



HOW TO: HUMAN AND ANIMAL SUBJECTS RESEARCH



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Human Subjects Review Council (HSRC) & Institutional Animal Care and Use Committee (IACUC)

Human Subjects Review Council

What is the HSRC?

The HSRC serves as CWU's institutional review board (IRB) for research involving human participants.

What does the HSRC do?

The HSRC reviews research that involves human participants to protect the well-being and rights of the participants.

What does human subjects research look like?

Human subjects research can be...

- Interviews
- Surveys
- Focus groups
- Tests

What if I'm unsure if my project needs HSRC approval?

Reach out to hsrc@cwu.edu! It is always better to double check.

Institutional Animal Care and Use Committee

What is the IACUC?

The IACUC oversees the use of live vertebrate animals in research and teaching at CWU.

What does the IACUC Do?

IACUC reviews all research and teaching protocols involving animals to ensure compliance with federal regulations and to protect the welfare of animals.

What can the use of animals in research in research and teaching look like?

- Field studies
- Observations at zoos
- Educational outreaches with animals
- Animal use in theatre productions

What if I'm unsure if I need IACUC approval?

If you aren't sure, contact iacuc@cwu.edu!

The Research Process

- Work with your faculty mentor to develop a research question and plan.
- Complete CITI training and obtain all necessary permits.
- Submit an HSRC or IACUC application through IRBManager **at least 2 weeks** before you plan to **begin** research
- Obtain approval to begin research activities.

