

DESIGN YOUR OWN DEGREE

Interdisciplinary Studies–Social Sciences



Personal and Professional Growth

For students who are still figuring out what they want to be when they grow up, this IDS-Social Sciences degree track provides ample meaningful and enriching opportunities for exploration. Students will be able to choose from multiple special topics IDS courses in which they will develop an appreciation for how social sciences interact to address a variety of issues such as personal and community wellness, mental health treatment, misunderstandings, deviant behavior, and even alien abduction. Students will be able to prepare themselves for a profession and graduate studies by completing this degree.

Program Objectives

Students will gain appreciation for the complexities of human interaction and experiences through an interdisciplinary exploration of the world.

Students will examine their personal lived experience and worldview.

Students will explore the ways in which their unique position in the world can be used for social and cultural advocacy to advance their potential and their community.

IDS 47/62 – Credit Major

10 credits of core required courses

- IDS 289 – Introduction to the Major (1)
- IDS 389 – Academic and Career Exploration (2)
- IDS 489 – Senior Portfolio Project (2)
- PSY 300 - Research Methods in Psychology (5)

37/52 Credits of Additional Courses

- IDS 305 - Surviving to Thriving: An Interdisciplinary Approach to Developing Resiliency and Coping
- IDS 311 - Don't Lie to Me: Contemporary Profiling
- IDS 321 - Body Image, Wellness and Popular Culture
- IDS 323 - Dangerous Women: Mad, Bad or Misunderstood
- IDS 343 - Origins and Results of Food Technology: The Gluttonous Human
- IDS 354 - Bedlam to Bellevue - On Being "Mad" in the US from 1960 to Present
- IDS 357 - Race, Drugs and Prohibition in the U.S.: What Makes Drug Use Criminal?
- IDS 363 - The Simpsons: Social Institutions and National Community
- IDS 369 - Living Voices of America: An Interdisciplinary Approach to Indigenous Women in the U.S.
- IDS 403 - Alien Abduction and Shamanism: Close Encounters at the edge of Consciousness
- IDS 405 - Essentials of Project Funding in the Social Sciences
- IDS 416 - What did you mean by that? Exploring how differing interpretations can sabotage human interactions

Additional Courses Cont.

PSY 310 Multicultural Psychology
PSY 346 Social Psychology
PSY 430 Positive Psychology
PSY 452 Adult Development and Aging
SOC 356 Sociology of Gender
SOC 357 Sociology of Families
SOC 358 Sociology of Sexualities
SOC 365 Minority Groups
SOC 445 Social Inequality
GEOG 208 Our Human World
GEOG 308 Cultural Geography
ANTH 137 Race, Power, and the American Dream
HIST 450 Exploring US Cultural History
POSC 452 The Constitution and Human Rights
UNIV 309 Civic Engagement

Recommended Minors

You can find minors in the CWU Catalog

Possible Employers

Community action agencies
Nonprofit organizations
Faith based organizations (FBO's)
International aid and relief organizations
Non-governmental Organizations (NGO's)
Federal government agencies
State and local government agencies
Research organizations
Mental health institutions
Hospitals and clinics
Private and group practice
Correctional institutions
Federal, state, or local government
Youth organizations and camps
Nonprofit and social services organizations
Law firms
Corporate legal departments
Public defenders offices
District attorneys
Public interest groups
Civil rights organizations
Legal aid
Government agencies
Lobbying groups

Interdisciplinary Studies: Social Sciences

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