

OUR Newsletter



Office of University
Student Research

April 2025

**YOUR SUCCESS IS
OUR SUCCESS**

30th anniversary

MAY 2025

presentations
14th-15th

SURC all day

award ceremony
20th



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@CWU SOURCE

@CWU UGS



source@cwu.edu

our@cwu.edu

SOURCE 2025 Highlights

Stay tuned for SOURCE 2025 schedules! Some highlighted sessions include:

- **Special Sessions:** Sustainability Festival, CWU Horn Club performance, ATM: Fashion Show Preview, Elementary Robotics Exhibition, Manastash Launch Party
- **Panels:** Students With A Purpose (SWAP), Graduate Student Association (GSA), McNair Scholars, Transfer Students, Multimodal Learning, Community Engagement
- **Poster Sections:** Environmental Studies/ENST 480, Craft Brewing, Education Abroad

AND MORE!

#GiveCentral 2025

Help Bring Sustainability to the Table at SOURCE!

Thank you to all of our generous donors! With your support, we raised over **\$1,400** for the Sustainability Festival at SOURCE 2025!

Join us on **May 15th at 11:30-1pm** for the sustainable lunch and stick around for the Sustainability Festival on the SURC East Patio until 4pm!



01/08

How to Enjoy SOURCE

Presenters

- Share ideas, exchange opinions and open up research collaboration opportunities.
- Interact with various people in the same and different fields.
 - This is great stimulation!
 - Ask questions and complement each other's work.
- Train yourself to be a great presenter, public speaker, researcher, and critical thinker.
- Showcase your ideas and build self-confidence!
- Use this experience to build your resume for better employability or acceptance to graduate programs.
- Increase research opportunities.
- Use what you learn to improve your own research.
- Learn about grants you can receive to present at SOURCE.

Attendees

- Gain new ideas.
- Satisfy curiosity.
- Meet people with various backgrounds and from different fields of study.
- Connect with people and faculty.
 - Networking opportunity
- Entertain yourself – Just enjoy SOURCE!
- Discover something new!
- Ask questions and learn about the processes each research project entails.



Student Volunteers

- Gain field experiences.
- Resume building.
- Share operational excitement with other volunteers, staff members, & administrators!
- Use for practicum or internship hours in addition to receiving all the other benefits of attending SOURCE.

SOURCE Etiquette

We design SOURCE to be an opportunity for professional development for presenters and attendees alike. As an attendee, we ask you to act professionally as well. Here are some tips for attending SOURCE and maintaining a high level of professionalism:

1 Try to attend an entire session rather than a single talk.

2 Try not to enter or leave the room in the middle of an oral presentation- it can be very distracting for the presenter.

3 Stop and talk to poster presenters! If you don't know what to say, start with, "Tell me about your work." Listen carefully to the response and ask questions as you go.

4 Thank the presenters and compliment them on their work.

5 Have Fun!!!

Thank you so much, and enjoy SOURCE!

How to Make and Present a Poster

How to Make a Poster

- Canva, Adobe Illustrator, PowerPoint
 - User-friendly tutorials on YouTube
 - Templates online, CWU website

Design & Content

- Use CWU brand colors.
- Text should be readable from a few feet away.
 - **Minimum 24pt font, Title- 50pt+ font**
- Don't crowd the poster with too much information or busy images.
 - Only include important and relevant content.
- Ensure images are scaled correctly for printing.
- Print your poster well in-advance.
 - Print at least one week prior to your presentation!

Scan here for additional
CWU branding resources:



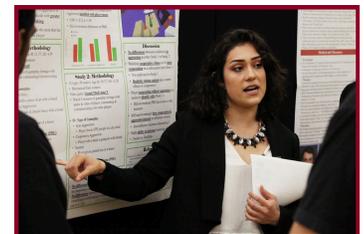
How to Present

Preparation

- Practice how you will present!
- Wear professional attire.
 - Wearing earth tones will help you stand out without wearing vibrant colors or patterns.
- Try to loosen up prior to presenting and build confidence
- Anticipate questions about your project and prepare answers.
- Consider creating a supplemental handout for your audience.

Presentation

- Make eye contact.
- Speak slowly and enunciate words.
 - Speak with confidence and make sure to project your voice.
- Minimize nervous ticks–be mindful of fidgeting, saying “um,” etc.



Audience

- Adapt to the audience.
- Engage and interact with the audience.
 - Greet them as they walk by; ask how their day is going.
 - Thank them for coming!

Working With Your Mentor

- Regularly communicate and check-in with your mentor through each stage of your project.
 - Use their preferred contact method.
 - Give them at least three days to respond.
- Review your poster content with your mentor.
- Ask others to review your work as well.
- Don't hesitate to reach out to faculty—they are here for you!

How to Make and Present Presentation Slides

Slide Development

- Fully digest your abstract for the initial design. What will be your "message" to the audience?
- You have only 10 minutes; think about how many slides you can present.
 - Number can vary depending on research/presentation type.
 - Introduction, Methods, Results, Discussion/Conclusion
- Check the flow and sequence of your slides.
- Use visual aids such as pictures, tables, and video links.
 - Make sure any links and videos work properly.



Working With Your Mentor

- Review slides with your mentor.
- Allow them time to provide feedback and suggest edits.
- Practice with the mentor.
 - One-on-one practice
 - Ask your mentor for a chance to give a presentation in front of students.



Presentation

- Be professional and friendly – Good humor, positive attitude
- Speak clearly and slowly with plain English
- Have some water with you.
- Practice, practice, practice!
 - Practice with everyone you can. Try recording yourself to self-critique.
 - Don't be afraid to have a few notecards with you in case you get stuck!
- **Be confident! Do not panic! You can do it!**

SOURCE **2025**

Drop in and join the peer mentors in the library to practice your SOURCE presentation!

**SOURCE 2025
Presentation Practice**

May 6th

Library Room 152

12:00pm-2:00pm

5:00pm-7:00pm

Oral & poster presenters welcome!

Practice your presentation skills and receive tips on delivery, body language, timing, mental preparation

**Questions about
SOURCE?
E-mail us at
source@cwu.edu**

OUR
Website
Here!



SOURCE-Specific Peer Mentors

SOURCE partners with the CWU Learning Commons to provide as many resources as possible to students. This year, we have created a team of peer mentors that are specifically experienced in project development to assist SOURCE participants through various project steps in addition to their general peer mentoring services. Stay tuned for more updates!

What is SOURCE?

The CWU Symposium of University Research and Creative Expression is an annual event that showcases all disciplines of research, scholarship, and creative activities.

SOURCE works to connect students with resources and funding to aid them in their research as well as provide students a forum to present their findings in a professional and juried environment.

Participating in SOURCE

What You Can Present

- Oral presentation
- Research poster
- Creative exhibition
- Group or individual project
- Preliminary findings
- In-progress project
- Panel session

Benefits

- Critical thinking
- Public speaking
- Enrich your resume
- Conference experience
- Networking experience
- Mentorship experience
- Self-confidence



Symposium of University Research and Creative Expression • Celebrating Creativity! Empowering Voices!



1995 - 2000



2000 - 2005



2005 - 2010



2010 - 2015



2015 - 2020



2020 - 2025

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