

Psytations



Department of Psychology

November 2017

Volume 8, Issue 1

Welcome to Central!

Welcome to the first issue of Psytations for the 2017 academic year! This quarterly newsletter will hopefully provide some information on the happenings in the department to undergraduate students, graduate students, and faculty alike. By reading this newsletter, you will be able to keep up to date on important dates in the department, events, clubs, faculty members, research, and interviews. For undergraduate and graduate students new to Central this quarter, welcome!

Psychology Club & Psi Chi

Psychology Club and Psi Chi work together as team in terms of meetings, fund raisers, activities, and the WPA conference (in Portland, OR this year). Meetings are **Wednesdays at 5:40-6:40 pm in PSY 471**. Most meetings are conducted by the Psychology Club/Psi Chi President (Kate McAdams) with the occasional visit by faculty advisor Dr. Wendy Williams. Dr. Williams holds regular office hours on Fridays from 12-3 pm in the Student Lounge on the second floor. Students can come get detailed information about joining Psychology Club or Psi Chi, the International Honor Society in Psychology. The application process is completed online at:

https://www.psichi.org/?page=become_member

IMPORTANT DATES

November 6:

Winter class registration

November 15:

WPA submission deadline

November 22-24:

Thanksgiving observed

December 1:

Last day of classes

December 5-8:

Final exam week

December 8:

End of Fall quarter

December 8:

Requirements for Fall graduation for Master's degree due

December 12:

Fall grades due by 10pm

January 3:

Winter classes begin

Department Groups & Clubs Update

Des Moines Psychology Club:

Officers have settled on the meeting time -- 5:00-6:30pm on alternating Wednesdays starting October 25. All center and online students should be able to Skype in once they have paid their fees to the faculty advisor (Dr. Liane Pereira) and are added to the Canvas shell.

For events, we are planning a diversity training workshop in Winter and to attend WPA in Spring. More events will be planned and finalized at a later date.

Neuroscience Club:

The club is currently in the process of being re-built from the ground up. A few students this quarter are trying to resurrect it, so any students interested can join the cause. The club has a Facebook page (CWU Neuroscience Club) where students can go to express interest (or Dr. Ralph Greenwald).

Chi Sigma Iota:

The student-run honors society in counseling is looking for eligible students who are interested in leading the program! Please contact Dr. Fred Washburn or Dr. Meghan Nolte for more information!

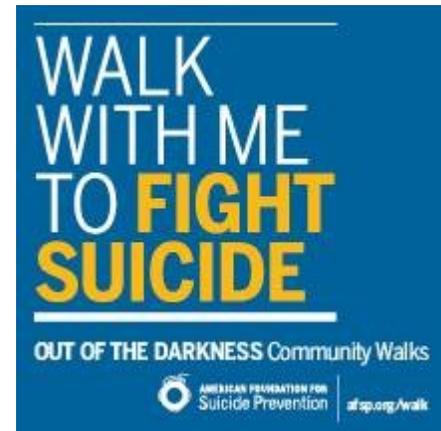
Psychology Club Update

The CWU Psychology Club is off to a running start this year! As this school year moves forward, the student-run club continues to support the discipline of Psychology by uniting students interested in the field as a major, minor, or as a general interest. The club aids members as they prepare for lives and careers after graduation with talks like "Careers in Psychology" with Dr. Lonborg and "How to Get into Grad School" with Dr. Washburn. Club members can apply for admission to Psi Chi, the International Honor Society for Psychology, which provides unique opportunities for recognition and professional development. This quarter, the club co-sponsored the CLCE Blood Drive with the Red Cross, volunteered a booth at "Boo Central" for local children, and attended both the Walk to End Alzheimer's and the AFSP's Out of the Darkness Walk for suicide prevention. In October, the club hosted the annual "Zombie Talk" with Dr. Ralf Greenwald, which examined zombie pathology and also served as a fundraiser for the club. T-shirts and bake sales throughout the quarter have also helped us raise money to attend the Western Psychological Association Conference in the Spring.

Interested in more opportunities like these? Like the "CWU Psychology Club" on Facebook and drop by one of their meetings to learn more! Meetings are Wednesdays at 5:40 pm in the Psychology Building, Room 471!

Out of the Darkness Walk

The Psychology Club joined the Out of the Darkness Walk (Walk to End Suicide) in Seattle on Sunday, October 22nd. The club raised \$395 in donations for the American Foundation for Suicide Prevention! It is the club's hope to organize a CWU Campus Walk Out of Darkness Event for the 2018-2019 school year!!!



