TEST-TAKING TIMELINE

BEFORE THE TEST
• Maintain a growth mindset
• Make a study schedule
• Know the exam format and time limit
• Make a study guide
• Review for short periods rather than cramming
• Attend class and go to PALS if applicable
• Meet with a tutor or academic coach

DURING THE TEST
• Carefully read the instructions
• Take a moment to consider what the question is really asking
• If you are stuck, move on to other questions
• Make sure you have answered all parts of multiple part questions
• Review the test before turning it in

AFTER THE TEST
• Reward yourself for completing the test
• Review the questions that you missed
• Seek help to understand why you missed questions: ask your professor, a classmate, or a tutor
• Use the Exam Debrief handout to help you prepare for future tests
• Plan future study sessions to meet your goals