

# SETTING SMART GOALS

## Definitions:

**Specific** — What do I want to accomplish and why?

**Measurable** — How will I know when I have accomplished it?

**Achievable** — How can I accomplish this goal?

**Relevant** — Is this the right time for me to be working towards this goal?

**Timebound** — What is my deadline for this goal ?

## Goal 1 : Enter Text

**Specific** — Enter Text

**Measurable** — Enter Text

**Achievable** — Enter Text

**Relevant** — Enter Text

**Timebound** — Enter Text

## Goal 2 : Enter Text

**Specific** — Enter Text

**Measurable** — Enter Text

**Achievable** — Enter Text

**Relevant** — Enter Text

**Timebound** — Enter Text

## Goal 3 : Enter Text

**Specific** — Enter Text

**Measurable** — Enter Text

**Achievable** — Enter Text

**Relevant** — Enter Text

**Timebound** — Enter Text

Goal 4 :Enter Text

**Specific** – Enter Text

**Measurable** – Enter Text

**Achievable** – Enter Text

**Relevant** – Enter Text

**Timebound** – Enter Text

Goal 5 :Enter Text

**Specific** – Enter Text

**Measurable** – Enter Text

**Achievable** – Enter Text

**Relevant** – Enter Text

**Timebound** – Enter Text

Goal 6 :Enter Text

**Specific** – Enter Text

**Measurable** – Enter Text

**Achievable** – Enter Text

**Relevant** – Enter Text

**Timebound** – Enter Text

Goal 7 :Enter Text

**Specific** – Enter Text

**Measurable** – Enter Text

**Achievable** – Enter Text

**Relevant** – Enter Text

**Timebound** – Enter Text