



Department of Family and Consumer Sciences

Family and Consumer Sciences, Bachelor of Arts

Four-Year Academic Road Map

Sample only—your academic advisor will help you create a plan that is right for you.

| YEAR 1 | Fall Quarter | | | | Winter Quarter | | | | Spring Quarter | | | | | | | | | | | | | | |
|-----------------|-------------------------|-------------------|-----|-------|----------------------------|-----------------------|-----|-----------------|----------------------------|--------------------------|-----|-------|--|--|--|-----------------|--|--|--|-------|--|--|--|
| | UNIV 101 | Transition to CWU | 1 | | CDFS 234 | Contemporary Families | 4 | | Quantitative Reasoning | | 5 | | | | | | | | | | | | |
| | CDFS 232 | Child Development | 4 | | K1, K2, K3, K4, K5, or K7* | | 4-5 | | K1, K2, K3, K4, K5, or K7* | | 4-5 | | | | | | | | | | | | |
| | Academic Writing I | | 5 | | K1, K2, K3, K4, K5, or K7* | | 4-5 | | NUTR 101 | Intro to Human Nutrition | 5 | | | | | | | | | | | | |
| | K2, K3, K4, K5, or, K7* | | 4-5 | | | | | | | | | | | | | | | | | | | | |
| Quarter Credits | | | | 14-15 | | | | Quarter Credits | | | | 12-15 | | | | Quarter Credits | | | | 14-15 | | | |

| YEAR 2 | Fall Quarter | | | | Winter Quarter | | | | Spring Quarter | | | | | | | | | | | | | | |
|-----------------|----------------------------|----------------------|-----|-------|----------------------------|---------------------------|-----|-----------------|----------------------|------------------|---|-------|--|--|--|-----------------|--|--|--|----|--|--|--|
| | FCS 367 | Family Housing | 3 | | K1, K2, K3, K4, K5, or K7* | | 4-5 | | CDFS 236 | Parent Education | 4 | | | | | | | | | | | | |
| | K1, K2, K3, K4, K5, or K7* | | 4-5 | | FCS 371 | Real World Finance | 3 | | CDFS 237 | Human Sexuality | 4 | | | | | | | | | | | | |
| | FCS 205 | FCS Entry Assessment | 1 | | ATM 301 | Intro to Fashion Industry | 4 | | General Coursework** | | 7 | | | | | | | | | | | | |
| | General Coursework** | | 8 | | General Coursework** | | 4 | | | | | | | | | | | | | | | | |
| Quarter Credits | | | | 16-17 | | | | Quarter Credits | | | | 15-16 | | | | Quarter Credits | | | | 15 | | | |

| YEAR 3 | Fall Quarter | | | | Winter Quarter | | | | Spring Quarter | | | | | | | | | | | | | | |
|-----------------|----------------------|--------------------|----|----|----------------------|--|----|-----------------|----------------------|--|----|----|--|--|--|-----------------|--|--|--|----|--|--|--|
| | NUTR 240 | Intro to Foods | 2 | | Major Elective*** | | 4 | | Major Elective*** | | 4 | | | | | | | | | | | | |
| | NUTR 240Lab | Intro to Foods Lab | 2 | | General Coursework** | | 12 | | General Coursework** | | 12 | | | | | | | | | | | | |
| | General Coursework** | | 12 | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | |
| Quarter Credits | | | | 16 | | | | Quarter Credits | | | | 16 | | | | Quarter Credits | | | | 16 | | | |

| YEAR 4 | Fall Quarter | | | | Winter Quarter | | | | Spring Quarter | | | | | | | | | | | | | | |
|-----------------|----------------------|-----------------|----|----|----------------------|---------------------|----|-----------------|----------------------|--|----|----|--|--|--|-----------------|--|--|--|----|--|--|--|
| | FCS 472 | Life Management | 5 | | CTE 405 | CTE Exit Assessment | 1 | | General Coursework** | | 15 | | | | | | | | | | | | |
| | General Coursework** | | 11 | | General Coursework** | | 14 | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | |
| Quarter Credits | | | | 16 | | | | Quarter Credits | | | | 15 | | | | Quarter Credits | | | | 15 | | | |

*Any course from any of these General Education Requirements is fine. Speak to your advisor for some suggestions.

**Coursework of your choosing-this could be completing a minor, prerequisites for graduate school, or courses that you're interested in taking for some other reason. Necessary to reach 180 credits needed.

***Speak to your advisor for options.

[Department Webpage](#)

[CWU DEGREE REQUIREMENTS](#)

[CWU Course Catalog](#)