

History – Social Studies Teaching Plan (HSST) + Educational Foundations

Central Washington University • Department of History • 4-Year Academic Plan • 2025-26 Catalog

Welcome to History/Social Studies Teaching! To graduate with a bachelor’s degree and teacher certification from CWU, you must complete three separate programs:

1. **General Education** courses in three specific categories: first year, knowledge areas with pathways, and a capstone experience. (note: the requirements of the CWU general education program are waived for those students with a direct transfer agreement, or DTA, from an approved community college). To learn more about the general education program, and the courses that fulfill each requirement, please visit: <http://www.cwu.edu/general-education/>.
2. An **endorsable major**. For history and social studies, students must declare the **History/Social Studies Teaching Major (HSST)**. You may declare the major in MyCWU by going to your Student Dashboard > Records > Requesting to Add/Drop Program > selecting HSST.
3. An **approved pedagogical program** and state teaching certification requirements through the Teacher Certification Program (TCP). Students planning to complete HSST must also declare the **Educational Foundations Major**. Again, you may declare the major following the same process in MyCWU as Step 2 above and selecting SEEDBAED. Students must also submit a separate application for the TCP, which can be found here: <https://www.cwu.edu/academics/teacher-certification/getting-started/index.php>.

| | Term | GEN ED* | HIST/SS TEACHING | ED FOUND. | OTHER TASKS |
|--------|--------|--|--|--------------------------------|--|
| YEAR 1 | FALL | UNIV 101 Academic Writing I Quantitative Reasoning | I/d HIST elective ¹ | | |
| | WINTER | K 2 Community Culture Citizenship ¹ | I/d HIST elective ¹ GEOG elective 1 ¹ | EFC 250 | Declare majors Apply to TCP |
| | SPRING | K 4 Global Dynamics ¹ K 5 Humanities ¹ K 6 Individual & Society ¹ | I/d History elective ¹ HIST 301 ¹ ANTH/SOC elective ¹ | | Take West-B exams (SAT/ACT may work, check w/ advisor) |
| YEAR 2 | FALL | K 7 Physical & Natural World ¹ | I/d History elective ¹ GEOG elective 2 ¹ | PSY 314 | |
| | WINTER | K 1 Academic Writing II ¹ | HIST 302 ¹ ECON elective ¹ | EDSE 302 | Apply EFC 330 (see #4 below) |
| | SPRING | | POSC 210 ¹ | EFC 320 EFC 330 EDBL 401 | Check for full admission to the TCP |
| YEAR 3 | FALL | | u/d History elective | EFC 315 EFC 340 EDBL 416 | |
| | WINTER | K 8 Science & Tech | u/d History elective | EFC 350 | |
| | SPRING | K 3 Creative Expression | u/d History elective | EFC 440 | |

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|--|---------------|--|-----------------------|---------|--|
| YEAR 4 | FALL | | HIST 421 | | Apply EFC 480 (see #4 below) |
| | WINTER | | HIST 481 ¹ | | Apply for graduation Take West-E 28 |
| | SPRING | | | EFC 480 | |
| ¹ Denotes courses that may simultaneously fulfill general education/major requirements. See note 2 below. | | | | | 180 units |

Important Notes:

- The above chart should not be considered a mandatory blueprint. The order in which courses are taken on the History/Social Studies Teaching side is quite flexible. However, here are a couple of specific requirements and recommendations to guide your order:
 - HIST 302** should be taken during your sophomore year or very early in your junior year. This course will acquaint you with the research, writing, and documentation skills necessary for success in upper-division history courses.
 - HIST 421** should be taken after completion of EFC 340. It is also highly recommended that students take it after completion of most other history and social studies courses.
 - HIST 481** should be taken during the student’s senior year after completion of most other history courses. It is designed as a “capstone” course that provides an opportunity to demonstrate the historical research and writing skills acquired in previous history courses.
 - In general, students should plan to complete their 100-level history courses before undertaking history courses at the 300-level or above.

Note that courses on the Educational Foundation side of the certification program do not have nearly the same flexibility. Be sure to order those classes very carefully to ensure that all prerequisites have been met. For example, EFC 315 and subsequent EFC courses require full admission to the TCP (See also notes 3 and 4 below.)

- Where possible, students should attempt to overlap requirements of the History/Social Studies Teaching major and the new General Education program. The following may be helpful toward this end:

| To satisfy this General Education category: | Students should consider the following HSST courses*: |
|---|---|
| K 1 Academic Writing II (AWII) | HIST 302 |
| K 2 Community Culture Citizenship (CCC) | ECON 101, HIST 143, HIST 144, POSC 210 |
| K 4 Global Dynamics (GD) | ECON 102, ECON 202, GEOG 101, HIST 101, HIST 103 |
| K 5 Humanities (Hum) | HIST 102, HIST 301 |
| K 6 Individual & Society (I&S) | ANTH 107, ECON 201, GEOG 273, SOC 101, SOC 107 |
| K 7 Physical & Natural World | GEOG 107 |

* No more than two courses from a single department may be used to fulfill knowledge areas K1 through K8. For specific requirements, please visit: <http://www.cwu.edu/general-education/>.

- In addition to having an advisor in the History Department who will be able to help you with issues related to the History/Social Studies side of the program, students are assigned a professional advisor in the College of Arts and Humanities. You should plan on meeting with that advisor regularly to ensure you are current on all requirements of the Educational Foundations Major, History Major, and Teacher Certification Program requirements.
- Details on the Educational Foundations Major can be found in the Department of Curriculum, Supervision, and Education Leadership, located in Black Hall room 214-25, or at <https://www.cwu.edu/academics/educational-foundations/undergraduate/educational-foundations-major.php>. #EFC 330 and EFC 480 each require a separate application in advance by a specific deadline. See <https://www.cwu.edu/academics/field-experiences/> for deadlines.