1) **STAY ATTENTIVE WHILE LEARNING** - The best way to start memorizing is to fully understand a concept. Therefore, make sure that when in class or reading for a class, you’re completely focused on the task at hand.

2) **REVIEW INFORMATION EARLY AND OFTEN** - One of the best memorization techniques is repetition. Most of the information you forget is within the first 30 minutes of learning it. This means you should not only review information soon after learning it, but that you should keep reviewing the information so that you can remember it in the long run.

3) **INCLUDE SENSORY MEMORY** - Try using as many senses as possible when working on memorization. Try speaking a phrase or sentence out loud for auditory memory. Draw diagrams or charts for visual memory. The more senses you include, the more likely you are to remember.

4) **BREAK DOWN TASKS** - Break up your studying into smaller increments. Make associations (associate the information with something easier to remember), acronyms (a word made up of the first letters of other words [NASA]), and acrostics (a sentence used to remember an acronym [Every Good Boy Does Fine]).