Department of Psychology

Bachelor of Arts

Four-Year Academic Road Map

Sample only—your academic advisor will help you create a plan that is right for you.
Upper-division electives will be selected in consultation with your faculty mentor.
Example for 60 credit Psychology Major:

YEAR 1	Fall Quarter	Winter Quarter	Spring Quarter
	UNIV 101	ENG 101A	ENG 101B
	PSY 101 (K6) General Psychology	K3: Creative Expression (ex: ART 103)	K4: Global Dynamics (ex: GEOL 101)
	K2: Cmty, Culture & Citizenship (ex: LAJ 102)	K8: Science & Technology (ex: BIOL 201)	K5: Humanities (ex: AIS 102)
	K7: Phys & Natural World (ex: ANTH 110)		
	Total Quarter Credits 16	Total Quarter Credits 15	Total Quarter Credits 15

YEAR 2	Fall Quarter	Winter Quarter	Spring Quarter
	2nd Program / General Elective	EMS 346 Mental Health First Aid (elective)	PSY 200 Intro to Psychology
	2nd Program / General Elective	PSY Elective (e.g. PSY 235)	PSY 300 Research Methods
	2nd Program/ General Elective	Math 130* Finite Math (elective)	2nd Program / General Elective
			2nd Program / General Elective
	Total Quarter Credits 15	Total Quarter Credits 15	Total Quarter Credits 15

YEAR 3	Fall Quarter	Winter Quarter	Spring Quarter
	PSY 362* Introduction to Statistics	PSY 363 Statistics and Research Methods	PSY Elective (e.g. Multicultural)
	PSY Group Course (e.g. Learning)	PSY Group Course (e.g. Social Psyc)	PSY Group Course (e.g. Abnormal)
	2nd Program / General Elective	2nd Program / General Elective	2nd Program / General Elective
	Total Quarter Credits 15	Total Quarter Credits 15	Total Quarter Credits 15

YEAR 4	Fall Quarter	Winter Quarter	Spring Quarter
	PSY Group Course (e.g. Cognitive)	PSY Group Course (Beh Neuro)	PSY 489 Senior Assessment
	PSY Elective (e.g. Positive Psy)	PSY Elective (if needed)	2nd Program / General Elective
	2nd Program / General Elective	2nd Program / General Elective	2nd Program / General Elective
			2nd Program / General Elective
	Total Quarter Credits 15	Total Quarter Credits 15	Total Quarter Credits 14
			Total Credits: 180

*** Assumes appropriate Math placement. If placement requirements are not met, your advisor will help you create a suitable first-year Math sequence to set you up for success.**

Advising Notes: Take PSY 101 early; Take PSY 200 in first two years-after PSY major is declared; take PSY 300, PSY 362, PSY 363 in order one at a time beginning in Fall, Winter or Spring of Second Year or Fall of Third Year. Complete PSY Groups I-V and then add any remaining electives needed during the Fourth Year. Take PSY 489 during the Fourth Year. **Total Quarter Credits will vary.**

Suggested second programs: *Child Development Family Science, Interdisciplinary Studies – Social Sciences, Law and Justice, Sociology/Social Services*

Department Webpage **CWU Course Catalog** **General Education** **General Degree Requirements**