Graduate Programs Update

Experimental Program:

The Experimental Graduate Program is off to another great year. This year's cohort includes students from all over Washington State and California. The students are doing well and have adjusted to grad life at CWU. All of them have already begun on their thesis work and we are excited to see how the various projects develop. Finally, Ben Richardson, class of 2015, started his Ph.D. journey at WSU this fall.

School Psychology Program:

In summer 2017 the department welcomed the first cohort for the Summer EdS School Psychology Program. The Summer program is a specially-designed graduate program for veteran educators or individuals who already have a master's degree. Nine students began the program in summer 2017, with the next cohort scheduled to begin in summer 2020.

The students take courses in the summer at the Ellensburg campus and then complete online courses and practicum experiences in their host school district while continuing in the educator role. The program consists of 3 years and 4 summers of instruction.

In addition to the summer cohort, 8 students began the traditional full-time academic year program in Ellensburg during Fall 2017. Students complete 2 years of coursework on-campus and a one year full-time internship in the schools.

The school psychology program also started two research teams for the 2017-18 academic year. Dr. Rich Marsicano's research team will be conducting observational studies of learning in preschoolers and Dr. Heath Marrs' team is investigating issues related to the assessment of English Language Learners.

Graduate Student Spotlight

This quarter, we interviewed Michael Clark, a current graduate student in the experimental psychology program about his experiences with graduate school:

When/how did you decide to go to Grad School?

I always wanted to go, from my first semester of college. It was more of an abstract idea then. I got involved with research as a sophomore and decided that was what I wanted to do. The only way to do that was by going to grad school. I worked with faculty sponsors on research. I worked on several projects with the one advisor and worked briefly on another project with a different professor.

Who did you ask for recommendation letters from?

My academic advisor, my research advisor, and the professor that I was a TA for.

How was the grad school application process?

My undergrad program was designed to help students apply to grad school so it was pretty easy for me. I researched a lot of schools online and looked for professors I wanted to work with. I applied to schools that were accepting students

and tried to contact the professors ahead of time. I applied to four different schools that I was connected to in some way.

How has grad school been so far?

It's been fun and a challenge. A challenge adjusting, but a good challenge. I switched from a clinical focus to the experimental program so that was a big change. The biggest change was going from semesters to quarters; so much happens so quickly in the quarter system. Staying in town over a Christmas break helped me catch up. Grad school has been pretty close to what I expected: a lot of reading, and very different than undergrad. I've read about 100 articles per quarter, but the thesis has been the most time-consuming aspect for me.

Any advice?

Schools you might think are a back-up plan could be the best fit for you, so keep an open mind. Just enjoy it. Yeah, it's a lot of work with a lot of stress and little sleep, but it ends up being fun and you end up feeling very accomplished.

Special Congrats!

Special acknowledgement goes to Dr. Elizabeth Haviland who was selected as the **2017 COTS Faculty/Staff of the Year!!** Congratulations!!!



SOURCE Success

Congratulations go to Dr. Richard Marsicano, Emily Nordlund, Kate Akin, Holly Kolb, Richard Rigby, and Brianna Jackson on winning the **Outstanding Poster Presentation award** at SOURCE this past Spring. Great to see faculty, graduate, and undergraduate students working together and representing the department well!

Student & Faculty Accomplishments!

Not only are students able to learn about Psychology in the classroom, but there are also myriad opportunities to get involved in research activities! Here are just a few of the publications and presentations over the past year led by both students and faculty in the department:

