Winter Driving Conditions

Winter weather is on its way, which means road conditions are going to become increasingly more treacherous over the next few months. The majority of CWU students may have to cross mountain passes in order to get home over winter break.

The Washington State Department of Transportation has an excellent website with road cameras showing the current mountain pass conditions throughout the state. [http://www.wsdot.wa.gov/] (http://www.wsdot.wa.gov/)

The Airporter Shuttle is a bus that travels from Ellensburg to SeaTac Airport, downtown Seattle, Yakima or North Bend. The shuttle leaves Ellensburg from the Starbucks near campus at your choice of five different times each day. This is a great option for students without a vehicle or for those who are uncomfortable driving in hazardous road conditions. The shuttle's daily schedule and rates are available on their website. [http://www.airporter.com/shuttle/ellensburg-to-seatac-airport-seattle] (http://www.airporter.com/shuttle/ellensburg-to-seatac-airport-seattle)

Traction tires and/or chains will surely be required at one time or another throughout the winter season. Snow tires can be used from November 1—April 1. In some cases, unused chains can be returned to the retailer at the end of the season. These are all things to consider as winter approaches and road conditions worsen.

AAA- How to Go on Ice & Snow Get Ready For Winter Weather Driving

Thanksgiving Holiday Recess

Thanksgiving holiday recess is November 23 - 25, 2011. All of the dining services will be closing at 5:00 p.m. on Wednesday, November 23, 2011. The dining halls will reopen for dinner service on Sunday, November 27, 2011. The Central Marketplace in the SURC will be open with limited hours for dining service during the break. The residence halls will remain open during Thanksgiving Break.
The MAP-Works assessment closed several weeks ago. The 1108 students that completed the survey each received extensive personalized reports. However, only 400 students have taken advantage of these reports. Included in the reports are:

- Areas of strength and areas of concern
- How to be more successful at Central
- What campus resources are available to help

Key CWU staff have also reviewed the information and are making individually tailored efforts to aid your student in their transition.

**What Can I do to Help?**

It is great if you ask your student if they reviewed the MAP-Works report. If not please encourage them to do so. If they have, ask what they agreed with and what they learned. This may be a good opportunity for them to open up about some challenges they are facing.

**Finals Week Care Packages**

Help your student survive final exam week with a care package! This year, there are four different types of care packages to choose from. All of the proceeds from the care packages go the Residence Hall Association, which are then used to support programming within the residence halls. Watch for a mailer with additional information about ordering your student’s care package. Packages will be available for pick-up at the ResLife Office located in Stephens-Whitney prior to Friday, December 2, 2011.
4th Annual Leadership Conference at CWU

November 17, 2011 at 9:00 am

Free for Central students, faculty and staff and $15 for general admission. Find your path and "Find Your Passion" at the 4th annual Leadership Conference sponsored by the CWU Center for Excellence in Leadership Thursday, Nov. 17 from 9 a.m. to 4 p.m. in the Student Union and Recreation Center (SURC) Ballroom. This year’s conference will offer attendees the chance to look hard at what their passions are and give them the tools to use these passions to benefit not only themselves but also the entire community.

Keynote Speaker: Brandy Mychals is the creator of the Character Code™ System for Client Attraction without being “salesy.”

Registration is available online at www.cwu.edu/~cel. The conference is free for Central students, faculty and staff and $15 for general admission.

For more information, please contact CEL at 963-1524.

WINTERFEST
November 10, 2011 at 11:00 am (SURC)

Need some new gear before the snow rolls in? Get fully equipped for the cold weather as CWU Outdoor Pursuits and Rentals (OPR) hosts its annual Winterfest vendor fair.

Attendees can find great deals on cool gear at one of the several vendor booths including Northwest Riders, New Yak City and Webb Powersports. Event-goers can also check out mini-clinics such as the Mad Rock climbing clinic or the search and rescue safety clinic. Hit the virtual slopes on the Wii or get your skis and snowboards waxed up for winter. Everyone will enjoy music provided by 88.1 The ‘Burg and have the chance to win cool prizes.

