## Test-Taking Timeline

### Before the Test
- Maintain a growth mindset
- Make a study schedule
- Know the exam format and time limit
- Make a study guide
- Review for short periods rather than cramming
- Attend class and go to PALS if applicable
- Meet with a tutor or academic coach

### During the Test
- Carefully read the instructions
- Take a moment to consider what the question is really asking
- If you are stuck, move on to other questions
- Make sure you have answered all parts of multiple part questions
- Review the test before turning it in

### After the Test
- Reward yourself for completing the test
- Review the questions that you missed
- Seek help to understand why you missed questions: ask your professor, a classmate, or a tutor
- Use the Exam Debrief handout to help you prepare for future tests
- Plan future study sessions to meet your goals