Saturday and Sunday 12-3 p.m.

Bring your whole family to climb! The climbing wall is open on weekends to children climbing with their parent or guardian. Staff availability to belay participants is limited during these hours. If you would like to belay your children, we recommend you take the Top Rope Belay Certification Clinic, offered most Saturdays from 10am to noon.

**FREE:** Children of Rec. Center members age 6 to 13

**$7:** Non-members and children 14 and older

[www.cwu.edu/rec/Policies#Family Policy & Family Hours](http://www.cwu.edu/rec/Policies#Family Policy & Family Hours)

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**CONTACT US**

[web: www.cwu.edu/climbing-wall/youth-climbing](http://www.cwu.edu/climbing-wall/youth-climbing)

[email: climbingwall@cwu.edu](mailto:climbingwall@cwu.edu)

[phone: 509-963-3536](tel:509-963-3536)

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**FAMILY HOURS**

Get your child excited about a healthy activity that will develop problem solving skills, critical thinking, self-confidence, and physical strength in a social setting!
Sundays 3-4:30 p.m.

This is a fun introduction to rock climbing for kids, aged 6 to 12. Kids Rock participants register for one week at a time; they can come once or they can return every single week. Parents are required to attend this program with their children. Register in advance to guarantee your spot.

$8 for children of Rec. Center members
$12 non-members

Register at the Rec. Center Front Desk, or call: 509-963-3512. All minors must have a waiver signed by their parent or guardian.

Fridays 5-6:30 p.m.

Youth Climb participants will learn new skills each week in this 8 week progressive clinic. They will be encouraged to challenge themselves and climb as much as they can. Youth Climb is open to anyone between the ages of 6 and 15.

Youth Climb teaches:
• Climbing Technique
• Equipment Safety
• Problem Solving
• Trust and Teamwork
• Strength & Endurance
• Much more!

$75 for children of Rec. Center members
$95 non-members

Winter 2014 • Fridays 5-6:30 p.m.
Jan 10 – Mar 14; No Class: Jan 17, Feb 14
Registration Open Dec 6

Spring 2014 • Fridays 5-6:30 p.m.
Apr 11 – Jun 6; No Class: May 23
Registration Open Mar 14

Summer 2014 • Wednesdays 3-4:30 p.m.
Jul 9 – Aug 27
Registration Open Jun 6

Fall 2014 • Fridays 5-6:30 p.m.
Oct 10 – Dec 5; No Class: Nov 28
Registration Open Aug 28

Register at the Rec. Center Front Desk, or call: 509-963-3512. All minors must have a waiver signed by their parent or guardian.

What better way to celebrate your birthday than to invite your friends to come climbing?

• 2 hrs of climbing
• All equipment provided
• Up to 15 participants
• 6 years and older
• Cost: $16/participant

Make your reservation now!
www.cwu.edu/climbing-wall/climbing-wall-rental-form
or call: 509-963-3536