

OPEN VS. CLOSED MINDSET

What's your mindset with new ideas? An open mindset is how much you believe you could be wrong and how seriously you take other's ideas or suggestions. A closed mindset is how much you believe you are right and how often you avoid new perspectives.

OPEN MINDSET EXAMPLES

- I am comfortable hearing new ideas and I take them seriously.
- I believe that I could be wrong in what I know.
- I am not concerned with being right. I want to know the truth.
- I see different ideas and disagreements as an opportunity to learn.
- I ask questions, seek critical feedback, and invite new perspectives.

CLOSED MINDSET EXAMPLES

- I am uncomfortable hearing new ideas and can easily become angry when I disagree with someone.
- I believe that I have enough information on the subject I am discussing with someone and know best.
- I am very concerned with being right and I want to win if I am in argument.
- I see different ideas and disagreements as a threat and usually respond defensively.
- I have all the answers so I avoid new perspectives, feedback, and do not ask questions.

