

Services & Activities Fee Annual Program Review

Program Name: University Recreation
Program Manager: Michael Montgomery
Fiscal Year: FY2023

1. In what ways does your program support CWU students? Please be specific, yet concise.

University Recreation serves the Central Washington University student body through a variety of programs and services. We promote student development and involvement, foster a sense of community, and enhance a student's overall health and wellness through the dimensions of wellness.

2. What are your specific program goals or learning/operational objectives? How are you assessing the effectiveness of your program in achieving those targets?

1. Student participants will increase their academic performance and persistence
 - Review of GPA for Recreation Center users and non-users
2. Student employees will gain valuable work experience and transferable skills
 - Exit interviews for student employees
3. A community of engaged Wildcats with a passion for life in motion
 - Annual engagement data

3. What is the overall purpose of your program and what service(s) does your program provide?
- a. Are there overlaps or intersections with other university programs who have a similar purpose or service?

University Recreation cultivates inclusive opportunities promoting a lifelong commitment to health and wellness. University Recreation consists of multiple programs and services that include facilities (Recreation Center, Recreation Sports Complex, Alder Recreation Complex, Lister Tennis Courts), programs (intramural sports, sport clubs, group exercise, personal training, outdoor trips, climbing wall, aquatic swim sessions, informal recreation) and services (student employment, gear rental and repair, equipment rental).

4. How does your program align with the purpose of S&A funding? *"Supporting cocurricular and extracurricular activities and programs participated in by students in the furtherance of their education."*

S&A funds are used to provide programs to the students at CWU and in FY23 this includes growing our Esports program, Intramural Sports (officiated and non-officiated sports), Sport Clubs (insurance coverage, equipment and uniform support, and competitive team travel), OPR (gear equipment rental, guided trips, educational programs), Climbing Wall (instructional programs, belay certifications), and supports student staff certifications in order to remove barriers to their growth and advancement in a chosen field. CPR/FA Certifications are provided to all student employees and specialized certifications are provided in Group Exercise, Personal Training, OPR, and the Climbing Wall.

5. How does your program support CWU’s mission and goals? (<https://www.cwu.edu/mission/>)

The primary method in which University Recreation supports CWU’s mission and goals is through student wellness. We advocate for student wellness and promote the dimensions of wellness on our website and in our marketing materials in an effort to educate students about how to be well. Recreation is able to support all 9 dimensions through our programs and services.

Physical and Social wellness the first thought of, yet we support financial and occupational wellness primarily through student employment; the remaining dimensions are equally important and can be seen in OPR (environmental, spiritual), competitive sports (intellectual), and yoga (emotional). Through policies and practices, we create an environment that welcomes everyone, and we will continue to build cultural competency with our staff and participants.

6. Please provide detailed information regarding who utilizes your program? (*Students, faculty, staff, community? Specific demographic information? Class standing, gender, ethnicity, transfer, campus location, etc.*)

	Male	Female	Unspecified	Total
FY 23	123,456	60,440	2,125	186,191
FY 22	112,737	54,212	1,417	168,644
% Change	9.5	11.5	50.0	10.4

	Alumni	F/S	Elective Student
FY 23	76	116	353
FY 22	60	114	370
% Change	26.7	1.8	-4.6

Rec Center Data. Program data is harder to get due to access points.

7. How many unique CWU students utilize your program or services?
- a. How do you gather these metrics?
 - b. If you do not, what is preventing you from getting that data and how are you determining usage by CWU students?

Student Fee Import	
FY 23	7831
FY 22	8335
% Change	-6.0

8. Are there any current vacant positions in your program?

University Recreation currently has 2 vacancies & 2 interim appointments.
 Vacancies:
 Membership & Marketing Coordinator
 Sport Programs Sr. Coordinator

 Interims:
 Director
 Operations Sr. Coordinator

9. Given the budget reductions taking place and continuing for the remainder of the funding cycle, please tell us what specific impacts those reductions have had on your program compared to what was originally planned and including in your initial base funding request.

We monitor usage of our facilities and reduce hours during non-peak times to save funds on staff wages. Additionally, we are reduced staffing models during non-peak times to be more efficient while still providing a safe environment and service to our users in the facility. We are trying to see where we can add staff back in after some close calls and issues in the facility due to lack of supervision.

Fitness equipment replacement has been indefinitely postponed until funding can be secured. This is a major detriment, as the strength equipment is the original from when the doors opened in 2006.

We are evaluating operating hours and programs to determine if reduction in facility hours is necessary this summer, and if the number of programs should be reduced in FY23.

10. Are there any circumstances or challenges that are currently impacting your ability to use your base funding allocation this year?

We will fully utilize the S&A allocation this year while providing programs to students.

11. What growth or increases would you like to see in your program in the future?

Our Esports program, while non-traditional with the use of consoles, has been extremely well received and is an area we are investing more resources. We are starting to field inquiries about the program from potential students, as a deciding factor in the choosing their next school.

Many of our programs are going through a refinement stage, ensuring they deliver the objectives and high customer experience as the number of offerings has gone done to match enrollment.

Our goal is always to reach and get more students engaged in Recreational program.