

# 7<sup>th</sup> Kyokushin Challenge International Tournament Invitation

To: Martial artists from around the world. Northwest Kyokushin will be hosting an open international knockdown tournament in Spring 2008. Specifics for the event include:

Date:

April 5, 2008 10am-6pm

Special Seminar by Kancho Matsushima:

April 6, 2008 10am-12pm

Location:

Ellensburg High School  
1203 East Capitol Avenue  
Ellensburg, WA 98926

Format:

**Knockdown Division:** Traditional bare knuckle knockdown with no padding of any kind (no gloves, shin pads, body padding, or head gear). Approved\* chest protectors are allowed for females. Mouth guard and protective cup **strongly recommended**.

**Ring-Style Division:** Ring-style knockdown with gloved punches to face (no shin pads, body padding, or head gear). Throws will be allowed (within 3 seconds). Mouth guard and protective cup **strongly recommended**. Approved\* chest protectors are allowed for females.

**Semi-Contact Division:** Children and youths **up to 18 years old only**. Padded hands and shins, head gear, mouth guard and protective cup **required**. Body padding not allowed. Approved\* chest protectors are allowed for females.

\*Fabric *non-plastic* chest protection allowed for females; subject to tournament organizer approval.

**Note:** *All equipment is subject to center referee and tournament organizer approval, who reserve the right to enforce equipment equity for all competitors.*

Knockdown Division: (all weights listed in U.S. pounds)

Adult Female - Featherweight (up to 109)

Adult Female - Lightweight (110-129)

Adult Female - Middleweight (130-149)

Adult Female - Heavyweight (150+)

Adult Male - Lightweight (up to 159)

Adult Male - Middleweight (160-179)

Adult Male - Heavyweight (180-219)

Adult Male – Super Heavyweight (220+)

Ring-Style Division: (all weights listed in U.S. pounds)

Adult Female - Featherweight (up to 109)

Adult Female - Lightweight (110-129)

Adult Female - Middleweight (130-149)  
Adult Female - Heavyweight (150+)  
Adult Male - Lightweight (up to 159)  
Adult Male - Middleweight (160-179)  
Adult Male - Heavyweight (180-219)  
Adult Male – Super Heavyweight (220+)

Semi-Contact Division: (all weights listed in U.S. pounds)

Number of semi-contact divisions will be determined based on number, weight, and gender of actual tournament participants. It is anticipated there will be children's (male and female may be combined if necessary) and junior male and female divisions.

**Note:** *All weight divisions subject to change depending on number of participants in each division.*

Entry Fees:

Knockdown divisions: \$35  
Ring-style division: \$35  
Combined knockdown and ring-style: \$60  
Semi-contact division: \$25

Awards:

Trophies for 1st-3rd place all general divisions  
Trophies for 1st-3rd place all special ring-style divisions  
Trophies for 1st-3rd place all semi-contact divisions  
Special spirit award for most inspirational male and female competitor

Application and Schedule:

The tournament application is enclosed with this invitation. Please complete paperwork prior to the tournament and send it to the address listed below. All payment will be received prior to weigh-in the morning of the tournament (cash and checks only). Registration and weigh-in will begin at 8am at the Ellensburg High School Gym. Every attempt will be made to pair comparable fighters for the first round.

Mail registration forms to:

Ian Quitadamo  
608 W. Ravenswood Lane  
Ellensburg, WA 98926

Lodging:

Lodging will generally be coordinated through the Ellensburg Chamber of Commerce. This will provide the most options for fighters, coaches, support staff, and spectators to choose their lodging according to their budget. To contact the Ellensburg Chamber of Commerce, go to <http://www.ellensburg-chamber.com/>, call (888) 925-2204 or (509) 925-3138, or email to [info@ellensburg-chamber.com](mailto:info@ellensburg-chamber.com). To see lodging options directly, go to <http://www.ellensburg-chamber.com/businesses/lodging.asp>.

Some lodging options include:

Best Western – Lincoln Inn and Suites (nice hotel): approximately \$100/day (4 person occupancy)

Reservations: 866-925-4288

[www.bestwesternellensburg.com](http://www.bestwesternellensburg.com)

Holiday Inn Express (nice hotel): approximately \$100/day (4 person occupancy)

Reservations: 800-321-8791

[www.hiexpress.com](http://www.hiexpress.com)

I-90 Inn Motel (decent hotel): approximately \$68/day (4 person occupancy)

Reservations: 509-925-9844

[www.i-90inn.com](http://www.i-90inn.com)

Directions to Event:

**From Seatac Airport (I-90 east-bound):**

**Total Est. Distance: 110.67 miles**

- 1: Follow signs to I-90 from Seatac Airport.
- 2: Merge onto I-90 E. Drive 107.5 miles
- 3: Take the CANYON ROAD exit- EXIT 109- toward ELLENSBURG. Drive 0.2 miles
- 4: Turn RIGHT onto S CANYON RD. Drive 0.9 miles
- 5: S CANYON RD becomes S MAIN ST. Drive 0.4 miles
- 6: Turn RIGHT onto W CAPITOL AVE. Drive 0.9 miles
- 7: End at **Ellensburg High School: 1203 E Capitol Ave, Ellensburg, WA 98926**

**From Spokane (I-90 west-bound):**

**Total Est. Distance: 172.74 miles**

- 1: Merge onto I-90 W via the on ramp. Drive 169.9 miles
- 2: Take the CANYON ROAD exit- EXIT 109- toward ELLENSBURG. Drive 0.2 miles
- 3: Turn RIGHT onto S CANYON RD. Drive 0.9 miles
- 4: S CANYON RD becomes S MAIN ST. Drive 0.4 miles
- 5: Turn RIGHT onto W CAPITOL AVE. Drive 0.9 miles
- 6: End at **Ellensburg High School: 1203 E Capitol Ave, Ellensburg, WA 98926**

Questions and Contact Info:

Please contact Sensei Ian Quitadamo at (509) 933-4690, (509) 607-9496, or [quitadamo@fairpoint.net](mailto:quitadamo@fairpoint.net) with questions.

Osu!

Sensei Ian Quitadamo

*Yondan* – IKO Matsushima