It’s almost your Sophomore Year. We like to call it the BEST YEAR EVER!

Hi Wildcats! My name is Eric and I wanted to thank you for participating in Sophomore Year Experience programs. Now it is time to start planning what you can do in your junior year to continue to make the most of your college career.

Junior year comes with new challenges, experiences, and expectations. You have resources to guide you through your third year at CWU. Here are some things to start planning to enhance your experience, create memories, and build your resume while at CWU:

- **Undergraduate Research and SOURCE**— Begin talking with faculty about how you can help with their research or what research you may be able to do. Then present it at SOURCE. This is a great resume builder if you are looking at graduate school. [www.cwu.edu/undergrad-research/](http://www.cwu.edu/undergrad-research/)

- **Find an internship**— Having an internship will give you experience in your field that will set you apart when you apply for jobs or graduate school. [www.cwu.edu/career/](http://www.cwu.edu/career/)

- **Study Abroad**— Start thinking about where you will go your junior year to study abroad! [www.cwu.edu/international-programs/saep](http://www.cwu.edu/international-programs/saep)

- **Volunteer on campus and in your community**— Visit the Center for Leadership and Community Engagement to learn about volunteer options. [www.cwu.edu/leadership-engage/](http://www.cwu.edu/leadership-engage/)

- **Class Ring**— Have you gotten your class ring? [www.cwu.edu/alumni/cwu-class-ring](http://www.cwu.edu/alumni/cwu-class-ring)

A couple of things to ensure you have taken care of before you depart for the summer:

⇒ **Register for Fall 2015 classes**
  - Registration is open May 11–June 19. View your enrollment appointment in MyCWU. If you need assistance be sure to schedule an appointment with your advisor in advance.

⇒ **Fall 2015 Housing**
  - If you have not arranged for housing for next year be sure to do so before you leave. It is not too late for students returning as sophomores to take advantage of the $1000 on campus housing waiver.

⇒ **Financial Aid:**
  - Although the priority deadline for submitting the FAFSA has passed you can still receive financial aid. Be sure to get your 2015 FAFSA submitted ASAP. Refer to [http://www.cwu.edu/financial-aid/fafsa-application](http://www.cwu.edu/financial-aid/fafsa-application) for additional support resources.

**Take a Wildcat to Work Externship Program**

Have you explored your intended major or want to know what careers are available to you? Join a CWU Alum and explore selected career paths this summer through a job shadow. Sites range from:

- **Athletic Administration**
- **Law and Justice**
- **Environmental Health**
- **Sociology**
- **Psychology**
- **Clinical Physiology**
- **Business Administration**

Contact studentlife@cwu.edu to apply.

**Go Wildcats!**
You probably have questions about what to expect as a Junior. We have answers.

Q: How do I check my major requirements?
A: Your sophomore year was the year to declare! Schedule time with your academic advisor and create a plan to ensure you can get the classes you need and graduate within four years. Hopefully you have already declared and are ready to start major classes. Stay on track by visiting your academic advisor and take advantage of Career Services! [www.cwu.edu/career/](http://www.cwu.edu/career/)

Q: How do I build my resume and prepare for a future career?
A: Junior year is about preparing for your future thinking and bettering yourself and your education. You need a strong resume with real life, applicable experiences that you can translate to job skills.

- Explore study abroad opportunities by attending information sessions and planning where you will go.
- Visit the Center for Leadership and Community Engagement for on-campus and community volunteer opportunities. Consider an alternate spring/summer break and spend that time doing Service Learning. This means you volunteer your time and gain meaningful experiences and memories.
- Start looking for internships. Career Services can help you find an internship in your area and can also help you start looking at career options.

Q: How do I demonstrate all of these experiences to future employers? Who can help with that?
A: This is why you have a resume. A good resume presents you at your best. Career Services offers workshops and individual assistance in creating and expanding your resume and interview skills to help you successfully prepare for your future.

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**JUNIOR PREPARE**

**3RD YEAR**

**4 YEAR PLAN**

**INTERN**

**NETWORK!**

It's the #1 WAY to find a job!

Employers are more likely to hire from a personal reference than any other method.

**Find Openings**

Check our Wildcat Career Network.

**Build Your Network**

Create a LinkedIn profile.

**Tailor Your Resume**

We’ll show you how.

**Prepare for Interviews**

Schedule a mock interview.

**LEARN**

**Take UNIV 301: Career Management**

Designed to help you prepare for jobs and internships, and life after college.

**Seek Research Opportunities**

Current research looks great on resumes, vitae, and grad school applications.

**Stay Current with Industry Trends**

Trade publications and journals in your field will help you with career planning.

**CONTACT THE SOPHOMORE YEAR EXPERIENCE TEAM**

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