TEXTBOOK READING

Schedule Textbook Reading

• Textbooks are dense and difficult to read, so find a place you can focus.
• Put this time on a planner or schedule and make sure to give yourself enough time to fully comprehend the information.

Know Your Textbook’s Layout

• Does your textbook have an index? A glossary?
• How long are the chapters and sections?
• How are the sections organized? This can give you clues to important information.

Take Notes and Check Comprehension

• Re-word the information in your own words at the end of each section.
• Try answering the questions in the back of the book.
• Try to explain the concepts to someone else.

Make Connections

• Relate the reading to the lecture (have your lecture notes nearby).
• Think about how these concepts relate to your other classes.

Tips

• Give yourself a reward periodically to give you incentive.
• Take a break from time to time (every 30-45 minutes).
• Do not read in your bed; it will put you to sleep.
• Form a study group to discuss the information.
• Mark notes in the margins (if you don’t plan on selling back your book).
• Summarize a section to make sure you’re understanding the content.