

PSYTATIONS

SECOND CHANCE RANCH

Local Non-Profit Seeks to Collaborate with Students

Second Chance Ranch, a local non-profit organization that moved to the Kittitas Valley this year, would like to have some input from psychology students regarding their equine therapy training. There are internship opportunities as well.

The organization's director, Katie Merwick, described Second Chance: "Our Equine Facilitated Learning and Psychotherapy outreach is unique in that it does not involve riding the horses. Rather, the horses are an instrument for learning and healing through observation and, at times, having the client take the role of teacher. The horses demonstrate so many desirable traits in an unthreatening environment that we can learn by example".

When asked about the ranch's specific needs and how students may best get involved, Ms. Merwick explained, "Equine-facilitated psychotherapy (EFP) and equine-facilitated learning (EFL) are experiential forms of psychotherapy and learning that involve equines. These are fast-growing disciplines in both the equine and health care industries. While there is significant documentation and well accepted research, our focus for 2015 – 2016 is to continue research studies which promote the influence horses have on humans. There are areas to build on and many new areas to explore. SCR has a very unique environment and will create new ways to make EFL effective and impactful. There are a number of tasks that could be assigned to an intern, such as: Researching what areas of EFL need more documentation – what is the need for further study on currently established points, and what areas have not been studied? Using psychological knowledge to help build a curriculum that provides meaningful input, explores new ideas, and

provides fresh information, within research guidelines, or creating a database or spreadsheet to efficiently record and document our studies. An intern will have the opportunity to have hands-on experience with horses and clients as we grow the program as well".

If you are interested in becoming involved with Second Chance Ranch, you may contact Ms. Merwick directly via email at katie@secondchanceranch.org. You may also check out their website at secondchanceranch.org. Please note: At this time, the internships are unpaid opportunities although you may be able to seek credit for your efforts via an official internship arrangement (PSY490). Talk with your advisor for details.

IMPORTANT DATES

- Sept 23 – Fall Quarter Classes Begin
- Oct 2 – Applications for Winter graduation are due
- November 9 – December 4 – Registration
- November 11 – Veterans Day, No classes
- November 25-27 – Thanksgiving Recess
- December 4 – Classes End
- December 7 -10 – Final Exams
- December 15 – Grades due to the Registrar
- January 5 – Winter Quarter Classes Begin

Welcome New Faculty!

You may have noticed several new faces around the psychology building and teaching your classes. The Department of Psychology is happy to welcome Drs. Tonya Buchanan, Richard Marsicano, and Fred Washburn to the faculty.

Keeping in line with our interview tradition of past years, each of the new tenure-track faculty were invited to complete the interview James Lipton offers his guests at the conclusion of each episode of *The Actor's Studio*. This format should provide you with some additional insight into each of these faculty members' perspectives. More academic information, of course, may be accessed via their biographies on the Department of Psychology's website.



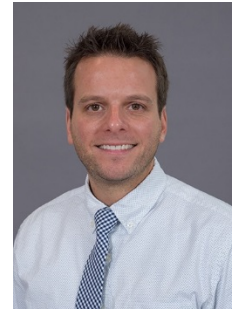
Dr. Tonya Buchanan

- 1. What is your favorite word?** Epiphany (i.e., a moment of sudden relevance) or chocolate.
- 2. What is your least favorite word?** Entitativity. It has a silly definition (in psychology it means the extent to which a group seems "group-like") and it is hard to say.
- 3. What turns you on?** A good stout and an interesting statistical interaction.
- 4. What turns you off?** A lack of perspective taking or empathy.
- 5. What sound do you love?** Baby giggles
- 6. What sound do you hate?** Loud chewing
- 7. What is your favorite curse word?** Sh*t - but I am trying to cut down on my swearing. I want one of my daughter's first words to be "Mommy" rather than something obscene (and she is ALWAYS listening).
- 8. What profession other than yours would you like to attempt?** Dance instructor
- 9. What profession would you not like to do?** Fish monger

- 10. If heaven exists, what would you like to hear God say when you arrive at the pearly gates?** "Welcome! Help yourself to the free doughnuts!"
- 11. Also, is there anything else you would like faculty, staff, and students to know about you?** I would like everyone to know how excited I am to be here with my husband (Dr. Joshua Buchanan: a lecturer in the department) and daughter (Olivia: 8 months old) and how much I am looking forward to interacting and collaborating with students and faculty here at CWU.

