

# DESIGN YOUR OWN DEGREE

Interdisciplinary Studies–Social Sciences



## Personal and Professional Growth

For students who are still figuring out what they want to be when they grow up, this IDS-Social Sciences degree track provides ample meaningful and enriching opportunities for exploration. Students will be able to choose from multiple special topics IDS courses in which they will develop an appreciation for how social sciences interact to address a variety of issues such as personal and community wellness, mental health treatment, misunderstandings, deviant behavior, and even alien abduction. Students will be able to prepare themselves for a profession and graduate studies by completing this degree.

### Program Objectives

Students will gain appreciation for the complexities of human interaction and experiences through an interdisciplinary exploration of the world.

Students will examine their personal lived experience and worldview.

Students will explore the ways in which their unique position in the world can be used for social and cultural advocacy to advance their potential and their community.

### IDS 47/62 – Credit Major

**10 credits of core required courses**

IDS 289 – Introduction to the Major (1)

IDS 389 – Academic and Career Exploration (2)

IDS 489 – Senior Portfolio Project (2)

PSY 300 - Research Methods in Psychology (5)

### 37/52 Credits of Additional Courses

IDS 305 - Surviving to Thriving: An Interdisciplinary Approach to Developing Resiliency and Coping

IDS 311 - Don't Lie to Me: Contemporary Profiling

IDS 321 - Body Image, Wellness and Popular Culture

IDS 323 - Dangerous Women: Mad, Bad or Misunderstood

IDS 343 - Origins and Results of Food Technology:  
The Gluttonous Human

IDS 354 - Bedlam to Bellevue - On Being "Mad" in the US from 1960 to Present

IDS 357 - Race, Drugs and Prohibition in the U.S.:  
What Makes Drug Use Criminal?

IDS 363 - The Simpsons: Social Institutions and National Community

IDS 369 - Living Voices of America: An Interdisciplinary Approach to Indigenous Women in the U.S.

IDS 403 - Alien Abduction and Shamanism: Close Encounters at the edge of Consciousness

IDS 405 - Essentials of Project Funding in the Social Sciences

IDS 416 - What did you mean by that? Exploring how differing interpretations can sabotage human interactions

## **Additional Courses Cont.**

PSY 310 Multicultural Psychology  
PSY 346 Social Psychology  
PSY 430 Positive Psychology  
PSY 452 Adult Development and Aging  
SOC 356 Sociology of Gender  
SOC 357 Sociology of Families  
SOC 358 Sociology of Sexualities  
SOC 365 Minority Groups  
SOC 445 Social Inequality  
GEOG 208 Our Human World  
GEOG 308 Cultural Geography  
ANTH 137 Race, Power, and the American Dream  
HIST 450 Exploring US Cultural History  
POSC 452 The Constitution and Human Rights  
UNIV 309 Civic Engagement

## **Recommended Minors**

You can find minors in the CWU Catalog

## **Possible Employers**

Community action agencies  
Nonprofit organizations  
Faith based organizations (FBO's)  
International aid and relief organizations  
Non-governmental Organizations (NGO's)  
Federal government agencies  
State and local government agencies  
Research organizations  
Mental health institutions  
Hospitals and clinics  
Private and group practice  
Correctional institutions  
Federal, state, or local government  
Youth organizations and camps  
Nonprofit and social services organizations  
Law firms  
Corporate legal departments  
Public defenders offices  
District attorneys  
Public interest groups  
Civil rights organizations  
Legal aid  
Government agencies  
Lobbying groups

Interdisciplinary Studies: Social Sciences

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