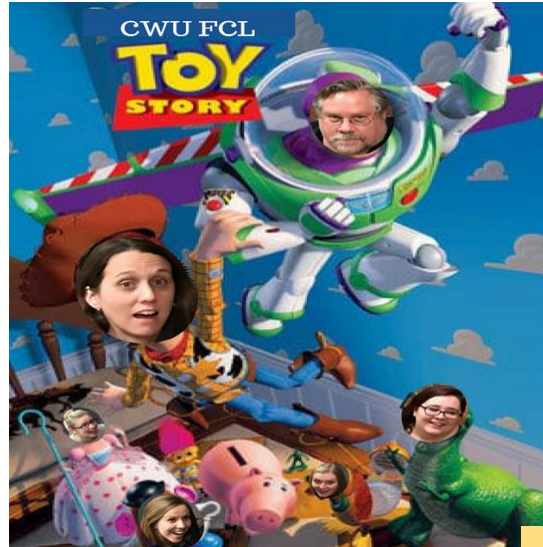


CWU FCL Toy Story

The CWU FCL professors are ready for spring quarter and we hope you are too. This image was the winner from the FCL holiday party during fall quarter. Special thanks to Sarah Rudy for editing it and congratulations to all the individuals in her group for winning. Let's finish the quarter strong FCL students.



Poverty Simulation

Dr. Sarah Feeny facilitated the annual poverty simulation on January 26. A student attendee stated "This experience was truly eye opening, you go into it thinking it will be easy but that's just the opposite of what actually happens. You don't get to choose your family or your situation, meaning you have to work through whichever situation you are placed with, there is no preparation or choosing an "easier" experience. It makes you really feel a small piece of what families in poverty go through on a daily basis. The poverty simulation is a great way to gain empathy and understanding for what resources are available and how these resources need improvement in order to support these families as efficiently as possible."

- Emily Lawrence
Family & Child Life Senior



Kadlec Regional Medical Center Outpatient Party

Several Child Life Club students had the opportunity to volunteer at an outpatient party put together by Jennifer Jones, a Child Life Specialist at Kadlec. A student attendee stated "Gesa Carasouel of Dreams seemed to be the perfect place to host this fun celebration! It was so great to see patients and their whole families enjoying all the activities and endless carousel rides! I really enjoyed meeting and playing with the children and watching their excitement as they got to pick out their own holiday presents."

-Lauren Newman
Family & Child Life Grad Student



Valentine's for Seniors

"Valentine's Day is a time when we show the ones we love just how much they mean to us. This year, the Family Science club made time to spread that joy by showering those who could use an extra smile with heartfelt cards. The elderly are incredible humans who are often forgotten, especially those that live in care facilities and are removed from their family and friends. As a club, we wanted to change that. It warmed my heart to have so many students willing to participate in our tabling event at the SURC. The cards were delivered to Pacifica assisted living facility who allowed our club to personally deliver each card. We enjoyed getting to be a part of witnessing the joy and excitement in their faces! I truly hope our club decides to make this a yearly event."

-Ashley Arriaga

Family Science Club President



Happy Hearts

A Child Life student founded a non-profit to support families. "Happy Hearts is a non-profit through the American Childhood Cancer Organization, that helps families with travel expenses to and from the hospital while traveling long distances for chemotherapy in rural Washington where resources are not as plentiful. I created Happy Hearts after seeing a need for it in the community, working closely with a family whose child is a cancer survivor, and realizing many families would benefit from assistance. Some families have to travel far distances just to get chemotherapy (the drive is longer than chemo treatment). Happy Hearts is able to make it slightly easier for these families who are already going through a hard time."

-Maddie Packard

Family & Child Life Senior



Our Winter quarter meeting schedule will be posted in Room 207 at the beginning of next quarter!

Questions or comments for FS Club, contact Club President Ashley Arriaga at Ashley.Arriaga@cwu.edu or Club Advisor Dr. Sarah Feeny at Sarah.Feeney@cwu.edu

Questions or comments for CL club, contact Club President Alyssa Hamilton at Alyssa.SalangsangHamilton@cwu.edu or Club Advisor Professor Katy Tenhulzen at Katy.Tenhulzen@cwu.edu

Student Spotlight

Kaitlyn Pellens



Last Summer Kaitlyn spent 5 weeks at Hou Kong Premier School in Macau, China teaching English. "Studying abroad was an awesome experience to see and explore a new culture. I enjoyed my unique experience of working in a preschool with two and three-year olds and watching their English skills flourish. Of you have an opportunity to study abroad take it".

-Kaitlyn Pellens

Family and Child Life Senior

Family & Child Life Night

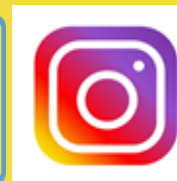
Join us at the upcoming Family and Child Life Night to network with alumni of the program and practicum supervisors from the community! This "professional development event" will take place in Michaelsen 207 on Thursday March 7th from 5-6:30pm.

Cold Weather Clothing & Sleeping Bag Drive

"The graduate students are collecting cold weather clothes and sleeping bags for the cold weather shelter (CWS)! The CWS is a non-profit that runs during the cold months offering meals and shelter for homeless people in the community."

They have set up donation boxes in the lobby in Michaelsen and a gofund me account. Please consider donating and reach out to the graduate students with questions (drive ends March 9th).

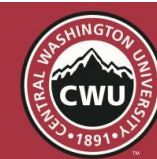
-Mariah Ruziska
Family & Child Life Grad Student



CWU Family Science Club

CWU Child Life Club

CWU Family and Child Life



FAMILY AND CHILD LIFE

For information about the undergraduate or graduate programs contact Dr. Amy Claridge at Amy.Claridge@cwu.edu