

## Welcome to the History Major!

Welcome to the history LARGE PLAN or SMALL PLAN major.

A few notes about the history large and small plans.

1. Our version of the Frosh seminar (**HIST 184**) is offered in the fall and sometimes in the winter. The 184 seminars **do not count toward the major**, but will give interested students introduction to a historical topic, historical discussion, and an actual historian.
2. Students must take **four** of the **five** lower-division surveys. These classes are a three-quarter World History survey (HIST 101, HIST 102, HIST 103) and a two quarter American history survey (HIST 143, HIST 144). Under almost all circumstances, at least one section of each of these courses is offered **every quarter**. It is recommended that you take these four courses earlier in your career (during your freshman and sophomore years, whether at CWU or at a community college), but that is not strictly required.
3. There are only **two** classes required for all history majors: **HIST 302** (Introduction to the History Major) and **HIST 481** (Senior Seminar). As of now, each of those courses are offered **every quarter**. Winter/spring of your sophomore year or (for transfers) fall of your junior year make the most sense in terms of when to take HIST 302. HIST 481 is “only” four credits, but it is a significant amount of work. It is best to take it during your senior year, preferably a quarter before you graduate.
4. All History courses are **five credits**, except for HIST 481, which is **four credits**.
5. All students must take **one** upper-division US history class (five credits). The rest of the upper-division requirements (40 credits for the large plan and 25 for the small plan) are electives, but with the condition that you must have at least one class (5 credits) from **three** of the following five categories: African history, Asian history, European history, Latin American history, World/Transnational history.
6. Most of our upper-division courses are offered once every two or three years. As a result, if you see a class that looks interesting to you, **take it**, as it may not be offered again before you graduate. The exceptions to this are **HIST 301** (Pacific Northwest History), which is offered several times a year, and **HIST 314** (US Military History) which is usually offered each year in the winter and spring quarters.
7. History’s **summer** offerings are usually fairly limited. We try to offer one each of the lower-division surveys and one or two upper-division classes online in the summer. But those classes are enrollment-dependent and do not always end up being offered. Summer classes can be a good tool to help you speed up graduation, but it is generally not wise to assume that a particular class will be offered every summer.
8. We do offer some **internships** (usually five credits) that count toward the history elective requirements. These are not listed in myCWU, so to find out more about internship opportunities, talk to Professor Levine ([Marilyn.Levine@cwu.edu](mailto:Marilyn.Levine@cwu.edu)), our internship coordinator.

The following sample 4-Year Plan may help guide your program of study:

TERM	HIST	OTHER TASKS
Fall Year 1	HIST 184 (Frosh Seminar) Analytical Writing I Quantitative Reasoning	
Winter Year 1	I/d HIST elective <sup>1</sup>	Declare major
Spring Year 1	I/d History elective <sup>1</sup>	
Fall Year 2	I/d History elective <sup>1</sup>	
Winter Year 2	I/d History elective <sup>1</sup>	
Spring Year 2	HIST 302 <sup>1</sup>	Consider applying for scholarships available to junior and senior-level students.
Fall Year 3	u/d History elective (US)	
Winter Year 3	u/d History elective (Category 1) u/d History elective (Category 2)	Consider an internship for spring or fall. Contact Dr. Levine ( <a href="mailto:Marilyn.Levine@cwu.edu">Marilyn.Levine@cwu.edu</a> ) for information on internships
Spring Year 3	u/d History elective (Category 3) u/d History elective <sup>2</sup>	Consider presenting at SOURCE and Phi Alpha Theta student history conference
Fall Year 4	u/d History elective	Take GRE if required by graduate schools
Winter Year 4	HIST 481 <sup>1</sup> u/d History elective <sup>2</sup>	Apply for graduation
Spring Year 4	u/d History elective u/d History elective <sup>2</sup>	

<sup>1</sup>Denotes courses that may simultaneously fulfill general education/major requirements. See note 2 below.

<sup>2</sup>Red denotes courses for large plan majors only.

### Important Notes:

- The above chart should not be considered a mandatory blueprint. The order in which courses can be taken for the major is quite flexible. However, here are a couple specific requirements and recommendations to guide your path:
  - HIST 302** should be taken during your sophomore year or very early in your junior year. This course will acquaint you with the research, writing, and documentation skills necessary for success in upper-division history courses.
  - HIST 481** should be taken during the student's senior year after completion of most other history courses. It is designed as a "capstone" course that provides an opportunity to demonstrate the historical research and writing skills acquired in previous history courses.
  - In general, students should plan to complete their 100-level history courses before undertaking history courses at the 300-level or above.
- The department has a number of scholarships available to (mostly) junior and senior level students. Search and apply for them at Scholarship Central (<https://www.cwu.edu/scholarships/scholarship-central>) or on the department's web page.

3. Where possible, students should attempt to overlap requirements of the history major and the new General Education program. The following may be helpful toward this end:

<b>To satisfy this General Education category:</b>	<b>Students should consider the following HIST courses*:</b>
Frosh Seminar	HIST 184
K 1 Academic Writing II (AWII)	HIST 302
K 2 Community Culture Citizenship (CCC)	HIST 143, HIST 144
K 4 Global Dynamics (GD)	HIST 101, HIST 103
K 5 Humanities (Hum)	HIST 102, HIST 301

*\* do note that no more than two courses from a single department may be used to fulfill knowledge areas K1 through K8. For specific requirements, please visit: <http://www.cwu.edu/general-education/>.*

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