**Services & Activities Fee Annual Program Review**

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| Program Name: | University Recreation |
| Program Manager: | Michael Montgomery |
| Fiscal Year: | FY2024 |

1. In what way(s) does your program support CWU students? Please be specific and concise.

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| University Recreation serves the Central Washington University student body through a variety of programs and services. We promote student development and involvement, foster a sense of community, and enhance a student’s overall health and wellness through the dimensions of wellness. |

1. What are your specific program goals or learning/operational objectives? How are you assessing the effectiveness of your program in achieving those targets?

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| 1. Student participants will increase their academic performance and persistence    * Review of GPA for Recreation Center users and non-users 2. Student employees will gain valuable work experience and transferable skills    * Exit interviews for student employees 3. A community of engaged Wildcats with a passion for life in motion  * Annual engagement data   Increased efforts on assessment in FY 24. GPA study to be replicated. Customer experience assessments to be implemented Winter Quarter. |

1. What is the overall purpose of your program and what service(s) does your program provide?
   1. Are there overlaps or intersections with other university programs that have similar purposes or services?

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| University Recreation cultivates inclusive opportunities promoting a lifelong commitment to health and wellness. University Recreation consists of multiple programs and services that include facilities (Recreation Center, Recreation Sports Complex, Alder Recreation Complex, Lister Tennis Courts), programs (intramural sports, sport clubs, group exercise, personal training, outdoor trips, climbing wall, aquatic swim sessions, informal recreation) and services (student employment, gear rental and repair, equipment rental). |

1. How does your program align with the purpose of S&A funding? “*Supporting cocurricular and extracurricular activities and programs participated in by students in the furtherance of their education*.”

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| S&A funds are used to provide programs and facilities to the students at CWU and in FY24 this includes growing our Esports program, Intramural Sports (officiated and non-officiated sports), Sport Clubs (insurance coverage, equipment and uniform support, and competitive team travel), OPR (gear equipment rental, guided trips, educational programs), Climbing Wall (instructional programs, belay certifications), and supports student staff certifications in order to remove barriers to their growth and advancement in a chosen field. CPR/FA Certifications are provided to all student employees and specialized certifications are provided in Group Exercise, Personal Training, OPR, and the Climbing Wall. The S&A allocation now comes in as a lump sum, a departure from previous years. This now helps support the facilities for insurance, utilities, staffing, and providing a location for programs to occur. |

1. Please provide specifics on how your program supports and aligns with CWU’s strategic plan (<https://www.cwu.edu/about/mission-vision/_documents/cwu-vision-mission-values-strat-plan-bot-approved.pdf>)?

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| The primary method in which University Recreation supports CWU’s mission and goals is through student wellness. We advocate for student wellness and promote the dimensions of wellbeing on our website and in our marketing materials in an effort to educate students about how to be well. Recreation is able to support all 9 dimensions through our programs and services.  Physical and Social wellness are the first thought of, yet we support financial and occupational wellness primarily through student employment; the remaining dimensions are equally important and can be seen in OPR (environmental, spiritual), competitive sports (intellectual), and yoga (emotional). Through policies and practices, we create an environment that welcomes everyone, and we will continue to build cultural competency with our staff and participants. |

1. Please provide detailed information regarding who utilizes your program? (*Students, faculty, staff, community? Specific demographic information? Class standing, gender, ethnicity, transfer, campus location, etc*.)

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| Swipes:   * Recreation Center: 71,194 * Climbing Wall: 1820 * Aquatic Center: 449   Reservations:   * 1146.5 Hours   PT Sessions: 917  Group X:   * Classes: 170 * Registrations: 917   Sport Clubs: Club and roster   * Baseball 17 * Cheer Cats 12 * Equestrian 22 * Golf 11 * W LAX 18 * Mens Soccer 24 * Spikeball 30 * Tennis 30 * Mens VB 22 * Wrestling 15 * Climbing 49 * Dance 12 * eSports 44 * Mens LAX 24 * Womens Soccer 25 * Swim 31 * Ultimate 24 * Womens VB 31 * Water Polo 14 * Cycling 10   Intramurals:  # of People # of Games # of Teams  Flag Football 122 47 12  Volleyball 76 25 9  Pickleball 8 8 4  Total 206 80 25  Demographics not provided due to software limitations |

1. How many unique CWU students utilize your program or services?
   1. How do you gather these metrics?
   2. If you do not, what is preventing you from getting that data and how are you determining usage by CWU students?

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| Please see above. A major hurdle for Recreation is cross referencing data between facility entries and program registrations to provide an accurate number. We are looking to investigate and provide recreation center access demographic information as a base line. |

1. Are there any current vacant positions in your program?

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| University Recreation currently has 1 vacancy & 2 interim appointments. Vacancies: Health Programming Coordinator  Interims: Director  Adventure Programs Sr. Coordinator |

1. Given the budget reductions taking place, and continuing for the remainder of the funding cycle, please tell us what specific impacts those reductions have had on your program compared to what was originally planned and included in your initial base funding request.

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| We monitor usage of our facilities and reduce hours during non-peak times to save funds on staff wages. Additionally, we are reduced staffing models during non-peak times to be more efficient while still providing a safe environment and service to our users in the facility.  Fitness equipment replacement has been indefinitely postponed until funding can be secured. This is a major detriment, as the strength equipment is the original from when the doors opened in 2006.  We are evaluating operating hours and programs to determine if reduction in facility hours is necessary this summer, and if the number of programs should be reduced in FY24.  Staffing vacancies are being used to contribute to the 10% S&A reduction. |

1. Are there any circumstances or challenges that are currently impacting your ability to use your base funding allocation this year?

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| We will fully utilize the S&A allocation this year while providing programs to students. |

1. What other funding does your program receive? What percentage of your program’s total funding is coming from S&A Fees?

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| Our Esports program, while non-traditional with the use of consoles, has been extremely well received and is an area we are investing more resources. We are starting to field inquiries about the program from potential students, as a deciding factor in the choosing their next school.  Many of our programs are going through a refinement stage, ensuring they deliver the objectives and high customer experience as the number of offerings has gone done to match enrollment. Many are being “rightsized” to match the current campus population.  Our goal is always to reach and get more students engaged in Recreational programs. |

1. What growth or expense increases do you anticipate seeing in the future?

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| Recreation will have upcoming expenditures for the SURC. This includes network upgrades, boiler replacements, and roof repair.  Other expense increases include COLA of professional staff, state minimum wage increase for January 2024, and continued increase in goods and insurance. |