



## OMAK GEAR-UP

COLLEGE, IT 'S NOT JUST A DREAM, IT' S A PLAN!

**FEBRAURY 2009**

### MATH EXTRAVAGANZA

Omak High  
School

Principal: John  
Belcher

Vice Principal:  
David Kirk

OHS: 509-826-  
5150

Omak Middle  
School

Principal: Jim  
Saltness

Vice Principal:  
Joe LaGrou

OMS: 509-826-  
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#### GEAR-UP

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Omak high school, Pascal Sherman Indian School, and CWU Bridges college mentors recently joined forces to focus and promote the transition program between PSIS and Omak High School. The first event in this program was two day "Math Extravaganza" held at the Pascal Sherman School. We had 30+ students participate, 10 student mentors from Omak and 22 7th—9th graders from Pascal Sherman. CWU mentors lead the math activities, snowshoe orienteering, and socializing. Emily Abrahamson from Omak and Mary LaVelle from Pascal also lead traditional native American talking circles throughout the two days. Many students and staff came away with new friends. One student commented that, "I had a lot of fun chillin' and meeting new people."

While another student said that "I learned a lot and I had a great time being there." It was a very successful event and we are already starting to plan for the next event called "Connections Through Science and Adventure" with the OHS and PSIS 9th graders. It is an Expeditionary Learning Program that utilizes teambuilding and science to excite and engage students about education while building stronger bonds between future classmates. This event will be lead by WSU Colville Reservation-Ferry County Extension Program. And GEAR UP. We will be doing an challenge event once a month until the end of the school year and will include 20 OHS students at a time with the P.S.I.S. 9th graders. Our first event will be on Feb. 20th at WVCO campus.



# LINK CREW COCOA AND CRAM

Link Crew is in its first year at Omak High School and has been a success since the very beginning thanks to David Kirk, OHS staff and student link leaders. "Link crew is a program that provides a structure which guides freshman toward both academic and social success." We have had three events

thus far all of which have been fantastic!. Our last event was "Cocoa and Cram". This event was put on by the link leaders, 20 upperclassmen, which provided a time and support for the 9th graders to study for finals and do their homework to ensure first semester success. It

was offered on two different nights and we had wonderful attendance. We are currently looking for next years link leaders to train that will begin providing support to the up and coming freshman. Link Crew has been a great addition to Omak High Schools transition program and we look forward to its continued success.



## THE BLUE SCHOLARS COME TO OMAK

The Blue Scholars are a hip hop duo based in Seattle. The group consists of one DJ Sabzi (Saba Mohajerjasi) and one MC, Geologic (George Quibuyen). The name "Blue Scholars" is a play on the term "blue collar" which is an idiom for workers who often earn meager hourly wages for manual labor. Their music and lyrics often focus on struggles between socioeconomic classes, challenging authority and youth empowerment. They are brought to us by the Methow Valley Alliance and will be coming to Omak to put on a show for the 8th—12th graders on Feb. 18<sup>th</sup>.

# FEBRUARY EVENTS

### After School Tutoring

**Tues. - Thurs: 3 - 4:30**  
**G-UP also provides tutors in Emily Abrahamson's room in the H.S. and Kory Kincaid's room in the M.S. Wherever you go we will be there to help you!**

### ESL

**Tues. & Thurs. 5:30 - 8:30**  
**G-UP provides childcare**

### Community Service

**Apple Springs Retirement**  
**Sign up in GEAR-UP room**  
**Sunday Feb 15th**

### Special Events

- Blue Scholars
- Feb. 18th -
- Othello Seattle Shakespeare Company 3/26
- 9th Grade Cohort Event
- April 28th
- Career Fair for 8th grade 2/25

### College Bound Field Trips

- WVC Campus
- Feb 12th
- Shoreline Community College Mechanics Program
- Feb. 24th
- Gonzaga University
- March 2nd
- BBC / Commercial Aviation, Industrial, Electrical.
- March 11th

# Inside Story Headline



**Caption describing picture or graphic.**

ports. While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you're finished writing your newsletter, convert it to a Web site and post it.

This story can fit 150-200 words. One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and re-

***"To catch the reader's attention, place an interesting sentence or quote from the story here."***

# Inside Story Headline

This story can fit 100-150 words. The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field. You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or an editorial. You can also profile

new employees or top customers or vendors.

# Inside Story Headline

This story can fit 75-125 words. Selecting pictures or graphics is an important part of adding content to your newsletter. Think about your article and ask yourself if the picture supports or enhances the message you're trying to convey. Avoid selecting images that appear to be out of context. Microsoft Publisher includes thou-

sands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols. Once you have chosen an image, place it close to the article. Be sure to place the caption of the image near the image.



**Caption describing picture or graphic.**



Primary Business Address  
Your Address Line 2  
Your Address Line 3  
Your Address Line 4  
Phone: 555-555-5555  
Fax: 555-555-5555  
E-mail: someone@example.com

Your business tag line here.

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.



## Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

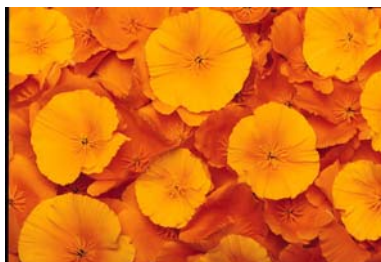
If you have any prices of standard products or services, you can include

a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual

charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



**Caption describing picture or graphic.**