

# CENTRAL WASHINGTON UNIVERSITY

THE CENTER FOR TEACHING AND LEARNING

DEPARTMENT OF HEALTH, HUMAN PERFORMANCE & NUTRITION

## COURSE INFORMATION:

Physical Education 161                      **CULTURAL HISTORY OF THE DANCE**  
Days and Time:                                12:00 MTWR  
Location of Class:                             PE BLDG. 205  
Course Credits:                                4 credits

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## FACULTY INFORMATION:

Instructor:                                      Therese Young  
Office Hours:                                   M/W 11-12 T/TH 10-11 F-11-12  
Office:    NP 106 (Located in Dance Studio) Office Phone: 963-1937  
Dance Studio:                                   Nicholson Pavilion 106  
Email:     [youngth@cwu.edu](mailto:youngth@cwu.edu)

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## Purpose of this Course:

This is a Humanities survey course in the evolution of dance through the ages with emphasis on the major forces which have influenced dance in the 20<sup>th</sup> century. Students will be introduced to and develop an insight for dance within a variety of cultures and effectively communicate the role and/or function of dance through various historical periods. This class will contribute to students meeting the following CWU and State Standards.

## *CWU Center for Teaching and Learning*

CTL.1.1	STANDARD: Candidates demonstrate subject matter knowledge in areas of endorsement
CTL.1.2	STANDARD: Candidates demonstrate a thorough understanding of pedagogical content knowledge
CTL.1.3	STANDARD: Candidates demonstrate a thorough understanding of professional and pedagogical knowledge and skills

## *Washington State Dance Standards*

### **5.0 Common Core: History and Cultural Context**

**K5.1** understands how dance shapes and reflects ideas, beliefs or themes in a variety of cultures throughout history.

**K5.2** understands how dance shapes and reflects ideas, beliefs or themes in a variety of cultures throughout history.

**S5.1** describes the role and function of dance and movement in various cultures from different historical periods.

**S5.2** analyzes important influences, developments and innovations in the history of various dance genres.

### **Learner Outcomes**

Describe the role of dance in societies through the ages.

Discuss the history of dance as a performance art.

Identify characteristics of dance styles and And important influences in the development Of various dance genres.

Analyze important influences, developments and trends in the history of dance.

### **Assessment of Outcomes**

Students will prepare a cultural dance presentation in groups of two or three. Each group will research a specific dance from a foreign culture and include 1) a brief discussion of the culture (and the cultural aspects included within the dance) and 2) the dance.

Students will be able to identify the roles of dance in different time periods through written tests on topic areas.

Classroom discussion and written tests.

Students will be able to correctly identify famous dance artists and their characteristic trademarks through video footage or written tests.

Students will write a research paper and prepare a multi media presentation on their topic area for classmates.

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Text: History of the Dance in Art and Education by Kraus and Chapman, Prentice-Hall, Inc., 1991.

See course outline for specific chapters.

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### **LEARNING ACTIVITIES:**

Daily Lecture and Class Discussion

Class Readings

Examinations

Films& Videotapes

Movement Experiences

Final Project

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### **COURSE CONTENT: Reading Assignments marked with an \***

Week 1 - Sep. 20-21

\* Chpt. 1 & 2

Introduction to the Course

Dance in American Society –Dance Styles and Roles

Week 2 – Sep. 25-Sep. 28

\* Chpt. 3

\* Chpt 4 up thru Court Dance

Dance through History

Roots of Dance in Primitive Societies, Ancient Civilizations and Medieval Europe

\*\*\*\*Quiz #1 Oct. 2

Week 3 – Oct.2-5  
\* Chpt. 4

\*Cultural Dance topics are due for approval.  
Renaissance & Development of Classical Ballet  
Louis XIV; Dance as a Performance Art

\*\*\*\*Quiz #2 Oct. 9

Week 4 – Oct.9-12  
\* Chpt. 5

The Romantic Era; The Russian Ballet

\*\*\*\*Quiz #3 due Oct.1

Week 5 – Oct.16-19  
\* Chpt. 8

Twentieth Century Ballet Innovation in Paris;  
Development of the American Ballet

\*\*\*\*Quiz #4 due Oct. 16

**Topic for Final Project due for approval Oct. 23**

Week 6 – Oct. 23-26

Dance presentations of cultural project.

Week 7 –Oct. 30-Nov.1  
\*Chpt.7

Trailblazers of Modern Dance

Week 8 – Nov. 6-9  
\*Chpt. 10

Modern Dance at Mid-Century  
The Experimentalists  
Contemporary Modern Dance

\*\*\*\*Quiz #5 due Nov. 13

Week 9- Nov. 13-16

Theatre Dance and Tap Dance

Week 10 – Nov. 20-21

Ballroom Dance & MTV  
**Final Papers due – Nov. 23 before break**

Week 11 –Nov.27-30

Final Project Presentations

Finals Week

Project Presentations continued.

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**FINAL GRADE:**

Attendance / Participation in class	25%
Examinations throughout quarter	30%
Cultural Dance Project	20%
Final Project	25%

**ATTENDANCE & PARTICIPATION 25%**

Attendance is essential to a comprehension of the content of the course. References will be given; however, most lectures are based on several sources. There will also be many videos shown. Roll will be taken daily. Anyone arriving late is responsible to check with instructor after class that day for roll correction.

After two absences, the attendance/ participation grade will be lowered from A to A- and continue to lower with each additional absence. Absences may be excused with a doctor's note indicating class time

& date and/or doctor's diagnosis of contagious illness; hospital documentation; attendance at mandatory school function with prior notice from the supervising faculty member; or instructor's discretion for extenuating circumstances.

**EXAMINATIONS:** 30%

Five exams will be given throughout the quarter. Content of the exams will include material from course lecture and discussion and from library readings.

**CULTURAL DANCE PROJECT:** 20%

**In groups of two or three, research a specific dance from a foreign culture. Presentation to the class should include 1) a brief discussion of the culture (and the cultural aspects included within the dance) and 2) the dance. No written paper is required.**

**FINAL PROJECT** 25%

**ASSIGNMENT OVERVIEW:**

An in-depth exploration on a topic about dance to be selected by the individual and approved by the instructor.

- The project may be done individually or in pairs.
- All work will include a paper documenting the research and/or process. **A bibliography and references of all sources must be included.**
- The content must be focused & thoughtfully presented. The writing / work must be college level. The writing must be original. **Plagiarism will result in failure.**
- Final Projects will be presented to the entire class.

**DATES:**

- Topic Approval confirmed no later than October 23<sup>rd</sup>.
- Project Paper submitted no later than Thursday, Nov. 21.
- Presentations will be given during last week of the quarter and during course Finals Week time.

**EVALUATION OF PROJECT:**

Evaluation will be based on:

- Development of the topic
- Quality of the research and content
- Quality and clarity of writing and expression
- The presentation

**EXAMPLES OF TOPICS:**

- An in-depth written study of dance in a specific culture with emphasis on the cultural motivations relating to the dance.
- Create a version of a Renaissance court dance. Research the dance, select music, choreograph and perform.
- Create a dance specific to a time period or choreographic style. Research the dance, choreograph & perform.
- Dance in relation to other arts (ex. Rhythm in Art, Music & Dance)
- Create movement and music for a dance composition (integration of sound and movement as a unified expression.)
- A historical study of a specific dance style with cultural emphasis.
  - o The history of Ballroom Dance in America, 18<sup>th</sup> century to present
  - o Tap Dance – Ethnic Roots to Modern Jazz