

Central Washington University™ **DESIGN YOUR OWN DEGREE**

Interdisciplinary Studies–Social Sciences

CWU-Des Moines



Working with an advisor, students will create an approved program of study that fulfills their academic and career goals.

Persons earning this degree will find employment in a variety of occupations including human services, business, government and non-profit organizations. Many of our graduates complete advanced degrees in psychology, medicine, pharmacy, sociology, social work, business, library science, law, and political science.

ADMISSION PROCESS

► **Apply to CWU Online:** cwu.edu/admissions/apply-now

Transfer Students

If you meet CWU's general education requirements through a community college direct transfer agreement (DTA), bachelor's degree, or equivalent from any state accredited college or university, please submit official electronic or hard copy transcripts from any colleges or universities you have attended to Admissions.

How to Transfer Your College Credits

Please visit: cwu.edu/admissions/transferring-your-college-credits

To determine how your credits will transfer before being admitted to CWU you may request a credit evaluation through the Registrar's office.

Please visit: cwu.edu/registrar/sites/cts.cwu.edu/registrar/files/documents/Paid_Evaluation_Request_Form.pdf

Dual Admission Students

If you are currently enrolled in a DTA associate's degree or applied/technical degree program at a community college and have completed fewer than 60 quarter credits, you may be eligible for Dual Admission. Please visit our CWU office for more information before applying online at cwu.edu/admissions/dual-admission-program.

► **Apply to the Major**

Application to the major may be completed by contacting the Program Director, Cynthia Engel at Cynthia.Engel@cwu.edu.

Students must be admitted to the major at least 3 quarters prior to graduation. Applicants must have completed 60 credit hours, a minimum of 2.25 cumulative GPA and be in good academic standing for admission to the program.

ALENA YASTCHENKO

**Interdisciplinary Studies–Social Sciences
Program Director**

509-963-3706 | Alena.Yastchenko@cwu.edu
2400 240th Street, Des Moines, WA 98926

CWU.EDU/
INTERDISCIPLINARY-STUDIES-SOCIALSCIENCES

CURRICULUM

Required courses:

IDS 289 Introduction to the Major (1 credit) is required before entry into this major. This course is designed as an introduction to the Interdisciplinary Studies program and is intended to assist students in designing a cohesive program of study.

Research Methods in the Social Sciences (4-5 credits) choose one:

ANTH 444

LAJ 400

PSY 300

SOC 363 or as approved by Program Director

IDS 389 Academic and Career Exploration (2 credits)

IDS 489 Senior Portfolio Project (2 credit) is required before graduating with this degree. This course, taken during the last quarter of study, is designed as the end of program assessment for the Interdisciplinary Studies majors. Students will prepare a comprehensive degree report and/or descriptive portfolio or project.

► **Approved elective courses:** (C– or better grade required)

A minimum of three disciplines are required for the major.

American Indian Studies (all courses)

Anthropology (all courses)

Economics (all courses)

Environmental Studies (all courses)

Ethnic Studies (all courses)

Geography (all courses)

Health Education (approved courses): HED 210, 387

History (all courses)

Interdisciplinary Studies–Social Sciences (all courses)

Law and Justice (all courses)

Political Science (all courses)

Psychology (all courses)

Public Health (approved courses): PUBH 209, 310, 317, 351, 470, 471, 472

Sociology (all courses)

University Seminar and Enrichment: UNIV 309–Civic Engagement

Women's, Gender, and Sexuality Studies (all courses)

GRADUATION REQUIREMENTS

A minimum of 180 quarter credits is required, including no more than 135 transfer credits. A minimum of 60 credits of upper division study is required (300-400 level). The general education program must be completed as defined in the University catalog. Students holding the appropriate academic transfer associate degree will have met the general education program requirements.



CWU is an EEO/AA/Title IX Institution.
For accommodation email: DS@cwu.edu • 19-IDS-1TS