

Student Support Services

Volume I, Issue 3

January, 2006

Inside this issue:

SSS Student Appointed to CWU Board of Trustees	2
Tutoring Advice	2
Inside Story	2
Culture Club	3
International Initiatives: 2006 Study Abroad	3
Senior Timeline 2006	3
Fresh Faces around the SSS Office	4

Freshmen Fever

This fall SSS proudly welcomed 37 freshmen into our new **Get the Key** program. The purpose of the new program is to allow the students to be a part of a community to enhance learning. The students attend the same classes and are offered tutoring in a group setting. Thus far, the program has been successful. The students are not only succeeding academically, but are also expanding their social networks and making friends in the process.

Part of the **Get the Key** program has included our own section of University 101. The class was led by SSS Director Neil McFarlane, with Advisors Carolyn Thurston, Tomas Madrigal and Jessica Ford providing instruction as well. The class met once a week for 50 minutes, and introduced the students to graduation requirements and how to organize class schedules. Additionally, the

students were provided with time management and money

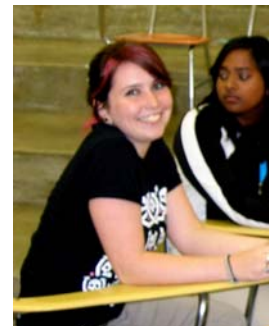


management advice.

It has been a privilege to watch these students make the difficult transition from high school to college. Naturally, a university can be a scary place for a freshman: students everywhere, sharing a small broom-closet of a room with a stranger, eating meals with hun-

dreds of other people, and the worst....communal bathrooms. Oh, did I mention the lack of parking? Let's just say the experience can be terrifying at first. Months ago these students were novice freshmen, but they have developed into university students.

This new program will continue through the year hopefully continuing to help our students make the transition into university life a bit easier.



Leading The Way With Katie Underwood

You got your first taste of Ellensburg in July with returning students jumping around and leading you into your first experience of what Central had to offer. Just when you thought that mounding enthusiasm was out of your way, you arrived at Welcome Wildcat Weekend. These leaders that introduced you to Cen-

tral were the first aspect of CWU that pulled me in to the college experience.

This is the beginning of my second year at Central and I am proud to say that I, this past summer, served as one of the leaders jumping around with too much energy on an early morning in the middle of summer. In high school I was very

active as a student leader, but I told myself after graduation that I needed to lay low and take school first when I got to Ellensburg. Well to my surprise, I just couldn't do it and that actually helped. Getting involved on campus helps you meet great people and have closer connections with your faculty members. (Continued on Page 2)

SSS Student Appointed to the CWU Board of Trustees

Does the name Jack Frost sound familiar to you? No, I am not referring to any animated characters in kid's movies. The Jack Frost I am referring to is one of the most active and involved students on this campus, and if you have not met him yet, just wait, because you will. You cannot miss this guy; he is usually sporting a cowboy hat along with his rodeo belt-buckle, and of course his backpack strapped to him like a saddle.

Jack is a Senior here at CWU, majoring in Information Tech and Administration Management. Jack began his educational career at CWU in the winter of 2003. Since he stepped onto this

campus, he has not only been actively involved in student organizations, but he has also maintained an



exceptionally high grade point average.

Last spring Jack applied to the CWU Board of Trustees in hopes of being appointed as the Student Representative. He com-

peted with thirty highly-qualified students for the one and only student position. The Washington State governor chose Jack Frost to fill this position. Jack was elated to become part of the Board, and is enjoying being an advocate for his fellow students.

In addition to all of the clubs, committees, and volunteer work that Jack fits in between classes, he still finds time to enjoy life, and bring smiles to those around him.

Do you need a Tutor?

This quarter the AAP tutoring center has been inundated with tutor requests. Due to this large need for tutoring, we at SSS would like to provide our students with alternative tutoring resources to turn to prior to requesting a tutor through SSS. These alternatives are more immediate and may be able to serve your needs if you are looking for quick advice, or short-term tutorials.

The University Math and Writing centers offer great drop-in help, as well as individual tutoring sessions. The trick is scheduling a consistent time in the center in order to meet with the same person each visit.

If it is a foreign language tutor you are looking for, the foreign language department is the place to go. The department offers excellent individual tutoring, and has

a lot of availability. If you are interested in tutoring, contact your advisor, or here is contact information for the other available sources:

Math Center-101 Hertz Hall
(509)963-1834

Writing Center- 101 Hertz Hall (509)963-1296

Foreign language Department:
102 L&L building(509)963-1218

Winter 2006 Calendar

- Feb. 16 SSS Potluck
- Feb. 9 Test Anxiety workshop
- Feb.13-17 Advising Week
- Feb.17 Uncontested Withdrawal Deadline
- Feb.20 President's Day No School
- Feb.21 SSS Spring Early Registration
- Feb. 22, Time management Workshop
- March 9 Etiquette for 2006 Workshop
- March 13 No classes/Study Day
- March 14-17 Final Exams
- March 20-27 SPRINGBREAK!!!!!!

Leading The Way With Katie Underwood (Continued From Page 1)

Living in the Residence Halls, I was able to get involved in the Residence Hall Association (RHA), which is the biggest student-led organization on campus. RHA's goal is to help plan events for the halls to fit students' needs, including events in community service, education, and socials.

In October I ran for President of Al-Monty's Residence Hall Leadership Council; sadly I lost. That didn't stop me from staying involved. I spoke

to the RHA executive board members and they helped me get involved with the Community Service Committee where I became Co-Chair and later was appointed to the position of President for my Hall Council. As the year progressed I participated in the planning of programs such our Date Auction, Campus Cruise, See-Saw-A-Thon, and Wildcat Idol.

