5 Day Study Plan

For a typical test give yourself 5 days to study (the test being on day 6). Here is a general guideline that can be customized to the needs of each test.

**Day 1**
- Look over all of the material—text, lecture notes and handouts—to get organized
- Determine what material will be the most difficult to learn
- Section off the remaining material into easy to handle amounts
- Plan to study for two hours each day

**Day 2**
- Begin with the most difficult material; this will give you more time to study
- Study Intensely: Recognizing the material isn’t enough—you have to be able to produce it
- Explain concepts, define terms and make note cards
- Test yourself by reciting information aloud in your own words

**Day 3**
- Study the remaining easier material
- Read out loud, define terms and make note cards
- Use recitation for thorough understanding and retention
- Visit your professor’s office hours or meet with a tutor for any lingering questions

**Day 4**
- Study all of the material thoroughly from beginning to end
- Review the information you know well
- Spend more time and effort in the difficult areas
- Ask yourself possible test questions or have someone else quiz you

**Day 5**
- Briefly review the material
- Confirm any final questions
- Go to bed early