



FIRST FRIDAY LEADERSHIP TALKS

Beyond Safety: Power, Bravery, and Mutuality in the Supervisory Relationship

April 3, 2026 | 11:00 A.M. - 12:00 P.M. | Shaw-Smyser 115 or Zoom



Dr. Cindy Bruns

This session challenges the common misconception of psychological safety as the absence of discomfort or accountability. Instead, it introduces alternative frameworks for navigating power dynamics in supervisory relationships. Attendees will explore how to cultivate brave spaces and foster relational mutuality, leading to more dynamic, growth-oriented supervision grounded in authenticity and mutual respect.

Cindy Bruns, Ph.D.

Director of Counseling

Dr. Cindy Bruns is the Director of Counseling and a licensed psychologist at Central, where she has served for 16 years. She began as the training director in Student Counseling Services and assumed her current leadership role in 2017. Dr. Bruns also serves as the Survey Coordinator and Research Chair for the Association for University and College Counseling Center Directors and sits on the advisory board for the Center for Collegiate Mental Health. Her clinical and supervisory work is grounded in feminist and Relational-Cultural theory and practice.

For Leaders at All Levels: Staff, Faculty, and Students.

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