SOURCE: The Symposium on University Research and Creative Expression

Do you have an academic or creative achievement that you would like to share with the CWU community? If so, SOURCE may be the perfect forum in which to do so. Per the SOURCE website, “SOURCE is a university-wide forum that showcases all disciplines of research, scholarship, and creative activities by students, faculty, and staff at Central Washington University”. Students from all majors and campuses are encouraged to consider submitting their work to be highlighted via this university-wide celebration of achievement.

If you are interested in submitting your work, please go to http://www.cwu.edu/source/ for more information. Note that the submission portal will open on March 3, 2014 at 12:00 p.m. and all proposals are due for review by April 11, 2014 at 12:00 p.m. SOURCE is scheduled to occur on May 15th at the Ellensburg campus. SOURCE will also occur in Des Moines on May 13 and in Lynnwood on May 14 as well in an effort to include as many students as possible.

Get to know your faculty

Did you know that the Psychology Department welcomed three additional tenure-track faculty members this year? In an effort to introduce these individuals to students and the university community at large, each was interviewed using the standard interview questions presented to James Lipton’s guests at the conclusion of each episode of The Actor’s Studio. While this interview format does not provide the standard academic information one typically knows about his or her instructor (that information is available via our department’s website), it should provide you with some insight into each new faculty member’s personality. If you see any of these ladies around campus, please take a moment to say hello and introduce yourself to her.

Professor Heidi Bogue

With a special interest in School Psychology, Dr. Bogue teaches a number of courses related to human development and also focuses much of her research on the topic student success and childhood mental health.

Dr. Bogue offered the following answers to the Lipton interview:

1. What is your favorite word? Calm.
2. What is your least favorite word? Terror.

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Psychology Students – At a Glance

The Psychology Department continues to grow rapidly. With that, the demographics of the students within our programs continue to change. Do you ever find yourself curious regarding your peers? If so, here is a brief overview:

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Many undergraduate students, who are not part of a cohort, wonder how their progression towards earning their degree compares to others. Here is a graph indicating trends over the past three years:
Psytations provides timely news and reminders to Psychology majors at Central Washington University and are published in February, May, and October.

Submit information you would like included in future issues of Psytations to Sara Bender in the Department of Psychology.


6. What sound do you hate? *Screaming. Loud noises outside when you are trying to sleep.*

7. What is your favorite curse word? *Hell (Is that a curse word?)*

8. What profession other than yours would you like to attempt? *Licensed Psychologist.*

9. What profession would you not like to do? *I was a server in a few restaurants for a while but I didn’t prefer that profession.*

10. If heaven exists, what would you like to hear God say when you arrive at the pearly gates? *Welcome.*

In addition to graciously responding to the questions on the Lipton survey, Dr. Bogue shared the following:

As a new faculty member, I am excited to be at CWU where student learning is valued so highly. I chose the field of psychology, like most others, to help people and as I progressed in the field I found that I was most passionate about working with children. I hope to continue researching in areas related to school-based interventions and to promote the love of psychology in my students.

Dr. Heidi Bogue

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Remember: Faculty balance a number of responsibilities. Please make advising and recommendation requests as early as possible.

Interested in serving as a participant in student or faculty research? Get involved via the Sona System! Go to: [https://cwu.sona-systems.com/](https://cwu.sona-systems.com/) for more information!
Professor Liane Pereira

Professor Pereira is a CWU alum who may most often be found on the Des Moines campus. Like Dr. Bogue, Professor Pereira also maintains a great interest in childhood mental health and student success. Professor Pereira frequently teaches courses related to research and enjoys collaborating with others to explore her research interests on an in-depth basis. She offered the following responses to Lipton’s survey:

1. What is your favorite word? Ameliorate
2. What is your least favorite word? Irregardless (not really a word)
3. What turns you on? Forearms
4. What turns you off? Self-importance
5. What sound do you love? The pop of a champagne cork
6. What sound do you hate? People sucking on their food/teeth
7. What is your favorite curse word? The F-word, an oldie but goodie.
8. What profession other than yours would you like to attempt? Event Planner or Professional Shopper
9. What profession would you not like to do? Taxidermist
10. If heaven exists, what would you like to hear God say when you arrive at the pearly gates? You’re Welcome.

Professor Pereira also shared the following: A former graduate of CWU, I wanted to come back because I believe that CWU truly wants to offer education to as many individuals as possible—something about which I am very passionate. With a background in Special Education and Mental Health Counseling, I want to improve student mental health through school-based collaboration between educational and mental health professionals. I think there is a divide between research/academia and practice so my research always has the ultimate goal of helping improve resources, practices, policies, and supports in schools and classrooms.

Professor Sara Bender

While Dr. Bender has taught at CWU for several years, this is her first year dedicating her professional efforts exclusively to the university. As a LMHC, Dr. Bender has extensive experience working with those with persistent mental illnesses and maintains research interests in cybersupervision, online learning, and underserved populations. In addition to her teaching duties, Dr. Bender also serves as the Program Director for the online Bachelor in Arts in Psychology degree. Here are her responses to the Lipton survey:

1. What is your favorite word? Celebrate!
2. What is your least favorite word? Can’t
3. What turns you on? Authenticity and hard work.
4. What turns you off? Blame and dishonesty
5. What sound do you love? Genuine laughter
6. What sound do you hate? Pain
7. What is your favorite curse word? Probably the s word.
8. What profession other than yours would you like to attempt? I’ve always thought it would be fun to own a stationary store. I think I would enjoy being radio DJ as well.
9. What profession would you not like to do? I would be a horrible politician.
10. If heaven exists, what would you like to hear God say when you arrive at the pearly gates? Nice job.