

DEPARTMENT OF HISTORY

2026-27 catalog 4-year degree pathway

College of Arts and Humanities

Bachelor of Arts, History Social Studies Teaching

Sample only—your academic advisor will help you create an individualized plan. Students with more than one major should communicate with their advisor prior to enrollment. Upper-division (UD) electives should be selected in consultation with advisor and department faculty members.

Teacher certification candidates must meet all WA State teacher certification requirements.

Actual courses offered may be in different terms than the quarter listed in this sample plan.

YEAR 1	Fall Quarter		Winter Quarter		Spring Quarter	
	UNIV 101	Transition to CWU (1)	K2 EFC 250	Intro to Education (4)	K4 ANTH 130	Cultural Worlds (Global Dynamics) (5)
	*AWI Option	Academic Writing I (5)	LD HIST	101/102/103/143/144 (5)	K6 ANTH 107	Being Human: Past & Present (Individual & Society) (5)
	*QR Option	Quantitative Reasoning (5)	GEOG	Geography Elective 1 (5)	LD HIST	101/102/103/143/144 (5)
	LD HIST	101/102/103/143/144 (5)	APPLY TO TEACHER CERTIFICATION PROGRAM DECLARE HSST & FOUND ED MAJORS		CHECK TCP BASIC SKILLS TESTS, TAKE WEST B	
Total Quarter Credits		16	Total Quarter Credits		14	Total Quarter Credits 15

YEAR 2	Fall Quarter		Winter Quarter		Spring Quarter	
	K1 HIST 302	Historical Methods (Academic Writing II) (5)	EDSE 302	Inclusive Prac in Classroom (3)	EFC 320	Multicultural Education (3)
	PSY 314	Human Devel & the Learner (4)	ECON Elec	ECON 101, 102, 201, or 202 (5)	EFC 330	Field Experience (2)
	LD HIST	101/102/103/143/144 (5)	K7 Option	Physical & Natural World (5)	EDBL 405	Instruct of Multilingual Lnrs(3)
			K5 Hist 301	Pacific Northwest History (Humanities) (5)	POSC 210	American Politics (5)
Total Quarter Credits		14	Total Quarter Credits		18	Total Quarter Credits 13

YEAR 3	Fall Quarter		Winter Quarter		Spring Quarter	
	EFC 340	Methods of Instruction (3)	EFC 350	Classroom Management (3)	EFC 440	Education Law (3)
	EFC 315	Educational Assessment (3)	UD HIST	300-400 level History from Field (5)	UD US HIST	300-400 level United States History (5)
	EFC 416	Educational Tech (3)	GEOG	Geography Elective 2 (5)	K3 Option	Creative Expression (5)
	K8 Option	Science & Technology (5)			Elective	Explore/minor (5)
Total Quarter Credits		14	Total Quarter Credits		13	Total Quarter Credits 18

YEAR 4	Fall Quarter		Winter Quarter		Spring Quarter			
	UD HIST	300-400 level History from Field (5)	HIST 421	Methods & Mat in Soc St (5)	EFC 480	Student Teaching (16)		
	HIST 481	Senior Thesis (4)	Elective	Explore/minor (5)				
	Elective	Explore/minor (5)	Elective	Explore/minor (5)				
	APPLY FOR SPRING EFC 480 BY 10/1		COMPLETE WEST-E CONTENT EXAM					
	Total Quarter Credits		15	Total Quarter Credits		14	Total Quarter Credits	16
Total Credits								180

*Assumes appropriate placement. If placement needs are different, your advisor will help you create a suitable first-year Math/Academic Writing sequence to set you up for success.

