

DESIGN YOUR OWN DEGREE

Interdisciplinary Studies–Social Sciences



Substance Abuse

For students interested in counseling and social work related to issues of drug abuse and dependency and who desire a holistic foundation in this topic, the IDS-Social Sciences Substance Abuse track could be a beneficial option. This major allows students to examine issues of drug pharmacology, the physiological and psychological processes of dependence, social and economic impacts of dependence, cultural and historical views on drugs, the effectiveness of different types of treatment, as well as developing counseling skills. This major is supported by courses in anthropology, health education, history, IDS, law and justice, psychology, public health, and sociology.

Program Objectives

Students will understand the mechanisms of drug action on the individual, and be able to distinguish between recreational use, abuse, and dependence.

Students will explore the impact of drug use and abuse on the mind and body and develop an understanding of the progression of addiction and the experience of co-occurring mental health disorders.

Students will explore the impacts of drug abuse and dependence on families and communities, including multigenerational addiction, family structure, impact on relationships, and homelessness.

Students will identify and understand the social, clinical and legal institutions that are designed to address issues of substance abuse through medical, legal, or other interventions.

IDS 47 – Credit Major

10 credits of core required courses

IDS 289 – Introduction to the Major (1)

IDS 389 – Academic and Career Exploration (2)

IDS 489 – Senior Portfolio Project (2)

PSY 300 - Research Methods in Psychology (5)

11 credits of highly recommended courses

HED 210 - Drugs and Health

PSY 438 - Substance Abuse and Dependence

PSY 454 - The Helping Interview

26 Credits of Additional Courses

PSY 449 - Abnormal Psychology

PSY 476 - Psychopharmacology

PSY 313 - Developmental Psychology

PSY 310 - Multicultural Psychology and Social Justice

PSY 447 - Psychology of Adolescence

PSY 453- Behavioral Medicine and Health Psychology

HIST 320 - Narcotics in World History

IDS 357 - Race, Drugs and Prohibition in the U.S.: What Makes Drug Use Criminal?

LAJ 347 - Court Structure and Process

LAJ 470 - Victimology

Additional Courses Cont.

LAJ 453 - Domestic Violence Issues
SOC 101 - Social Problems
SOC 344 - Juvenile Delinquency
SOC 345 - Deviance
SOC 352 - Punishment and Corrections
PUBH 310 - Community Health
PUBH 351 - Community Building in Public Health
UNIV 309 - Civic Engagement
ANTH 357 - Medical Anthropology

Possible Employers

Hospitals
Health systems
Clinics
Medical practice groups
Mental health facilities
Managed care organizations
Department of Health and Human Services
Centers for Disease Control and Prevention
Public health agencies (state and local)

Recommended Minors

Public Health
Psychology
Social Services
You can find more minors in the CWU Catalog