Working with RHA also helped me to find a new passion, helping residents. With

my work in many different Halls through RHA I realized that I wanted to become a Resident Advisor (RA). The process for becoming an RA was long but well worth it. After four months of applications, interviews, and activities I learned the exciting news that I would be serving as a RA for the 2005-2006 school year.

I can't explain in words how much taking part in Student Leadership can benefit you, so try it for yourself! As

you, so try it for yourself! As this year begins look to the RA's in your hall and ask them about their job and how you can get involved. Or if you want to ask me about my experiences feel free to e-mail me at: underwoodk@cwu.edu

On Campus Endeavors: The Culture Club

Since the beginning of this academic school year I have been hearing the words 'Culture Club' again and again, but I have never really known what this club is about. I was fortunate enough to recently sit down with the President of the CWU Culture Club, Arturo Suarez, to discuss what exactly this club is all about.

Arturo explained that the purpose of the club is to record and document cultural events that occur throughout Washington and Oregon State.

The main goal is for the students to learn about other cultural customs and traditions such as music, food, and dance. Not only do they seek out knowledge of these customs, but are also searching for the meaning and significance of these events.

The reasoning behind documenting this information is to provide Central Washington University students with cultural information that is available to them. All of the information is documented and

placed within the archives of Brooks library and is available to students.

So far this year students in the club have attended Dia De Los Muertos at the Seattle Center, where the students were able to participate in a traditional Mexican celebration of the deceased. The Culture Club is now raising funds for a trip to Washington D.C over spring break. If you are interested in being a part of this fun group of students, contact Arturo at



Arturo Suarez



International Initiatives: Summer 2006 Study Abroad

In June 2006, CWU SSS student Phola Sun will be joining an exciting learning opportunity with 19 other TRIO students from across the nation.

Phola is the only student participating from our region and the first CWU SSS student to participate in the program.

The theme of the Study Abroad experience is "Building Leadership Skills in a Multicul-

tural Society" and the majority of the coursework will be at the University of Liverpool.

On top of studying in Liverpool, Phola will also travel to London and several other cities in Europe as part of an independent travel module in which they will hold planning and organizing responsibilities for the trip with the help of university staff and students.

Phola will travel to Derry in

Northern Ireland to meet those who have been involved in leading the process of change and conflict resolution after 35 years of armed conflict. In Liverpool she will also study the effects of the Trans-Atlantic Slave trade on Race relations in the UK.

If you are interested in this program for next year speak to your academic advisor and be sure to meet the deadline next December!

*"Another world
is not only
possible, She is
on her way. On
a quiet day, I
can hear her
breathing."*

-Arundhati Roy

Senior Timeline 2006

JANUARY:

1st: Renew FAFSA for Graduate Study.

13th: Deadline to apply for baccalaureate degree for Spring.

FEBRUARY:

13-17th: Advising Week

15th: Graduate Assistantship Application Deadline and Deadline for select CWU Graduate Studies Programs.

21-28th: Spring Early Registration on Safari.

MARCH:

1-3rd: Spring Early Registration on Safari.

APRIL:

1st: Deadline to apply for Graduate Studies at CWU

7th: Deadline to apply for baccalaureate degree for SUMMER

MAY:

12th: Commencement participation deadline (must submit cap & gown fee)

JUNE:

10th: Commencement Main Campus

11th: Commencement West Side

JULY:

2nd: Deadline to submit renewal FAFSA for Graduate Study.



Phola Sun



University of Liverpool

CWU

Student Support
Services
209 Hertz Hall

Phone: (509)963-2026

Fax: (509)963-1620

E-mail:

garcial@cwu.edu

Visit us on the web
<http://www.cwu.edu/~sss/>



Student Support Services– TRIO

A Word from the Director – At the beginning of this quarter I resumed my daily walks around the perimeter of the campus. It took me 50+ minutes to realize how sluggish I have become following what has been a long winter. I have now set myself the goal of walking the distance under 40 minutes by the end of the spring quarter. Did I tell you that I have also joined a gym in Yakima? And yes, I am pumping iron!!

How would you like to add something new to your portfolio this year? All it takes is your participation in any one of the several student led organizations on our Campus. Did you know that several of these are being headed up by SSS students? **Students for Service, Culture Club, Rodeo Club, GAYLA, ABLE, PROWL and MeCHA...** I am sure there are others that I have not listed and so I will keep the list open and try to highlight each of these organizations in this column from now on. If you are a member of an organization, please let Linda Garcia know by calling ext. 2026. By so doing, SSS can keep track of how many students are actively involved .

Student Support Services
Hertz Hall
Mail Stop 7430

To:

Fresh Faces Around the SSS Office...

After a long fruitful search, SSS is proud to announce the hiring of our new Academic Advisor, Tomas Madrigal (below). Tomas graduated from WSU in the Spring of 2005 with a Master's Degree in American Studies. He has a great deal of experience working in higher education and mentoring students. He has quickly become a part of the SSS team, and we are all happy to have him on board.

In addition to our



new advisor, we would also like to welcome aboard the new student staff who are hard at work in the front office, Rochelle Dean (top right), Paul Kroenung, (middle right) and Jessica Oberholser (bottom right).

Rochelle is currently a Junior here at CWU, majoring in Music. Paul is a Senior, looking forward to graduating in June 2006 with a degree in OSC. Jessica is a Junior pursuing a degree in Food Science and Nutrition, with a minor in Chemistry.

SSS would like to welcome all of these new faces, so make sure to stop in and welcome them yourself.