K1, K2, etc = Knowledge Area (Gen Ed)

LD = Lower Division (100-200 level)

UD = Upper Division (300-400 level)

HISTORY SOCIAL STUDIES TEACHING, BA							
Required Course Credits: 24			Credits	Prerequisites	Fall 26	Winter 27	Spring 27
HIST	301	Pacific Northwest History	5			✓	✓
HIST	302	Historical Methods	5	<i>GE Academic Writing 1 (AW I)</i>	✓	✓	✓
HIST	421	Methods/Mat Soc Studies Sec	5	<i>EFC 340 & Teacher Cert Pgm</i>	✓	✓	✓
HIST	481	Senior Thesis	4	<i>HIST 302/C min and Senior</i>	✓	✓	✓
POSC	210	American Politics	5		✓	✓	✓
		Total	24				
Lower-Division Required Credits: 20							
Select four courses from:							
HIST	101	World History to 1500	5		✓	✓	✓
HIST	102	World History: 1500-1815	5		✓	✓	✓
HIST	103	World History Since 1815	5		✓	✓	✓
HIST	143	United States History to 1865	5		✓	✓	✓
HIST	144	US Hist Since 1865	5		✓	✓	✓
		Total	20				
Upper-Division United States: 5							
Take one of the following:							
HIST	314	Military History of US	5			✓	
HIST	339	Colonial British America	5				
HIST	438	American Indian History 1795	5		✓		
HIST	440	American Revolution	5				✓
HIST	442	Jefferson, Jackson & American	5				
HIST	443	West in American History	5				
HIST	444	Sect/Civil War/Recon	5				
HIST	448	History of LatinXs in PacNW	5			✓	
HIST	450	US Cultural History	5				
HIST	452	20th Century U.S.: 1919-1945	5				
HIST	455	The US 1950s	5				
HIST	457	Rock and Roll as Art/History	5				
		Total	5				
Upper-Division Geographic Field Electives: 10							
Select two total courses from different fields:							
		Africa					
HIST	330	Africa to 1800	5				✓
HIST	331	Africa Since 1800	5		✓		
HIST	459	Childhood and Youth in Africa	5				
		Asia					
HIST	380	Modern East Asia	5				
HIST	383	East Asian Civilization	5				
HIST	468	Modern Japanese History	5				✓
HIST	477	Vietnam: Rev in Full Circle	5		✓		
HIST	478	Russian Far East	5				
HIST	479	History of Korea	5			✓	
HIST	483	Modern China	5		✓		
HIST	484	Gender and History in Asia	5				
HIST	485	Trauma History in East Asia	5				
		Europe					
HIST	313	History of Rome 500BCE-500CE	5				

HIST	325	Renaissance and Reformation	5				✓
HIST	370	Medieval European History	5			✓	
HIST	375	European Enlightenment	5				
HIST	422	Roman and Medieval Britain	5		✓		✓
HIST	423	The Irish Revolution	5				
HIST	424	Modern Ireland 1798-Present	5				
HIST	426	France 1789 - 1945	5				
HIST	427	Modern Britain	5				
HIST	428	Early Modern Britain 1485-1763	5			✓	
HIST	429	Ireland and Empire	5				
HIST	432	The Era of World War I	5				
HIST	433	World War Two in Europe	5				
HIST	435	The Holocaust	5			✓	✓
HIST	469	Hist Russ Sov Women	5				
HIST	472	Germ Hist Since 1815	5				
HIST	473	Russia to 1881	5				
HIST	474	Russia Since 1881	5				
HIST	475	Stalin and Stalinism	5				
HIST	476	History of Modern East Europe	5				
		Latin America					
HIST	321	Lat Amer Through Film/Art/Mus	5				
HIST	328	Modern Latin America	5				
HIST	385	Aztec/Inca/Maya:Empire	5				
HIST	386	The Latin American Colonies	5		✓		
HIST	488	Mexico in Modern Era	5			✓	
		Middle East					
HIST	316	History Islamic Civilizations	5				
HIST	378	Islam and Asia	5				
HIST	464	History of Islamic Science	5				
HIST	466	The Gunpowder Empires	5		✓		
		World/Transcont					
HIST	303	Digital History	5				
HIST	320	Narcotics in World History	5				
HIST	322	World Prehistory	4				✓
HIST	329	The Tropics & the Modern World	5				
HIST	332	History of the Black Diaspora	5				
HIST	449	Transntl Hist LatinX in US	5				
		Total	10				
Economics - Select one course from:							
ECON	101	Economic Issues	5				
ECON	102	World Economic Issues	5				
ECON	201	Principles of Economics Micro	5		✓	✓	✓
ECON	202	Principles of Economics Macro	5	<i>ECON 201</i>	✓	✓	✓
		Total	5				
Sociology/Anthropology - Select one course from:							
ANTH	107	Being Human: Past & Present	5		✓		
SOC	101	Social Problems	5			✓	✓
SOC	107	Principles of Sociology	5		✓	✓	✓

