OUTWARD VS. INWARD MINDSET

What's your mindset when you work in a group? An outward mindset is when you are highly aware of your group’s goals and how your actions will affect them. An inward mindset is when you are highly focused on your personal goals with a low concern for the needs of your group members.

OUTWARD MINDSET EXAMPLES

• I see other people as individuals who have their own needs, challenges, and goals.
• I achieve my personal responsibilities in a way that supports the other members of my group to achieve their responsibilities.
• I willingly share information and resources with others.
• I check my group's consensus before doing something that will affect them.
• I like collaborating - when others disagree with me, I carefully consider their suggestions.

INWARD MINDSET EXAMPLES

• I see other people as vehicles to achieve my own goals, obstacles that are in my way, and irrelevancies that I can ignore.
• I achieve my personal goals without considering how they will impact others.
• I'm worried about what other people think of me.
• I forget to check in with the people I am working with.
• I am inclined to blame others for my failures or frustrations with my group.