Welcome to the Team, Luz Alvarez!

Hi,

My name is Luz Alvarez and I just wanted to introduce myself. I am the new Retention Counselor/Recruiter for the CAMP program. I am here to assist you in any way I can. I am originally from Michoacán Mexico and raised in Yakima, Washington. I am a past CAMP student, and it was through the CAMP program that I met all my close college friends. I graduated from Central Washington University in 2007 and received my B.A. in Sociology and a minor in Psychology and in Spanish. I’m currently engaged to Simon Iniguez and will be tying the knot on June 28th, 2008. I am located in

2007-2008 CAMP Cohort

By Miriam L. Bocchett, CAMP Director

This year’s CAMP Cohort is the largest one to date! Since the program’s inception in 2001 with 17 students, the CAMP Program is currently serving a total of 60 students! Our recruiting area has also broadened and we have students from all over Washington state! This year’s cohort brings some very academically talented and involved students. Fourteen of our students this year received a prestigious scholarship called the Achiever’s scholarship, a scholarship awarded by the College Success Foundation, which receives funding from Bill Gates.

We are pleased that the services CAMP provides and the activities/events offered appeal to more and more students who attend CWU. We would not have a program if it wasn’t for the students! Some events to look forward to this year include the LEAP (Latino Educational Achievement Project) Conference, an annual conference designed to educate its participants in a variety of areas: law making processes, legislative initiatives, current educational trends, immigration updates, etc. There will also be an opportunity for students to tour our state capitol building! There will also be another trip Spring Quarter. The destination is still a secret but remember that these trips are always free for students!
A look at the HEP/CAMP Western Stream Conference

By: Manuel Rodriguez, CAMP Recruiter

The 2007 HEP/CAMP Western Stream Conference was held in Seattle Washington’s Mayflower Hotel, where more than 150 representatives from six different states were in attendance. Mateo Arteaga, Miriam Bocchetti, and I, Manuel Rodriguez, attended representing Central Washington University’s College Assistance Migrant Program.

One of the great things about this conference was that all three of us had the opportunity to present a workshop. I was the lucky one and presented the first day of the conference. My workshop was titled, “Bridging the gap: The benefits of a Mentor Program.” Mateo’s workshop was early the following day on “Is there an easier way to raise money for your program? Starting a 501 (c)3 for your program.” “Academic Recovery: When first-year students fall below the academic standards” was Miriam’s presentation. All three of these workshops were very popular and well attended. Good feedback was given for all three presentations.

In my opinion, a smaller conference such as Western Stream is a great way to network with other program representatives and to exchange strategies that are beneficial to each program. Based on the feedback obtained from our presentations and the information we gathered at other workshops, we intend on implementing new curriculum that will improve our program.

Overall, Western Stream was a success. Seattle weather was kind to out of state visitors and only rained the last day of the conference. This provided an opportunity for individuals who had not visited Seattle to enjoy more of it. I believe we are all looking forward to next year’s conference and to the opportunity of conducting another workshop. Most of all, I think we are all anxious to see where the conference will be held. Any guesses?

A Director’s Perspective on HEP/CAMP Western Stream Conference

By: Miriam L. Bocchetti, CAMP Director

On October 14th, Mateo Arteaga, Manuel Rodriguez and I attended the National HEP/CAMP Western Stream Conference. This year’s conference theme was “Meeting our Challenges, Celebrating our Achievements” and was held at the Mayflower Park Hotel in downtown Seattle. The HEP/CAMP Western Stream consists of the individuals who work for program in the regions of WA, ID, OR, CA, CO and NM.

This conference was an opportunity for us to meet and interact with other HEP/CAMP program staff and administrators as well as share best practices, discuss recruiting and retention initiatives and learn of any new federal regulations concerning our programs. This year’s conference experience was especially rewarding as Manuel and I were able to present two workshops entitled, “Bridging the Gap: The Benefits of a Mentoring Program” and “Academic Recovery: When CAMP Students Fall Below the Academic Standard.” Both workshops were well attended and received. I gave both our workshops two thumbs up!
CAMP Students Take Flight!

By Veronica Zamora, CAMP Secretary

We had a great opportunity to take ten students to the Future of Flight Aviation Center and Boeing Tour in Mukilteo. In our tour we were able to walk through part of the largest building in the world by volume (472,000,000 cubic feet). We were able to see airplanes in various stages of assembly, manufacture and flight test for airline customers around the world. You would never think that the 787 takes only three days to make and the 747 takes four months. So, like they told my students, “If it’s not Boeing, I am not going.”

A Brief Look at Fall Quarter Monthly Meetings

By Manuel Rodriguez

Monthly meetings are a great way to inform students of opportunities and resources available at Central. For our October CAMP monthly meeting, Andrea Easlick from the CWU Wildcat Wellness Center informed students of their health services, location, and hours of operation. It is important that students know about the Wellness Center early in their fall quarter in case they feel homesick or want to talk to someone regarding the adjustment to independence.

At our November meeting, students obtained a CAMP backpack which contained classroom supplies; a notebook, pen and highlighter were the supplies included. Katrina Whitney from the Center for Student Empowerment and Leslie Webb from the Diversity Education Center also had the opportunity to share information with students at this meeting.

Our final meeting of the quarter was held during finals week. This was a pot-luck meeting where students received their last stipend of the quarter and participated in our white elephant gift exchange. Overall, everyone appeared to have had a great time. Most of all, I think everyone was looking forward to being done with finals and heading home for the holidays.

On that note, we hope everyone has a great winter break and we look forward to seeing you all back next year!

On behalf of the CAMP Staff, HAPPY HOLIDAYS!
Holiday Corner

Ambrosia Salad

This is my favorite holiday treat to make and eat! Please enjoy!

- 1 bag of sweetened coconut
- 2 large cans of fruit cocktail
- 2 cans of mandarin oranges
- 2 cans (or 1 large can) of crushed pineapple
- 1 package of miniature marshmallows
- 2 12 oz. containers of Whipped Topping

Preparation:
1. Drain all fruit very well, manually squeezing the pineapple to get as much juice out as possible. Put all fruit in a very large bowl. Mix in coconut to taste. Add marshmallows to taste.
2. Stir in one of the containers of whipped topping and refrigerate overnight.
3. Check the composition of the mixture before serving. If it is too runny, add more whipped topping before serving.
4. Serves: a lot (at least 12)