



# Interdisciplinary Studies-Social Sciences

## Bachelor of Science

### Four-Year Academic Road Map

Sample only: Small Interdisciplinary Studies-Social Sciences major with minors in Psychology and Sociology— students will create their individualized degree plan aligned with their professional, educational, and personal goals with the guidance of their faculty mentor in IDS 289 course.

| <b>YEAR 1</b> | Fall Quarter  | Winter Quarter   | Spring Quarter  |
|---------------|---|--|---|
|               | UNIV 101<br>PSY 101 (K6) General Psychology-minor<br>K2: Cmty, Culture & Citizenship (ex: LAJ 102)<br>K7: Phys & Natural World (ex: ANTH 110) | ENG 101A<br>K3: Creative Expression (ex: ART 103)<br>K8: Science & Technology (ex: BIOL 201) | ENG 101B<br>K4: Global Dynamics (ex: GEOL 101)<br>K5: Humanities (ex: AIS 102)<br>IDS 289 Introduction to the Major |
|               | Total Quarter Credits 16  | Total Quarter Credits 15   | Total Quarter Credits 16  |

| <b>YEAR 2</b> | Fall Quarter   | Winter Quarter  | Spring Quarter   |
|---------------|--|---|--|
|               | PSY 313 Developmental Psychology-minor<br>IDS 305 Surviving to Thriving<br>SOC 301 Introduction to Social Services-minor | PSY 300 Research Methods<br>310 Multicultural Psychology-minor<br>IDS 416 Understanding Misunderstandings | PSY 346 Social Psychology-minor<br>SOC 310 Social Work Methods-minor<br>IDS 420 Working with People in Diverse Environments<br>IDS 389 Academic and Career Exploration |
|               | Total Quarter Credits 14   | Total Quarter Credits 15  | Total Quarter Credits 16   |

| <b>YEAR 3</b> | Fall Quarter  | Winter Quarter  | Spring Quarter  |
|---------------|---|---|---|
|               | SOC 442 Social Welfare Policies-minor<br>PSY 449 Abnormal Psychology-minor<br>PSY 438 Substance Abuse-minor | SOC 420 Death and Dying-minor<br>PSY 445 Clinical and Community PSY<br>IDS 321 Body Image | PSY 454 The Helping Interview<br>IDS 490<br>PSY 476 Psychopharmacology<br>SOC 343 Child Abuse-minor |
|               | Total Quarter Credits 15  | Total Quarter Credits 15  | Total Quarter Credits 16  |

| <b>YEAR 4</b> | Fall Quarter   | Winter Quarter   | Spring Quarter  |
|---------------|--|--|---|
|               | SOC 365 Sociology of Families-minor<br>LAJ 311 Family Law<br>IDS 354 Bedlam to Bellevue<br>IDS 490 | PSY 415 Behavioral Medicine<br>LAJ 326 Correctional Counseling<br>ANTH 333 Culture and Marriage<br>IDS 490 | IDS 489 Senior Portfolio Project<br>LAJ 453 Domestic Violence Issues<br>PSY 478 Behavioral Neuroscience<br>IDS 335 Toxic Romance in the Media |
|               | Total Quarter Credits 16   | Total Quarter Credits 15   | Total Quarter Credits 15  |

**Total Credits: 180**

\* Assumes appropriate Math placement. If placement requirements are not met, your advisor will help you create a suitable first-year Math sequence to set you up for success.

Department Webpage



CWU Course Catalog



General Education



General Degree Requirements

