

Winona Auer- Teaching Statement

Hello, my name is Winona Auer, and I am a teacher candidate. My field of study is in physical education and school health. I am a go-getter who is always striving to learn. I hope to not only guide my students in learning but also guide them in becoming the person they want to be. My goal is to be the strongest teacher possible for the betterment of my students. Most importantly I want to lead by example. Below I would like to explain what drives me to be a teacher. First and foremost, I love people, especially the youth. A huge part of my heart is making sure people feel loved, included, and heard.

My goal is to teach at the middle or high school level where self-discovery is at the beginning stages. Although that stage in life can be fun and exciting, it does come with many challenges. From family to social groups, academics, and extra curricular activities, teens face so many pressures. My goal as a teacher is to not only teach my content ,but to be there as a support for every one of my students. When I was a student, I was fortunate to have teachers who invested so much into me and encouraged me to be the best form of myself. Those amazing teachers are one thing that encouraged me to be a teacher. I want to influence and encourage students the same way that my teachers influenced me. I want to make them believe that they can do anything they set their minds to. I want to be a positive light in the lives of students. There are so many hard things that children have to deal with, and I want to bring happiness to each student in any way possible. Fitness and athletics have always been an important part of my life as well.

Although fitness has always been an important part of my life, it was never easy or enjoyable in my youth. The teacher I had did not make it enjoyable, so building my interest in it took effort. Looking into my future, I want to make health and physical education fun for all - not just the athletes in the class. There are so many forms of physical activity, and I want my students to have as much exposure to all of them if possible. As a teacher, I want to make fitness and physical activity fun for students to build a strong foundation and encourage a lifelong love for being healthy. Not all students will be excited about physical education but, as the physical education and health teacher, I have the opportunity to show students how enjoyable fitness can be.

A goal I have for myself is to expose the enjoyment of being active to my students while in class. I want to encourage a healthy mind, healthy body, and healthy living. Every day I strive to be the best person I can be. My goal is to radiate positivity and encourage others to do the same. I'm a firm believer in a simple smile going a long way. As a future teacher, I have many goals for myself. I want to share the love I have for fitness and health with students. As well as, be a role model that radiates positivity and respect.