Dr. Richard Marsicano

- 1. What is your favorite word?** Skullduggery (it means what it sounds like it should mean).
- 2. What is your least favorite word?** Slacks.
- 3. What turns you on?** Witt, compassion, tattoos, and semicolons.
- 4. What turns you off?** Ignorance and animal cruelty.
- 5. What sound do you love?** Running water.
- 6. What sound do you hate?** A metal ironing board opening or closing.
- 7. What is your favorite curse word?** The f word. Such utility.
- 8. What profession other than yours would you like to attempt?** Veterinarian.
- 9. What profession would you not like to do?** Anything having to do with the stock market.
- 10. If heaven exists, what would you like to hear God say when you arrive at the pearly gates?** No hard feelings. We are, in fact, all on the same team.



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11. Also, is there anything else you would like faculty, staff, and students to know about you?

I feel so fortunate to be part of the CWU family! It already feels like home. With a background in School Psychology and Mental Health Counseling, I hope to continue to help students reach their potential socially, emotionally, and academically. I share the commitment CWU has to a student-centered learning environment, and I look forward to becoming more involved in the campus and community. My door is always open – unless it is closed!

Dr. Fred Washburn



1. What is your favorite word?

Remember- it is a powerful word. It is a measure of intelligence, and a large part of mental health counseling revolves around what we remember and how we remember those events. Lastly, in the end we all want to be remembered for something.

2. What is your least favorite word? Quit

3. What turns you on? Intelligence

4. What turns you off? Anything phony

5. What sound do you love? The sound of waves falling on sand

6. What sound do you hate? A child crying

7. What is your favorite curse word? It is like choosing a favorite star from the heavens, I am not sure I have a favorite

8. What profession other than yours would you like to attempt? A conservationist

9. What profession would you not like to do? A surgeon (I do not do well with blood)

10. If heaven exists, what would you like to hear God say when you arrive at the pearly gates? “Wait, how in the HELL did you get up here...just kidding come on in.” or “We had to put these gates up to keep the neighbor kids from breaking into our swimming pool”

11. Also, is there anything else you would like faculty, staff, and students to know about you? I am happy to be here and I look forward to getting to know you all better.

Congratulations!!

Dr. Jeff Penick received the CWU Academic Service-Learning/Faculty Fellows (AS-L/FF) 2015 award for commitment to academic service learning in the 2014-2015 year.

Get Involved!

There are a number of ways to get involved in department activities outside of the classroom. Engaging in such efforts will not only likely serve to supplement your learning experience, but may also help to strengthen your CV, improve your practical skills, and facilitate opportunities for networking, along with other benefits. Here are some simple ways for you to engage:

1. Participate in the Psychology Club. There are two branches of this club: One meets on the main campus in Ellensburg and the other meets on the Westside at the DesMoines campus.

DesMoines meetings for Fall Quarter are on Wednesdays, in room 381. The tentative schedule is as follows:

- Wednesday September 30, 1-2 – Welcome and Advising
- Wednesday October 14, 1-2 – GRE
- Wednesday October 28, 1-2 – Personal Statements
- Wednesday November 18 – Curriculum Vitae
- Wednesday December 2, 12-2 – Finals Week Work Session

For more questions or info email DMPsychClub@cwu.edu

Ellensburg meetings occur on Wednesdays at 5 pm in the Psychology Building. Dr. Wendy Williams is the advisor for the club.

2. Serve as a participant in faculty and/or student research via the Sona system. Go to: https://cwu.sona_systems.com for more information

What IS IT that faculty DO? A LOT, actually...

