

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00 6:30 7:30		LAP SWIM 6-7:30AM		LAP SWIM 6-7:30AM	LAP SWIM 6-7:30AM	LAP SWIM 6-7:30AM
8:00 8:50			AQUATIC CONDITIONING PEAQ 118		AQUATIC CONDITIONING PEAQ 118	
9:00 9:50		WATER WELLNESS	WATER WELLNESS/DIVING	WATER WELLNESS	WATER WELLNESS/DIVING	
10:00 10:50		BEGINNING SWIM PEAQ 111	SWIM CONDITIONING PEAQ 114	BEGINNING SWIM PEAQ 111	SWIM CONDITIONING PEAQ 114	
11:00 11:50		SWIM CONDITIONING PEAQ 114		SWIM CONDITIONING PEAQ 114		
12:00 1:00		WELLNESS HOUR Faculty, Staff members of community - no students	WELLNESS HOUR Faculty, Staff members of community - no students	WELLNESS HOUR Faculty, Staff members of community - no students	WELLNESS HOUR Faculty, Staff members of community - no students	WELLNESS HOUR Faculty, Staff members of community - no students
1:00 1:50		SWIM CONDITIONING PEAQ 114	AQUATIC CONDITIONING PEAQ 118	SWIM CONDITIONING PEAQ 114	AQUATIC CONDITIONING PEAQ 118	
2:00 3:00		DEEP WATER FITNESS PEAQ 122		DEEP WATER FITNESS PEAQ 122		
3:00 4:00				TRACK TEAM		
4:00 5:00		LAP SWIM 4:30-6PM		LAP SWIM 4:30-6PM		
5:00 5:30	REC SWIM 5-7PM		LAP SWIM 5:30 - 7:00		LAP SWIM 5:30 - 7:00	
6:00 7:00		CHILDREN'S SWIM LESSONS		CHILDREN'S SWIM LESSONS		REC SWIM 6-7:45PM
7:00 8:00 9:00		REC SWIM 7-8:45PM	REC SWIM 7-8:45PM	LIFEGUARD TRAINING CLASS	REC SWIM 7-8:45PM	
9:00 11:00		WATER POLO 9-10:30PM		WATER POLO 9-10:30PM		