

### Visibility Range & Air Quality Index (AQI)

If you can clearly see or if the AQI is...	The Air Quality is likely...	You should take the following precautions:	Health effects may include:
10 miles or better or AQI: 0-50	<b>GOOD</b>	None	None likely
5-10 miles or AQI: 51-100	<b>MODERATE</b>	None	People with preexisting heart and lung diseases may experience some discomfort. Consult <u>with your physician</u> .
3-5 miles or AQI: 101-150	<b>UNHEALTHY FOR SENSITIVE GROUPS</b>	People with pre-existing heart and lung diseases, the elderly, and children should limit outdoor exertion.	Aggravation of pre-existing heart and lung disease symptoms are likely.
1.5-3 miles or AQI: 151-200	<b>UNHEALTHY</b>	People with pre-existing heart and lung diseases, the elderly, and children should avoid outdoor exertion. All population segments should limit outdoor exertion.	Respiratory effects in all population segments likely. Increased aggravation of pre-existing heart and lung disease symptoms. Premature mortality (death) among the most <u>sensitive populations</u> .
1 mile or AQI: 201-300	<b>VERY UNHEALTHY</b>	People with pre-existing heart and lung diseases, the elderly, and children should consider relocating to a “clean air” area. Everyone else should avoid outdoor exertion.	Significant increase of adverse respiratory effects in all population segments likely. Significantly increased aggravation of pre-existing heart and lung disease symptoms. Premature mortality (death) among sensitive populations.
Less than 1 mile or AQI: 301-500	<b>HAZARDOUS</b>	Everyone should avoid any outdoor exertion. Remain indoors if possible. Relocate to a “clean air” area if necessary.	Serious risk of adverse respiratory effects in the general population. Serious aggravation of preexisting heart and lung disease symptoms. Increased premature mortality (death) among <u>sensitive populations</u> .