



CENTRAL WASHINGTON UNIVERSITY

September 30, 2009

Commission on Accreditation for Dietetics Education
1200 South Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995

Dear CADE and Review Team:

Thank you for the notification of continued accreditation for the CWU Dietetic Internship Program. As a program director, I appreciate the dedication and time CADE commits to facilitating the accreditation process. It has been a beneficial process, however arduous, in developing and implementing procedures to assure program quality.

In response to the letter of August 5, 2009, the following action has been taken related to Standard Three, Program Management and Criterion 3.6.2.2.

Language on the web page has been changed to include the following statement:

- Graduates are eligible to take the examination to become a registered Dietitian that is administered by the Commission of Dietetic Registration (CDR).

A print copy of the web page is included. The online material can be accessed at:

<http://www.cwu.edu/~nehs/nutr/internship.php>

If there are further questions I can be reached at 509-963-2786.

Sincerely,

Linda Cashman, MS, RD
Assistant Professor and Dietetic Internship Director
Central Washington University

September 30, 2009

Commission on Accreditation for Dietetics Education
1200 South Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995

Dear CADE and Review Team:

Thank you for the notification of continued accreditation for the CWU Dietetic Internship Program. As a program director, I appreciate the dedication and time CADE commits to facilitating the accreditation process. It has been a beneficial process, however arduous, in developing and implementing procedures to assure program quality.

In response to the letter of August 5, 2009, the following action has been taken related to Standard Three, Program Management and Criterion 3.6.2.2.

Language on the web page has been changed to include the following statement:

- Graduates are eligible to take the examination to become a registered Dietitian that is administered by the Commission of Dietetic Registration (CDR).

A print copy of the web page is included. The online material can be accessed at:

<http://www.cwu.edu/~nehs/nutr/internship.php>

If there are further questions I can be reached at 509-963-2786.

Sincerely,

Linda Cashman, MS, RD
Assistant Professor and Dietetic Internship Director
Central Washington University



NEHS

CWU Dietetic Internship

Nutrition Programs >

Community College
Transfers

Food and Nutrition Courses

CWU Online Catalog

Nutrition Science Club

Peer Nutrition Counseling

Food, Science, and
Nutrition Alumni

Sports Nutrition

CWU Health Career
Education ResourcesAmerican Dietetic
AssociationWashington State
Dietetics AssociationYakima Valley Dietetic
Association

Dietetic Internship Information

The Dietetic Internship Program at Central Washington University (CWU) offers an accredited Dietetic Internship (DI) through the Department of Nutrition, Exercise, and Health Sciences. The Dietetic Internship is currently granted continuing accreditation by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-0040 ext. 5400. This program provides the opportunity for:

- Certificate of completion of performance requirements for entry level dietitians through a 1200+ hour supervised practice and didactic experience
- Concentration in Community Nutrition
- Accredited supervised practice program experience required to become a Registered Dietitian
- Graduates are eligible to take the examination to become a registered Dietitian that is administered by the Commission of Dietetic Registration (CDR)

A Master of Science (MS) degree with an emphasis on Nutrition and Dietetics is optional and requires application and admission to the graduate school. That process can be completed during the spring of the Dietetic Internship.

CWU Dietetic Internship Mission

The mission of the CWU DI is to prepare competent entry level dietetic practitioners by providing academic and supervised practice experiences that satisfy the requirements for eligibility to take the exam to become a Registered Dietitian and promote the development of life-long learners.

The Dietetic Internship experience, in conjunction with the course work, provides a foundation for clinical application. Our program incorporates theory and practice to develop knowledge, skills, and attitudes essential to the practice of dietetics in accordance with the Standards of Practice in Nutrition Care for the Registered Dietitian and supports the learning and training environment to meet the needs of the preceptors and dietetic interns. The course work provides advanced study in nutrition, biochemistry, clinical and community nutrition, food systems management, and research. The graduate is prepared to function as a competent entry level dietitian and to obtain employment in dietetics-related fields.

View Program Goals and Outcome Measures [HERE](#)
View Program Program Policies & Procedures [HERE](#)

Community Nutrition Emphasis

The Community Nutrition emphasis builds on the routine activities of the WIC clinics and the School Food Service rotations. Interns work in the community to establish collaborative relationships and provide nutrition and health information to the community at large. They actively participate in community health/wellness groups, present public presentations on health and wellness, and plan and implement National Nutrition Month programs. The Community Nutrition Emphasis also includes the annual planning and implementation of Family Field Day - a community event involving numerous community partners that provides fun activities - tennis, soccer, kayaking, etc. - and healthy nutrition messages. In 2009, the event drew 360 community members as participants. Each year since 2006, the event has grown in participation numbers and reaches a more diverse population of individuals.

Master of Science Degree

CWU's DI Program is affiliated with its graduate program in nutrition. The 23 course work credits earned in the DI Program can be applied toward an M.S. degree following admission and acceptance into graduate school. A minimum of 45 credits and completion of a thesis or project is required for completion of an M.S. degree. Graduate assistantships are available and require an application process. GRE scores are required for admission to the graduate program.

Dietetic Internship Admission Requirements

- Baccalaureate degree from a US regionally accredited institution
- Verification of DPD completion or declaration of intent to complete DPD program
- GPA of 2.8 or higher (4.0 scale) in DPD courses and overall

A strong background in sciences and evidence of ability and willingness to work productively are expected of applicants

for admission to the Dietetic Internship. Experience, whether paid or volunteer, in clinical nutrition, food service management, or community nutrition is highly desirable. Intern applicant finalists will be evaluated in a short telephone interview.