Do you ever wonder what faculty does outside of class? As it turns out, they do a lot! In addition to their teaching, advising, service, and personal obligations, many faculty also engage in research as well. Here is a sample of their work from the last academic year:

Presentations:

- Bender, S. & Hill, K.** (2015, August). *Acknowledgment of Sexual Identity as a Predictor of Mental Health Functioning*. Poster presented at the annual meeting of the American Psychological Association in Toronto, Canada.
- Bender, S. & Hill, K.** (2015, April). *Social Factors of Gender and Sexuality*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association in Boise, ID.
- Bender, S., & Hill, K.** (2015, February). *Teaching Qualitative Research Methodology in an Online Environment: Pedagogical Issues and Potential Resolutions*. Poster presented at Ethnographic and Qualitative Research Conference in Las Vegas, NV.
- Bender, S., Pereira, L. C., & Lavoie, J.** (2015, May). *An examination of pre-service counselors' preparation to effectively serve clients whom identify as transgender*. Poster presented on May 23, 2015 at the Association for the Psychological Sciences annual convention in New York, NY.
- Bogue, H.** (2015, June). *Practical Implications of developmental theory for working with youth*. Workshop presented for the Lazy F Camp and Retreat Center, Ellensburg, WA.
- Bogue, H.** (2015, June). *Practical Implications of behavioral modification in working with youth*. Workshop presented for the Camp C-Woo Recreation Center, Ellensburg, WA.
- Bogue, H.** (2014, March). *Changes to the DSM: Impact on the practice of school psychology*. Workshop presented for the Regional School Psychology Educational Service District: ESD 105, Yakima, WA.
- Bogue, H., Little, S., & Marrs, H.** (2015, February). *Stages of concern in RTI*. Poster presentation at the National Association of School Psychologists Annual Conference, Orlando, FL.
- Bogue, H., Little, S., & Marrs, H.** (2014, October). *Washington school psychologists' stages of concern with RTI implementation*. Paper presentation at the Washington State Association of School Psychologists Annual Conference, Stevenson, WA.
- Buchanan, T. M., Kunstman, J. W.** (2015, February). *The Power of the Situation: Situational Cues Shape the High Power Experience*. Paper presented at the 16th Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Buchanan, T. M., & McConnell, A. R.** (2015, April). *Family as a source of support: Breadth of family inclusion and resilience in the face of stress*. Paper presented at the 87th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Buchanan, J. & Summerville, A.** (2015, May). *Eye of the beholder: Impact of regret disclosures on closeness*. Paper presented at the 87th annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Buchanan, J.** (2014, October). *Functions of Personal Experience and of Expression of Regret*. Paper presented at the annual meeting of the Person Memory Interest Group, Hueston Woods, OH.
- Engel, C. & Schepman, S.** (2015). *Teaching Measurement Theory in the Social Sciences: The Development of the JOY Scale*. Presented at the National Technology and Social Science annual conference.
- Gilbert, M., & James, J. R.** (2015, May). *The Relationship between Gender and Perceived Stress Levels in College Students*. Poster presented at the annual Symposium of Undergraduate Research and Creative Expression, Central Washington University, Ellensburg, WA.
- Greenwald, R. R.** (2015, September). *Neuroplasticity and Child Development*. Session Speaker. Washington State Home Visiting Summit, Seattle, Washington.
- Greenwald, R. R.** (2015, July). *Neuroplasticity and Child Development*. Lecture presented to Kinderling Neurodevelopmental Center for Children with Special Needs, Bothell, Washington.
- Greenwald, R. R.** (2015, March). "The Zombie Brain: What the Undead Brain Teaches Us About the Living Brain". Guest Speaker, Mill Creek Middle School Community Brain Symposium 2015, Kent, Washington.

