

# HED 210: Drugs and Health

Fall 2006

MWF 9-9:50 PE 201

Instructor: Karen Elliott, PhD

Office Phone: 963-1483

Office: PE 130

Email: [elliottk@cwu.edu](mailto:elliottk@cwu.edu)

Office Hours: M 10-12 & 2-4, T 2-4, W 10-12, TH 2-4

**Required Text:** Hanson, Venturelli & Fleckenstein (2006): Drugs and Society, Ninth Edition. Jones and Bartlett Publishing.

**Course Description:** This course is a lecture/discussion based course designed to introduce the student to essential components of drugs and health. It provides knowledge of the nature of drugs, its affect upon the body and society.

**Internet/Web Access:** You will need to access Blackboard for this course, which will have your class assignments, descriptions, etc.

**Course Objectives:** After successfully completing this course, the student will be able to:

1. Understand the various types of drugs.
2. Describe the pharmacology of drug functioning.
3. Describe the difference between drug use and drug abuse.
4. Understand critical issues related to drug use and drug abuse in our society
5. Describe the necessary components of a drug intervention.
6. Describe drug and alcohol treatment options.
7. Understand the process of informed decision making regarding drug use.

## Grading

Midterm	100 points
Final	100 points
Group Project	100 points
In-Class Activities & Quizzes	70 points
<u>Current Event Fridays</u>	<u>60 points</u>
Total points = 430 points	

## Grading Scale

Grade	Points	Percent	Grade	Points	Percent
A	405-430	94 – 100	C	314-331	73 – 76
A-	387-404	90 – 93	C-	301-313	70 – 72
B+	375-386	87 – 89	D+	289-300	67 – 69
B	357-374	83 – 86	D	271-288	63 – 66
B-	344-356	80 - 82	D-	258-270	60 – 62
C+	332-343	77 - 79	F	0-257	< 60

- **Midterm and Final:** There will be two exams worth 100 points each. *There will be absolutely NO make-up exams given.* The exams will be made up of multiple choice, matching, true/false, short answer and short essay questions and will cover course content up to that point in class.
- **Current Event Fridays:** At the beginning of each week, articles on current drug issues will be posted on Blackboard for you to read. You will type a 2 page (total, not for each article) double spaced summary discussing your thoughts, impressions, and what you learned from the articles. Each Friday we will discuss these articles in class.
- **Group Project:** You will divide into groups and write a paper on a current drug program such as needle exchange programs, drug courts, etc. The program you select must be approved by me first and it must be a public health oriented program, do not pick clinical treatment programs. The paper should be approximately 8- 10 pages and should cover the following information: background on the program (when was it started, by whom, what population does it serve, goals of the program), advantages and disadvantages of the program, specific examples, is it effective, and the group's conclusion. At the end of the paper, each group will turn in a bibliography listing the complete information for at least 5 different sources (all sources must be legitimate professional or academic authors or organizations). Each group member will also turn in a 1 ½ -2 page double spaced typed project evaluation summary describing their experience and what they learned from doing the project. Be prepared to discuss your paper in class.
- **In Class Activities & Quizzes:** Various assignments and quizzes will be given in class throughout the term. You must be in class or formally excused prior to class to complete these assignments.

**Please note:**

- Attendance is extremely important, and essential for the interactive nature of this course. You are expected to be in class every day and on time.
- I encourage and value class participation. Many of you will have interesting ideas and opinions about class topics. Please do not be afraid to speak up and voice your thoughts.
- This course is taught from a public health perspective.
- The nature of this course content can be sensitive at times. Please remember that ALL opinions are welcome and respected.
- Throughout this course, individuals may disclose personal information and this information is NOT to leave this classroom.
- NO LATE ASSIGNMENTS WILL BE ACCEPTED. You are welcome to turn assignments in early but no late assignments will be accepted. All assignments must be turned in at the beginning of class of the due date or prior to that due date.
- Comply with the principles of academic honesty by following the Student Judicial Code .

## Tentative Course Calendar for HED 210, Fall 2006

The instructor reserves the right to change this course calendar as needed. All chapter readings refer to the course text.

<b>Week</b>	<b>Dates</b>	<b>Topic/Readings</b>	<b>Assignments Due</b>
1	9/20& 9/22	Introduction, Group Project Assignments Chapter 1	
2	9/25, 9/27 & 9/29	Chapters 1 & 2 9/27 Drug Courts	<b>Friday Summary Paper</b>
3	10/2, 10/4 & 10/6	Chapters 2 & 3 10/4 Meth Task Force/Juvenile Court Services	<b>Friday Summary Paper</b>
4	10/9, 10/11 & 10/13	Chapters 4 & 5	<b>Friday Summary Paper</b>
5	10/16, 10/18, & 10/20	Chapters 7 & 8	<b>Friday Summary Paper</b>
6	10/23, 10/25 & 10/27	Chapters 9, Midterm Review	<b>Midterm</b>
7	10/30, 11/1 & 11/3	Chapters 10 & 11	<b>Friday Summary Paper</b>
8	11/6, 11/8, 11/10	Chapters 13 & 15 No Class on 11/10: Veterans Day	
9	11/13,11/15 &11/17	Chapters 15 & 16	<b>Friday Summary Paper</b>
10	11/20 11/22& 11/24	Chapters 17 11/22 & 11/24: No class: Happy Thanksgiving	
11	11/27, 11/29 & 12/1	Chapter 18, Group project discussions, and Final Review	<b>Group Projects</b>
<b>FINAL EXAM: Tuesday December 5<sup>th</sup> from 10:00-12:00</b>			

