Family Studies

CWU– Online Program

Program Overview
Family Studies is the interdisciplinary study of what makes families successful. We focus on understanding the dynamics of families in a changing society, as well as the impact that family interaction has on individual development and success.

Family Studies emphasizes a systems perspective in helping families stay together and build strong and happy relationships. Key family strengths include:
- Commitment
- Positive communication
- Time Together
- Appreciation and Affection
- Coping Ability

Program Requirements
I. Required Courses and Credits:
- FS 101 Skills for Marriage ........................................... 4
- FS 235 Relationships & Personal Development .......................... 3
- FS Elective Courses ...................................................... 18

Total Credits: 25 credits

II. Elective Courses and Credits:
- FS 234 Introduction to Family Studies ................................... 4
- FS 333 Culture and Marriage ........................................... 4
- FS 335 Divorce and Remarriage .......................................... 3
- FS 336 Parent Education and Guidance ................................. 3
- FS 337 Human Sexuality .................................................. 4
- FS 403 Family Communication ........................................... 4
- FS 435 Family Gerontology .............................................. 4

The Family Studies Minor Application can be found on the web at http://www.cwu.edu/family-consumer/sites/cts.cwu.edu.family-consumer/files/documents/Minor_Application_Form_0.doc

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