Dietetic Intern applicants must complete an application packet including the following items. Further directions and forms for the packet are included in the Dietetic Internship Forms

- ADA Dietetic Internship application
- Letter of application
- Three letters of recommendation
- All official transcripts
- DPD Verification or Declaration of Intent
- Application fee

Dietetic Internship Forms

- Application Procedures [DOC]
- Program Application [DOC]
- Waiver / Recommendation [DOC]

Computer Matching

All applicants to the CWU DI must participate in the computer matching process through D&D Digital. Full instructions can be found at <http://www.dnddigital.com/>. Applicants may complete the application and payment of the \$50 fee online or through the mail. This process must be completed prior to the mid February deadline for internship applications. Applicants may access matches on the D&D website (<http://www.dnddigital.com/>) as early as midnight on the mid April match date.

D&D Digital Systems

304 Main Street
Ames, Iowa 50010
(515) 292-0490

Program Rotation Sites

Dietetic Interns complete their supervised practice experiences in a variety of sites under the direction of internship preceptors. At the current time, interns are placed in three locations - the Yakima Valley area, Wenatchee, and the Tri-Cities. In each of these areas, the internship utilizes various health care facilities including hospitals, community clinics, health departments, and school district child nutrition service offices. The Yakima valley area and Wenatchee are located in the midst of the Washington fruit and wine country. The Tri-Cities is located further southeast of Ellensburg near the Columbia River.

Every attempt is made to assign students to one of the three areas and have them complete their supervised practice activities with a limited amount of commuting. However, commuting distances vary within the areas. Interns should be prepared for a variable amount of commuting. Additionally, interns will need to be prepared for that commuting to include winter driving conditions.

View Dietetic Internship Rotations [HERE](#).

Program Completion Requirements

- Satisfactory performance on competencies in each of the supervised practice rotations
- Complete each rotation in the scheduled sequence and within the designated time
- Achieve a C or better in each didactic course
- Maintain a GPA of 3.0 or higher (4.0 scale)

Interns must complete the required hours of supervised practice and demonstrate satisfactory performance and competency throughout program rotations as evaluated by CWU faculty members and facility preceptors. Supervised practice evaluations are completed at the conclusion of each rotation with mid evaluations for the longer rotations. After successful completion of the program requirements, interns are provided with copies of the Verification Statement for completion of the Dietetic Internship. The Verification Statement is required to be eligible to take the ADA registration exam for dietitians offered by the Commission on Dietetic Registration (CDR). After passing the RD exam, intern graduates are eligible to apply for the designation of Certified Dietitian in the state of Washington. Further information on certification can be found at <http://www.doh.wa.gov/hsqa/Professions/hpqalinks.htm>. Other states will have state specific requirements for licensure/certification.

The Curriculum

The DI Program is a 14-month (five quarter) program that begins each summer quarters. The student will complete 23 credits of course work during two summer sessions. During the fall, winter, and spring quarter, the student will complete 54 credits of supervised practice experience.

Courses	Credits
Summer: Year one	
NUTR 541: Applications in Dietetics	5 cr
NUTR 543: Advanced Nutrition & Biochemistry	3 cr
NUTR 545: Advanced Studies in Developmental Nutrition	4 cr
Fall: Year one	
NUTR 492a: Dietetic Practicum	18 cr
Winter: Year one	
NUTR 492b: Dietetic Practicum	18 cr
Spring: Year one	
NUTR 492c: Dietetic Practicum	18 cr
Summer: Year two	
NUTR 540: Nutrition Education	3 cr
NUTR 547: Nutrition Update	3 cr
HRM 381: Human Resource Management	5 cr

Approximate Costs

Program costs are estimated based on tuition and fees for the 2010 academic year. Any of these costs may change without prior notice. The Dietetic Internship faculty and staff make every attempt to minimize costs to the student while maintaining quality of the program. Additional costs are associated with resources such as references that are considered to be essential for successful completion of the internship.

- Dietetic Internship Application Fee: \$35
- Computer Matching Fee: \$50
- CWU Admission Application Fee: \$35
- Tuition: Residents of the State of Washington: \$5,517.00 (for 3 quarters of Dietetic Practicum)
- Tuition: Nonresidents of the State of Washington: \$15,780.00 (for 3 quarters of Dietetic Practicum)
- Fees: \$375.00 (for 3 quarters of Dietetic Practicum)
- IT Fees: \$405 (for 3 quarters of Dietetic Practicum)
- Summer Registration: \$80 (\$40 per quarter; two summers)
- Summer Tuition \$3427.00 for 23 credits (based on 2009 tuition)
- Textbooks: \$500 (varies depending on what student has available from past education)
- Lab Coat: \$35
- Professional Liability Insurance: \$20 per year
- Housing: Variable
- Professional Meetings: Variable
- Miscellaneous: Variable (Plan for a minimum of \$500)
- Transportation: A vehicle is needed to provide transportation to supervised practice sites. Travel expenses will

vary. Each student needs to plan for commuting to and from rotation sites.

- ADA Affiliate Membership: \$50 (variable depending on DPGs selected)

Financial Aid and Loan Deferment

As enrolled students, CWU Dietetic Interns may qualify for financial aid and loan deferment. Interns are referred to <http://www.cwu.edu/~finaid/> for further information on their specific eligibility and the application process. Information on CWU Scholarships can be found at <http://www.cwu.edu/~scholar/>.

Please direct any questions to Assistant Professor and Dietetic Internship Director, Linda Cashman, at <mailto:cashman@cwu.edu>

Contact Information

Nutrition, Exercise, & Health Sciences

400 East University Way
Ellensburg, WA 98926-7572
Phone: 509-963-1911
Fax: 509-963-1848
e-mail: cashman@cwu.edu



Recommended resolution is 1024 X 768