- Henfield, M. S., **Washburn, F.**, Byrd, J., Gallo, L., Rausch, M., Bang, N., Park, S., & Owens, T. (2014). Utilizing 21st century tools to teach leadership and advocacy in counselor education classrooms. North Central Association of Counselor Education and Supervision, St. Louis, MO.
- Hill, K., & **Bender, S.** (2015, February). *Social Factors Related to the Disclosure of a STI Diagnosis: A case for increased dialogue and education*. Poster presented at the annual convention of the American Association of Behavioral and Social Sciences in Las Vegas, NV.
- Hill, K., & **Bender, S.** (2015, April). *Medical Diagnoses as a Discerning Factor in Sexual Attraction*. Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.
- James, J. R.** (2015, January). *Course Sharing: Activities for Teaching Memory in Undergraduate Courses*. Poster presented at the annual conference of the National Institute for the Teaching of Psychology, St. Pete Beach, FL.
- Lavoie, J., **Pereira, L. C., Bender, S.** (2014, November). *Neighborhood-level factors of organization and perceived safety predict emotional and behavioral problems in childhood*. Presentation at the annual meeting of the American Public Health Association in New Orleans, LA.
- Lavoie, J., **Pereira, L. C.,** & Ruglis, J. (2014, November). *"At-risk" labels: an educational construct of early social inclusion for children living in disadvantaged environmental contexts*. Presentation given on November 17, 2014 at the annual meeting of the American Public Health Association conference in New Orleans, LA.
- McConnell, A. R., **Buchanan, T. M.,** Lloyd, E. P., & Skulborstad, H. M. (2015, April). Basic properties of families: Psychological utility promotes well-being. Paper presented at the 87th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Moore, D., Gutierrez, J. L., & **Fallshore, M.** (2015, April). College students' perceptions of rape. Poster presented at the Annual meeting of the Rocky Mount Psychological Association, Boise, ID.
- Nolte, M. C.** (2014, November). *The mirror of mindfulness: Experiential mindfulness in counselor training, a hermeneutic phenomenological examination*. Paper presented at the Western Association of Counselor Educators and Supervisors, Anaheim, California
- Olden, H. & **Bogue, H.** (2015, May). *Understanding bullying: An analysis of current literature on bullying and prevention programs*. Poster presentation at the Symposium on University Research and Creative Expression, Ellensburg, WA.
- Penick, J. M.** (2014, October). *Cultural broaching: Moving cultural sensitivity from Just a keen idea to effective integration in Practice*. Paper presented at the Washington Counseling Association Annual Conference, Seattle, WA.
- Pereira, L. C.,** *Lavoie, J., & Flanagan, T. (2015, May). *"That's the way I am. Deal with it." Exploring the identity development and educational experiences of adolescents with EBD*. Poster presented on May 22, 2015 at the annual meeting of the Association for the Psychological Sciences annual convention in New York, NY.
- Pereira, L. C.,** Lavoie, J., & Gholamrezaei, M. (2014, October). *School trajectories of students in alternate programs: the role of stress and coping*. Presentation given on October 22, 2014 at the annual Quality Health Research conference in Victoria, BC.
- Polage, D. C.** (2015, June). *The effects of repetition on counterintuitive events*. Poster presented at Society for Applied Research in Memory and Cognition. Victoria, BC
- Polage, D. C.** (2015, May). *The effects of detail and valence on false beliefs in lies*. Paper presented at SOURCE. Ellensburg, WA.
- Radeke, M., & Stahelski, A.** (2015, April). *"The Assessment of Personality Traits Using Facial Expression: What Do We Infer About Happy, Sad and Angry Faces?"* Paper presented at the Western Psychological Association Annual Conference in Las Vegas, NV.
- Radeke, M., & Stahelski, A.** (2015, April). *"Facial Expression and Inference Grouping"* Paper presented at the Rocky Mountain Psychological Association Annual Conference in Boise, ID.
- Radeke, M., Stahelski, A.,** Pelligrini, K. Benner-Kanegey, C., Gilbert, M., Licea, J., Ojeda, J., & Segura, J. (2015, May). *"The influence of family upbringing on The Facial Inference Process Facial Expression and Inference Grouping"* Paper presented at SOURCE. Ellensburg, WA.
- Waggoner, D. & **Bogue, H.** (2015, May). *An investigation of the relationship between childhood maltreatment and rape myth acceptance scores*. Poster presentation at the Symposium on University Research and Creative Expression, Ellensburg, WA.
- Washburn, F.,** & Duys, D. (2015) Supervisee Cognitive Complexity: Exploring the Relationship between Cognitive Complexity and the Supervisory Working Alliance. Association of Counselor Education and Supervision, Philadelphia, PA.
- Washburn, F.** (2014). Can research methodology help to lower stigma? North Central Association of Counselor Education and Supervision, St. Louis, MO.

