

What is SHRM?

SHRM, Society of Human Resource Management, is a global professional human resource membership association. Its purpose is to improve the workplace through human resource practices by providing resources and tools to elevate and advance human potential. CWU's student chapter encompasses this message by providing students the opportunity to expand their HR knowledge and create a network with HR professionals with various backgrounds. This is done through semi-weekly zoom meetings with HR professionals, where students are told of real-life experiences and are encouraged to dive deeper in the HR world by interacting with our guest speakers.



Meet Our 2022-2023 Officers

President- Sidney Chapman

Sidney is from Kirkland, WA and her degree is in Business Management with a double specialization in Human Resources and Leadership. Her biggest reason to join SHRM was to get a better look at what it is like to be on a team and work together to make some really cool things happen!

Vice President/Director of the SHRM Merit Book- Jessica Mendoza

Jessica Mendoza is from Yakima, WA. She is currently a junior at CWU majoring in Psychology with minors in Human Resource Management and Spanish. She joined SHRM because it is a great way to network with people in her field of interest, as well as a fantastic learning opportunity. She is looking forward to her final year as a CWU SHRM officer!

Meeting Times

Every other Monday through
zoom at 5:30pm.
First Fall Quarter meeting will
be 10/3.

How to Sign Up for A National SHRM Membership

Go to SHRM.ORG and fill
the application online.
Make sure to associate
yourself with the CWU
SHRM Student Chapter
during the sign-up process.

Contact Information

shrm@cwu.edu
Social Media:
<https://www.facebook.com/groups/CWU.SHRM>

Meet Our 2022-2023 Officers Cont.

Director of Professional Relations- Taylor Good

Taylor is from Whatcom County originally, but now lives in Snohomish County. She is a Business Administration major, specializing in Human Resource Management. She wanted to be a part of SHRM to make connections with professionals and fellow classmates and to expand her knowledge of the HR world.

Director of Public Relations/Senator- Kendra Willis

Kendra is from Burlington Washington, and she came to Central Washington University to pursue a Business degree, HR specialty specifically. She knew that this is what she wanted to go into, and Central's HR program stood out from the rest. She enjoys problem-solving and helping others. She joined SHRM because it was a good opportunity to meet like-minded people and make new friends.

Admin. Assistant- Bailey Wells

Bailey Wells is from Mount Vernon Washington. She is a Psychology Major and minoring in Administrative Management and Human Resource Management. She chose to join the SHRM Board after attending the public meetings and enjoyed the information and advice from the guest speakers. She also was interested in being on the board to meet new people and get involved with the HR community.

Director of Finance- Rachel Nygren

Rachel is from Ritzville, a small town located in Eastern Washington. She is double majoring in Accounting and Human Resource Management here at Central Washington University and she is also getting a minor in the new Agribusiness program. Her interest in HR developed from her love for people, so she joined SHRM to get more involved and to spend time with those who share the same passion and areas of interest.

Director of Information Systems- Cossete Bilski

Cossete is a junior at CWU and has her associates in Business from Everett Community College. She chose to join SHRM because of how inclusive it is. She is a Business major with a minor in Human Resources.

Executive-at-Large- Zitlalli Sanchez-Colazo

Zitlalli is from Ellensburg, WA and is pursuing a double major in Psychology and Business Administration, specializing in Human Resources. She decided to go into HR because it is a career that uses both her degrees, and she enjoys working with people. She joined SHRM to be able to network with her peers but also HR professionals and to learn more about how to succeed in HR.

Fall 2022 Guest Speakers

SHRM is excited to announce a sneak peek into our Fall 2022 guest speakers. Sathy Rahendran, Professor and Program Coordinator for Safety and Health at CWU, will be deep diving into construction safety and how it ties into HR. Tanya Avermenko, Compensation & Benefits at UW Medicine, will be using her expertise and experience to talk about benchmarking and compensation. Finally, Kurt Koemmpel, HR Business Partner at Tesla, will also be one of our Fall 2022 guest speakers. Our first meeting will be 10/3 on zoom at 5:30pm.