T., & Buchanan, J. (2019, April). Breaking-up is (not so) hard to do: Forecasting errors of regret elements in experimental/real-world contexts. Poster presented at the 99th meeting of the Western Psychological Association, Pasadena, CA.
- Jorgensen, M., Brown-Rice, K., & Olson, S. (2018). Clinical supervisors' knowledge of supervisees' problematic behavior. *Journal of Counselor Preparation and Supervision*, 10, 1-20.
- Jorgensen, M., & Brown-Rice, K. (2018). Phenomenological methodology: Merging research and practice. In Watcher-Morris, C. & Wester, K. (Eds.), *Making research relevant: Applied research designs for the mental health practitioner*. New York, NY: Routledge Publications.
- Jorgensen, M., & Schweinle, W. (2018). The Research Identity Scale: Psychometric analyses and scale refinement. *The Professional Counselor*, 8, 21-28.
- Klassen, K., & Gabriel, K. I. (2019, April). Framing effects in a preliminary study investigating the role of emotional intelligence. Poster at the Western Psychological Association conference, Pasadena, CA.
- McConnell, A. R., Buchanan, T. M., Lloyd, E. P., & Skulborstad, H. M. (2019). Families as ingroups that provide social resources: Implications for well-being. *Self and Identity* 18, 306-330.
- Peecher, D. L., Binder, A. K., & Gabriel, K. I. (2019). Rodent models of mental illness in PCOS: The potential role of HPA dysregulation and lessons for behavioral researchers. *Biology of Reproduction*, 100(3), 590-600. doi: 10.1093/biolre/iory233
- Pereira, L.C., & Pham, Y. (2018). Inequities in 'invisible' mental health concerns: A scoping review of educational outcomes in grades K-12. Presentation given on November 14, 2018 at the American Public Health Association annual meeting in San Diego, CA.
- Pereira, L. C., & Lavoie, J. (2018). Friends, foes, and self-defence: Students with EBD navigating social conflicts and bullying. *Emotional and Behavioural Difficulties*, 23(1), 15-27. doi.org/10.1080/13632752.2017.1309796
- Polage, D. C. (2019). Liar, liar: Consistent lying decreases belief in the truth. *Applied Cognitive Psychology*, 33(4), 527-536.
- Polage, D. C. (2019, June). System and estimator variables and their effects on perceived guilt with and without expert testimony. Poster presented at Society for Applied Research in Memory and Cognition. Brewster, MA.
- Sam, N., & Pereira, L.C. (2019). Recovery, identity, and empowerment: The lived experiences of American Indian and Alaska Native women in urban treatment centers. Presentation to be given on November 5, 2019 at the American Public Health Association annual meeting in Philadelphia, PA.
- Stein, S. (in press). [Review of the test Minnesota Multiphasic Personality Inventory-Adolescent-Restructured Form (MMPI-A-RF)]. In J. F. Carlson & K. F. Geisinger (Eds). *Mental Measurements Yearbook* (21st ed.). Lincoln, NE: Buros Center for Testing.
- Washburn, F., & Penick, J. (2019). Infusion of consultation theory into existing school psychology practice. *Tennessee Counseling Association Journal*, 8(1), 38-47.
- Williams, E. J. & Polage, D. (2018). How persuasive is phishing email? The role of authentic design, influence and current events in email judgements. *Behaviour & Information Technology*, 38(2), 184-197. doi: 10.1080/0144929X.2018.1519599
- Williams, W. A. (2019). ****Assorted Chapters****. In J. Vonk & T. K. Shackelford (Eds.) *Encyclopedia of animal cognition and behavior*, Springer International Publishing.