		Total	5				
Geography (group 1) - Select one course from:							
GEOG	101	World Regional Geography	5		✓	✓	✓
GEOG	107	Our Dynamic Earth	5		✓	✓	✓
GEOG	304	Economic Geography	5				
GEOG	346	Political Geography	4				
		Total	4-5				
Geography (group 2) - Select one course from:							
GEOG	273	Geography of Rivers	5				
GEOG	355	Geography of the Pacific NW	4				
GEOG	366	Geography of the Middle East	4				
GEOG	368	Geography of Middle America	4				
GEOG	370	Geography of South America	4			✓	
GEOG	371	Geography of Europe	4		✓		
GEOG	375	Geography of Asia	4			✓	
		Total	4-5				
TOTAL HISTORY CREDITS 77-79							
PLUS THE FOLLOWING EDUCATIONAL FOUNDATIONS PROGRAM							
<i>Please consult with an advisor for guidance with the sequence of education courses.</i>							
Pre-Admission Phase - these courses <i>do NOT</i> require full admission to Teacher Certification Program							
EFC	250	Introduction to Education	4	APPLY TO TCP BY END OF THIS COURSE! <i>cwu.edu/teacher-certification</i>	✓	✓	✓
EFC	320	Multicultural Education	3	<i>Pre/Co-req: EFC 250</i>			
EDBL	405	Instruct of Multilingual Learners	3	Formerly EDBL 401	✓	✓	
EDSE	302	Inclusive Practices in Classroom	3	<i>EFC 250</i>	✓	✓	
PSY	314	Hmn Dev & Learner	4		✓	✓	✓
Pedagogy Phase - these courses <i>REQUIRE</i> full admission to Teacher Certification Program							
EFC	330	Field Experience	2	<i>EFC 250, PSY 314. Pre/co: EFC 320. By permission only. This course requires separate advanced application one quarter prior to taking it. Deadlines: Pre-Fall/Fall: 4/1; Winter: 10/1; Spring: 1/1</i>	✓	✓	✓
EFC	315	Educational Assessment	3	<i>EFC 250, PSY 314, Pre/co-req EFC 320</i>	✓	✓	✓
EFC	340	Methods of Instruction	3	<i>PSY 314, EFC 320, EFC 250; Pre/co-req EFC 315 & 330</i>	✓	✓	✓
EFC	350	Classroom Management	3	<i>PSY 314, EFC 320, EFC 250; Pre/co-req EFC 315, EFC 330, EFC 340, & EFC 416</i>	✓	✓	✓
EFC	416	Educational Technology	3	<i>PSY 314, EFC 320, EFC 250; Pre/co-req EFC 315, EFC 330, EFC 340</i>	✓	✓	✓
EFC	440	Education Law	3	<i>PSY 314, EFC 315, EFC 320, EFC 250; Pre/co-req EFC 340, EFC 350, EFC 416, EDSE 302, & EDBL 405</i>	✓	✓	✓
HIST	421	Methods & Materials	5	<i>Full admission to Teacher Cert Program</i>	✓	✓	✓
Clinical Practice Phase - these courses <i>REQUIRE</i> full admission to Teacher Certification Program							
Apply for student teaching two quarters prior. West-E/NEWS attempt required before taking.							
EFC	480	Student Teaching	16	<i>Full admission to Teacher Cert Program</i> Deadlines: Fall: 1/15; Winter: 5/1; Spring: 10/1	✓	✓	✓

TOTAL CREDITS FROM ED FOUNDATIONS	55	
TOTAL COMBINED CREDITS	132-134	