Strategy: INSERT

• Do you often forget what you read minutes after reading a section?
• Do you find yourself hurriedly flipping through your text right before a class or test to try, often unsuccessfully, to remember what you read the night before?
• Do you find your mind wandering as you read because nothing seems to connect, or make sense to you?

If you answered YES to any of these questions, then the INSERT Strategy may be for you.

INSERT is a strategy that will help you monitor your thinking as you read. Use the following symbols to code your text, and help you prepare for class the next day.

✓ Confirm what you already knew - “I knew that!”

= Contradicts what you thought - “I thought differently.”

? Confuses you - “I don’t understand this.”

+ Something new - “I didn’t know that.”

INSERT codes help you make sense of what you are reading and later, what you read. You are better prepared for class discussions, exams, and applying what you read.

*More ideas at:
www.cwu.edu/~gen_ed/readingcurriculum