- Andrews, J. & Bender, S.** (2017). Millon Clinical Multiaxial Inventory (MCMI). In B. J. Carducci (Editor-in-Chief & Vol Ed.), *The Wiley-Blackwell encyclopedia of personality and individual differences: Vol. II. Research methods and assessment techniques*. Hoboken, NJ: John Wiley & Sons.
- Bender, S.** (2017). [Review of the test Miranda Rights Comprehension Instruments]. In K. F. Geisinger & R. A Spies (Eds). *Mental Measurements Yearbook (20th ed)*. Lincoln, NE: Buros Institute of Mental Measurements.
- Bender, S.** (2017). Supervision Theories. In J. Carlson & S.B. Dermen (Eds.) *The Sage Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oakes, CA: Sage Publishing.
- Bender, S., & Dykeman, C.** (2016). Perceptions of the Usefulness of Clinical Supervision: Synchronous Online vs. Traditional Face-To-Face Delivery. *Journal of Technology in Human Services*, 34 (4). doi: 10.1080/15228835.2016.1250026.
- Bender, S., Romine, W., Pereira, L., & Randall, L.** (2016, April). Mental Health Stigma amongst Pre-Service Helping Professionals. Poster presented at the annual meeting of the American Counseling Association in Montreal, Canada.
- Bogue, H., Marrs, H., & Little, S.** (2017). School psychologists' stages of concern with RTI implementation. *Contemporary School Psychology*, 21, 115-124.
- Bogue, H., Marrs, H., & Marsicano, R. T.** (in press). School psychologists' perceptions of barriers to response to intervention (RTI). *WERA Education Journal*.
- Bogue, H., Marsicano, R., & Marrs, H.** (2017, February). Concerns of School Psychologists about RTI Implementation. Poster presented at the 2017 National Association of School Psychologists Annual Convention, San Antonio, TX.
- Church, A., Lopez, Z., & Washburn, F.** (2016, November). The Effects of Anxiety Caused by Auditory Cues on Cognitive Functioning. Poster presented at the 2016 Western Association for Counselor Education and Supervision Convention, Vancouver, BC.
- Cook, R.** (2017). Cognitive Uncertainty's impact on perceptions toward randomness. Poster presentation at SOURCE.
- Farlow, M.** (2017, May). The effects of alcohol on attraction. Paper presented at SOURCE, Ellensburg, WA
- Graham, S.** (2016, November). The perceived value of counselor creativity. Paper presented at

the 2016 Western Association for Counselor Education and Supervision Convention, Vancouver, BC.

- Little, S., **Marrs, H.**, & **Bogue, H.** (2017). Elementary school psychologists and Response to Intervention (RTI). *Contemporary School Psychology*, 21, 103-114.
- Lovett, S.**, Thornton, P., & **Marsicano, R. T.** (2017). The effects of question-present versus item-present conditions on the acquisition of mands. Poster presented at the annual meeting of the Association for Behavior Analysis International, Denver, Colorado
- Marrs, H.** (2016). Conformity to masculine norms and academic engagement in college men. *Psychology of Men and Masculinity*, 17, 197-205.
- Marrs, H.** (2016, August). Mexican American students and pursuit of the doctorate. Poster presented at the 2016 American Psychological Association Annual Convention, Denver, CO.
- Marrs, H.** (2016, August). Using volunteer tutors to implement the sound partners intervention in kindergarten. Poster presented at the 2016 American Psychological Association Annual Convention, Denver, CO.
- Marsicano, R. T.** (2016). Belief-based practice: How our beliefs inform the decisions we make. Paper presented at the Washington State Association of School Psychologists Annual Conference, Stevenson, WA.
- Marsicano, R. T.** (2017). Behavioral intervention. Presentation to staff at Lake Washington School District, Lake Washington, WA.
- Marsicano, R. T.**, **Bogue H. E.**, & DeLeon, M. (2017). Learning during lunch: Using naturalistic interventions to teach math. Poster presented at the annual meeting of the National Association of School Psychologists, San Antonio, New York.
- Nordlund, E.**, **Akin, K.**, **Kolb, H.**, **Rigby, R.**, **Jackson, B.**, **Marsicano, R. T.**, & **Lovett, S.** (2017). Using stimulus equivalence to teach color names via song in preschool. Poster presented at the Symposium of University Research and Creative Expression, Ellensburg, WA.
- Richards, J.**, Dykeman, C., & **Bender, S.** (2016). Historical trends in counselor education dissertations. *British Journal of Guidance and Counselling*, 44 (5). doi: 10.1080/03069885.2016.1213373
- Richards, J.**, Dykeman, C., & **Bender, S.** (In Press). Current Content and Methodology Trends in Counselor Education Dissertations. *Journal of Counselor Leadership and Advocacy*.
- Stauffer, M. & **Bender, S.** (2017). Ethical and Legal Considerations in Counseling. In D. Capuzzi and D. Gross (Eds.). *Introduction to the Counseling Profession*. New York, NY: Routledge.
- Wyatt, F.** (2017). Cognitive biases in marijuana and alcohol users. Poster presentation at SOURCE.

Contact Information

If you have any questions or comments about the newsletter, or any ideas or suggestions for material in future editions of *Psytations*, please contact me, Dr. Joshua Buchanan, via email (Joshua.buchanan@cwu.edu)!