

Therapeutic Professions

For students who are interested in a therapeutic profession and want to be grounded in a variety of perspectives in addition to psychology, the IDS-Social Sciences Therapeutic Professions track might be a good option. This major allows students to examine mental, emotional, developmental, and physical disorders through multiple social science lenses, such as psychology, sociology, IDS, law and justice, and cultural studies. Students will be able to prepare themselves for a profession and graduate studies by completing this degree.

Program Objectives

Students will describe the history and systems of mental health care in the US and develop an appreciation for the experience of the individuals navigating this system.

Students will be prepared to advance toward their chosen profession by exploring the various therapeutic careers and their educational, experiential, and licensing requirements.

Students will demonstrate the knowledge and competencies critical for effective therapeutic work.

IDS 47 – Credit Major 10 credits of core required courses

IDS 289 – Introduction to the Major (1)

IDS 389 - Academic and Career Exploration (2)

IDS 489 - Senior Portfolio Project (2)

PSY 300 - Research Methods in Psychology (5)

37 Credits of Additional Courses

PSY 235 - Relationships and Personal Development

PSY 303 - Analysis of Everyday Behavior

PSY 310 - Multicultural Psychology and Social Justice

PSY 312 - Queer Theory and Sexuality

PSY 313 - Developmental Psychology

PSY 315 - Psychology in the Schools

PSY 415 - Behavioral Medicine and Health Psychology

PSY 438 - Substance Abuse and Dependence

PSY 441 - Self-Injurious Behavior

PSY 445 - Clinical, Counseling, and Community Psychology

PSY 449 - Abnormal Psychology

PSY 454 - The Helping Interview

PSY 467 - Child Psychopathology

PSY 476 - Psychopharmacology

PSY 478 - Behavioral Neuroscience

PSY 483 - Psychology of Gender

PSY 484 - Violence and Aggression

IDS 305 - Surviving to Thriving: An Interdisciplinary
Approach to Developing Resiliency and Coping

IDS 321 - Body Image, Wellness and Popular Culture

IDS 354 - Bedlam to Bellevue - On Being "Mad" in the US from 1960 to Present

Additional Courses Cont.

IDS 416 - What did you mean by that? Exploring how differing interpretations can sabotage human interactions

SOC 320 - Death and Dying

SOC 343 - Child Abuse

SOC 344 - Juvenile Delinquency

SOC 345 - Deviance

SOC 354 - Minority Experience

SOC 442 - Social Welfare Policy

LAJ 311 - Family Law

LAJ 326 - Correctional Counseling

LAJ 360 - Sex Crime and Sexual Offending

LAJ 453 - Domestic Violence Issues

LAJ 470 - Victimology

AIS 321 - American Indian Spirituality

ANTH 333 - Culture and Marriage

ANTH 353 - Childhood and Culture

ANTH 356 - Gender Roles in Cross-cultural Perspective

ECON 333 - Behavioral Economics

ETS 325 - Race/Ethnicity, Class and Gender in Education

ETS 330 - The Latinx Experience

HED 387 - Principles of Fitness and Stress Management

PUBH 209 - Consumer Health

Recommended Minors

Psychology

Modality relevant to therapy, such as music,

art, recreation.

Women's, Gender and Sexuality Studies

Child Development

You can find more minors in the CWU Catalog

Possible Employers

Federal government including Departments of:

Health and Human Services

State government including:

Departments of Human Services

Departments of Mental Health

Community mental health centers

State psychiatric hospitals

Facilities for individuals with intellectual

impairments

Nursing homes

Hospitals/healthcare providers

Private psychiatric facilities

Outpatient clinics

College and university counseling centers and

career centers