



Department of Health Sciences

Public Health, Bachelor of Science Pre-Nursing Specialization

Four-Year Academic Road Map

Sample only—your academic advisor will help you create a plan that is right for you.

YEAR 1	Fall Quarter			Winter Quarter			Spring Quarter		
	UNIV 101	Transition to CWU	1	K1, K2, K3, K4, or K5*	4-5	K1, K2, K3, K4, or K5*	4-5		
	PUBH 209	Consumer Health	4	K1, K2, K3, K4, or K5*	4-5	PSY 101	General Psychology	5	
		Academic Writing I	5	CHEM 112+Lab	Intro to Organic Chem	5	CHEM 113+Lab	Intro to Biochemistry	5
		CHEM 111+Lab	Intro to Chemistry	5					
	Quarter Credits	15	Quarter Credits	13-15	Quarter Credits	14-15			

YEAR 2	Fall Quarter			Winter Quarter			Spring Quarter		
	PUBH 230	Foundations of Public Health	4	HESC 360	Stats in Health Sciences	5	PSY 313	Developmental Psychology	4
	PUBH 240	Writing in Health Sci	4	PUBH 311	X-Cultural Practices	4	NUTR 101	Intro to Human Nutrit	5
	PUBH 250	Intro to Health Policy	4	PUBH 317	Global Health Issues	4	General Coursework**	6	
		K1, K2, K3, K4, or K5*	4-5	General Coursework**	3				
	Quarter Credits	16-17	Quarter Credits	16	Quarter Credits	15			

YEAR 3	Fall Quarter			Winter Quarter			Spring Quarter		
	PUBH 320	Environmental Health	4	PUBH 380	Epidemiology	4	PUBH 375	Theories of Health Behav	4
	PUBH 324	Infect/Noninfec Disease	4	BIOL 322	Intro to Microbiology	5	K1, K2, K3, K4, or K5*	4-5	
	BIOL 220	Intro to Cell Biology	5	IHP 350+Lab	Gross Anatomy	6	IHP 351+Lab	Physiology	5
		General Coursework**	2						
	Quarter Credits	15	Quarter Credits	15	Quarter Credits	13-14			

YEAR 4	Fall Quarter			Winter Quarter			Spring Quarter		
	PUBH 445	Profess in Public Health	2	PUBH 422	Community Health Promotion	4	PUBH 460	Public Health Ethics	3
	PUBH 470	Public Health Program	4	PUBH 489	Academic Service Learn	12	PUBH 488	Culminating Experience	3
		General Coursework**	10				General Coursework**	10	
		Quarter Credits	16	Quarter Credits	16	Quarter Credits	16		

*Any course from any of these General Education Requirements is fine. Speak to your advisor for some suggestions.

**Coursework of your choosing-this could be completing a minor, prerequisites for graduate school, or courses that you're interested in taking for some other reason. Necessary to reach 180 credits needed.

[Department Webpage](#)

[CWU DEGREE REQUIREMENTS](#)

[CWU Course Catalog](#)