For more information call 509-963-3537.
Shopping: Ware Fare
December 1, 2011 to December 03, 2011
Thursday & Friday, 10 a.m. to 6 p.m.;
Saturday, 10 a.m. to 4 p.m.
SURC

Oh by gosh, by golly—it's time for Mistletoe and Holly! And what better way to ring it in than with CWU's annual juried holiday arts and crafts festival? For three days, Northwest artists converge on the Student Union, filling it with the sights and sounds of the season. CWU musicians add a festive touch as shoppers browse more than 50 booths of handcrafted items, fine art and delectable eats. Many student clubs and organizations use Ware Fair as a fundraising opportunity.

Contact: Ware Fair coordinator • 509-963-3315 • warefair@cwu.edu • www.cwu.edu/~campuslife

Giving: Annual Giving Tree
December 1, 2011 to December 10, 2011
Upstairs in the Civic Engagement Center
SURC

Winter is coming, which means it is time for the annual Giving Tree and Stocking Stuffers events. The Civic Engagement Center is asking Central Washington University students to donate gifts for children who deserve more during the holidays, and we are also looking for willing people to help coordinate this program. Winter is the season to give, give, give!

Contact: Civic Engagement Center • 509-963-1643 • takeaction@cwu.edu • www.takeactioncwu.com
Service: Holiday Extravaganza & Operation ELF

Holiday Extravaganza - Tabling Volunteer—Saturday December 3rd
The Don and Verna Duncan Civic Engagement Center is seeking volunteers to assist in recruiting volunteers for over 40 craft tables for Holiday Extravaganza. Volunteers are welcome to come into the Center in SURC 256B between the hours of 10:00 am - 2:00 pm during the week of Monday, November 28th - Friday, December 2nd. All materials will be provided for you.
Contact: 509-963-1643, takeaction@cwu.edu, www.takeactioncwu.com

Operation ELF—Saturday December 10th
Come volunteer for Operation ELF. Operation ELF was created to provide support for student families by providing a holiday celebration for them and their families. In addition to a delicious holiday buffet dinner, activities include a ride on CWU’s alumni vintage fire truck, a visit and pictures with Santa, a gift (for children signed up through the online registration by Dec. 4), games and crafts, live music and dancing.
Contact: Empowerment Center 509.963.2127 www.cwu.edu/~ecenter

Entertainment: A Christmas Carol
When: November 18-19 & December 1-3, 2011 at 7:30 pm
November 20 & December 4, 2011 at 2:00 pm
Where: McConnell Auditorium
Price: $12 General Admission
       $10 Senior/Student
       $7 CWU Student

This holiday classic takes both the audience and the leading character, Ebeneezer Scrooge, on a delightful journey of discovery and redemption as the true meaning of Christmas is revealed. With the Cratchits, Tiny Tim, the Ghosts of Past, Present and Future, and many more vivid Dickensian characters, this heart-warming story is sure to please the folks from 8 to 80, who will enjoy this wonderful holiday tradition, featuring Michael Smith as Scrooge.
http://www.cwu.edu/~wildcattickets/
Winter Break
Closing & Opening
Information

The end of the quarter is fast approaching and with it comes the chore of students packing up their belongings and heading home for the holidays. Fall quarter finals are December 6-9, 2011, after which many of our students will be making the long drive home to spend some much needed quality time with their families. The residence halls will be closing December 10, 2011 at noon, however students are asked to check out no later than 24 hours after their last final exam. Campus dining halls will close after breakfast service on Saturday, December 11 and will re-open for dinner service on Sunday, January 1.

Students who are returning winter quarter to the same room do not need to schedule a check out time. A closing checklist, which will be hung on every resident’s door, needs to be completed, signed and dated prior to students leaving for break. While students are not required to take all their belongings home with them over break it is recommended that they not leave valuables in their rooms as a safety precaution.