Publications:

- Bender, S.** & Dickenson, P. (In Press). Utilizing Social Media to Engage Students in Online Learning. In J. Juarez & P. Dickenson (Eds.) *Increasing Productivity and Efficiency in Online Teaching*. Hershey, PA: IGI.
- Bender, S.** (Under Review). Pedagogical Considerations for Effectively Teaching Qualitative Research in an Online Environment. *Journal of Effective Teaching*.
- Bender, S.** (Under Review). The Preparation of Graduate Counseling Students to Effectively Serve Transgendered Clients: An Exploratory Study. *Journal of LGBT Issues in Counseling*.
- Richards, J., Dykeman, C., & **Bender, S.** (Under Review). Historical Trends in Counselor Education Dissertations. *Counselor Education and Supervision. British Journal of Counselling*.
- Bergman, E., Englund, T., Weigt Taylor, K., Watkins, T., **Schepman, S.** & Rushing, K. (2014). School lunch before and after implementation of the Healthy Hunger-Free Kids Act. *Journal of Child Nutrition & Management*, 38(2), pp. 1-12.
- James, J. R.** (under review). Drilling down into Pew's Religious Landscape Study. *Psychology of Religion and Spirituality*.
- McConnell, A. R., Lloyd, E. P., & **Buchanan, T. M.** (in press). Animals as friends: The social psychological implications of human-pet relationships. To appear in M. Hojjat & A. Moyer (Eds.), *Psychology of friendship*. Oxford, UK: Oxford University Press.
- Nolte, M. C.**, Bruce, M. A., & Becker, K. W. (2015). Building a community of researchers using the research mentoring model. *The Journal of Counselor Preparation and Supervision* 7(2). <http://dx.doi.org/10.7729/72.1070>
- Lavoie, J., **Pereira, L. C.**, & Talwar, V. (2014). Understanding healthy development in children and youth: Themes of resilience. *Children, Youth, and Family News, December*, 1-4.
- Lavoie, J. & **Pereira, L. C.** (2014). Developing a healthy stress response in childhood: the role of the environment. *Mindpad, Spring*, 8-12.
- Pringle, G., McDonald, M.P., & **Gabriel, K.I.** (In press). Patterns and perceptions of dextromethorphan use in adult members of an online dextromethorphan community. *Journal of Psychoactive Drugs*.
- Pritchard, A.J., Sheeran, L.K., **Gabriel, K.I.**, Li, J.-H., & Wagner, R.S. (2014). Behaviors that predict personality components in adult free-ranging Tibetan macaques *Macaca thibetana*. *Current Zoology*, 60(3), 362-372.
- Radeke, M.** & **Stahelski, A.**, (2015, November). You're Smiling, You Must Be an Extrovert: The Use of Photographs to Assess Facial Expression and Personality Traits. *National Social Science Journal*.
- Rae, J., & **Lonborg, S. D.** (2015). Do motivations for using Facebook moderate the association between Facebook use and psychological well-being? *Frontiers in Psychology*, 6, 771. doi: 10.3389/fpsyg.2015.00771
- Shoda (Buchanan), T. M.**, McConnell, A. R., & Rydell, R. J. (2014). Having explicit-implicit evaluation discrepancies triggers race-based motivated reasoning. *Social Cognition*, 32, 190-202.
- Shoda (Buchanan), T. M.**, McConnell, A. R., & Rydell, R. J. (2014). Implicit consistency processes in social cognition: Attitudinal ambivalence across systems of evaluation. *Social and Personality Psychology Compass*, 8, 135-146.
- Walker, R. J., Christopher, A. N., Wieth, M. B., & **Buchanan, J.** (2015). Personality, time-of-day preference, and eating behavior: The mediational role of morning-eveningness. *Personality and Individual Differences*, 77, 13-17.
- Washburn, F. A.** & Rausch, M.A. (2014). Cognitive complexity: Postmodern career counseling in practice. *Journal of Counselor Practice*, 1(1).
- Whitt, J.D., Cawley, B. D., **Polage, D. C.**, & Yonker, J. E. (2014). Value of virtue: An organizational approach to the challenges of workplace disabilities. *Industrial and Organizational Psychology*, 7, 274-278.

