The Department of Nutrition, Exercise, and Health Sciences offers a BS degree in Food Science & Nutrition with two specializations:

- Dietetics
- Foods and Nutrition

Each faculty member brings a different background and level of expertise to the Food Science and Nutrition Program.

Faculty regularly publish research in scientific journals and present information at scientific conferences.

CWU is a AA/EEO/Title IX Institution
Admission Requirements
- NUTR 101-Intro to Human Nutrition or equivalent with a B or better.
- NUTR 240 & 240L-Intro to Foods & Lab with a B or better.
- CHEM 111 & 111L-Intro to Chemistry and Lab or equivalent with a C or better.

BS in Food Science and Nutrition Curriculum

FSN Core Requirements:
- NUTR 101-Intro to Human Nutrition (5)
- NUTR 240-Intro to Foods (2)
- NUTR 240L-Intro to Foods Lab (2)
- NUTR 344-Med Nutr Therapy I (3)
- NUTR 345-Developmental Nutrition (3)
- NUTR 446-Sports Nutrition and Weight Control (3)
- NUTR 447-Nutrition & Society (3)
- Statistics (PSY 362 or EDCS 312) (4)

Total core credit requirement: 30

Dietetics Specialization
The Dietetics specialization plus 3 additional courses (PSY 101, ECON 101, and ANTH 130 or 357) fulfills the requirements of the Academy of Nutrition and Dietetics (AND) for Didactic Program in Dietetics (DPD) and is currently accredited by the ADA Commission on Accreditation for Dietetics Education (CADE). Completion of this program qualifies the student to apply for admission to a CADE Accredited Supervised Practice Experience. Following this the student is eligible to sit for the registration examination. Passing the registration exam qualifies the Graduate to become a Registered Dietitian (R.D.). Entering students shall initially apply for admission into the BS-FSN program with the Foods and Nutrition Specialization. Students are eligible to apply for the Dietetics specialization upon completion of the Pre-specialization requirements and an overall GPA and pre-major GPA of greater than a 3.0.

Dietetics Specialization Required Courses:

Pre-specialization requirements:
- FSN core requirements (30)
- BIOL 201-Human Physiology (5)
- CHEM 111 & 111L-Intro to Chemistry (5)
- CHEM 112 & 112L-Intro to Organic Chemistry and Lab (5)
- CHEM 113 & 113L-Intro to Biochemistry and Lab (5)
- NUTR 340 & 340L-Mgt of Food Res (3)
- NUTR 342 & 342L-Quantity Fd Prod (5)
- NUTR 343-Fd Nutr Professionalism (1)

Total pre-major credit requirement: 54

Specialization Requirements:
- NUTR 347-Intro To Nutr Education (3)
- NUTR 348-Nutrition Interview (1)
- NUTR 349-Nutrition & Aging (3)
- NUTR 433-Macronutrients (3)
- NUTR 440 & 440L-Exp Foods (3)
- NUTR 442-Nutr Assessment Lab (2)
- NUTR 443-Metab & Micronutrients (5)
- NUTR 444-Med Nutrition Therapy II (3)
- NUTR 445 & 445L-Exp Foods Research (2)
- NUTR 448-Fd Service Sys Mgt (4)
- BIOL 220-Intro Cell Biology (5)
- BIOL 322-Intro Microbiology (5)
- ENG 310-Technical Writing (4)
- MGT 380-Organizational Mgt. (5)

Total credit requirement: 102

Food and Nutrition Specialization
The Foods and Nutrition specialization prepares students for a wide variety of careers in the food and nutrition industry. It is highly recommended that students consider possible minors that would complement this specialization and enhance employment opportunities. Potential minors include Exercise Science, Community Health Education, Athletic Training, Business, Biology, & Chemistry.

Students interested in applying to nursing programs should take BIOL 355 & 356 instead

Food and Nutrition Required Courses:
- FSN core requirements (30)
- NUTR 340 & 340L: Man of Food Res (3)
- NUTR 342 & 342L: Quant Fd Prod Ser (5)
- NUTR 343-Fd Nutr Professionalism (1)
- NUTR 347-Intro to Nutr Education (3)
- NUTR 348-Nutrition Interview (1)
- NUTR 349-Nutrition & Aging (3)
- NUTR 440 & 440L-Exp Food (3)
- NUTR 445 & 445L-Exp Food Research (2)
- NUTR 433-Macronutrients (3)
- NUTR 448: Fd Services Systems Man(4)
- CHEM 111 & 111L-Intro to Chemistry
- CHEM 112 & 112L-Intro to Organic Chemistry and Lab (5)
- CHEM 113 & 113L-Intro to Biochemistry & Lab (5)
- BIOL 201-Human Physiology (5)

Total credit requirement: 73