Students who are not returning to their same room winter quarter or those who are withdrawing from the university, need to make arrangements with their resident advisor to check out within 48 hours of their desired departure time. The locks on the exterior doors will be changed at 12:00 pm on Saturday the 10th.

Students may contact their resident advisors or the University Housing office with questions about check out procedures.
Withdrawing From the University

Withdrawing from Central Washington University is a big decision and we want to offer our assistance in helping you make that choice. Students should exhaust all avenues within the University, including financial aid, academic advising, housing and the registrar’s office. Please call University Housing and New Student Programs with any questions you may have about your student continuing their college career at CWU.

If your student determines that withdrawing is in their best interest, here are a few things to remember before they leave. Students need to make arrangements with their resident advisor, 48 hours in advance, to check out of their room. They also need to turn in a contract cancellation form to the University Housing in Button Hall prior to their departure from campus. Failure to complete these requirements will result in additional fees. They should also visit the registrar to ensure a smooth academic withdrawal.

Where Does Mail Go During Winter Break?

During winter break, December 11—January 3, mail will not be delivered to the residence halls. Mail will not be forwarded to break addresses if it comes to CWU. Please remind your students to have all important items mailed directly to their break address. Regular mail processes will commence on Tuesday the 3rd after the residence halls re-open.

We encourage you to see the October newsletter with any questions on how to mail a package to your student while they are living on campus. All of the CWU Parent and Family Program newsletters are archived at:

http://www.cwu.edu/housing/parents.html
Family Weekend
May 11-13, 2012

Family Weekend is scheduled for the weekend of May 11, 2012. More details about the schedule of events for the weekend will become available at a later date. Watch upcoming newsletters for full details.

Health 101: November

Student Health 101 is a monthly health and wellness magazine for CWU students and their families. Each issue contains valuable information that will help your student make better decisions and can help you gain a better understanding of the health and wellness challenges that face today’s students. If you subscribe, you’ll receive a monthly e-mail with the latest issue of the family-only Parent Perspective, along with the Student Health 101 issue that your student will receive. Go to http://readsh101.com/cwu-pp.html to read the November issue and to subscribe.

The November issue has some great articles including:
- How to Handle a Difficult Roommate,
- 7 Sleep Myths Debunked,
- Exercises You Can Do by Your Desk,
- How to Deal with Loneliness,
- Nutrition: What's on Your Plate?,
- Smoking: How to Put Out the Fire,
- UCookbook: Spicing Up Your Meals,
- FitnessU: Using the Latest Gym Equipment,
- And much more…

And if you missed it – be sure to check out the October issue, with articles such as
- When Casual Sex Turns Serious,
- On the Money,
- Time Management: Living Hour-to-Hour,
- and What's the Right Weight for You? At:
  http://readsh101.com/cwu.html?id=857a8d6b

Resident Assistant
2012-2013 Applications

Student Staff applications for the 2012-2013 academic year are available online (www.cwu.edu/housing/employment.html). If your student has considered a position in the residence halls now is time to further research their options. We will have interest sessions schedule in the next few months or current staff members are a great resource as well.
Some things stay the same...

This section will review common areas of confusion or concern. Please refer to archived newsletters for additional information.

http://www.cwu.edu/housing/parents

MAIL DELIVERY

We encourage you to see the October newsletter with any questions on how to mail a package to your student while they are living on campus.

CWU ALERT SYSTEM

Sign up to receive the alert updates at:
www.cwu.edu/alert/alertupdatesystem.html

As an alternative, interested parties may monitor the CWU Emergency Closures page at: www.cwu.edu/~web/closures.php. Your son or daughter may also subscribe to an alert system: www.cwu.edu/alert/index.html

Download the CWU Mobile App Now!
www.cwu.edu/mobile.html